

Idaho Fitness Factory - Meridian

meridian

☐ I'm not a robot 

Published on: 07/04/25	Hits: 72
Comments: 0	See comments
Votes: 8	Score: 4.8

https://www.electrofitness.com/gym/meridian/idaho-fitness-factory-meridian_192728.php



meridian

Idaho Fitness Factory - Meridian

Idaho Fitness Factory: A Comprehensive Review

Idaho Fitness Factory (IFF) in Meridian, Idaho, is gaining attention for being one of the cleanest and well-maintained gyms in the area. New members often express their appreciation for the gym's atmosphere and amenities, making it a go-to spot for fitness enthusiasts.

Accessibility Features

One of the standout features of Idaho Fitness Factory is its **wheelchair-accessible car park**. This ensures that all members, regardless of their physical abilities, can easily access the gym. The **wheelchair-accessible entrance** further enhances the overall accessibility, making it a welcoming environment for everyone.

Facilities and Equipment

Despite its reputation, some visitors have noted that the new location feels less unique compared to other IFF gyms. While it boasts a variety of machines, several comments highlight the presence of empty spaces that could have been utilized for additional equipment. Many users were hoping for exclusive machines, but instead found familiar options that they had seen in previous locations.

The gym does feature new and clean machines, which helps facilitate a pleasant workout experience. However, some complaints have arisen regarding the availability of certain equipment, such as stair climbers during peak hours. Additionally, there is a desire among members for pairs of kettlebells instead of just singles.

Atmosphere and Ambiance

The overall ambiance at Idaho Fitness Factory is generally appreciated, particularly due to the appropriate volume of the music, which many find energizing. Unlike other locations where the music was either too low or excessively loud, this gym strikes a balance that helps motivate members during their workouts. The sauna has also received positive feedback, with its spacious design allowing for relaxation after intense sessions.

Final Thoughts

In conclusion, Idaho Fitness Factory offers a great workout environment with commendable cleanliness and accessibility features. While there are areas for improvement regarding equipment variety and space utilization, the gym continues to be a favorite among many. With its dedication to creating an inclusive and inviting atmosphere, IFF is undoubtedly a solid choice for anyone looking to embark on their fitness journey in Meridian, Idaho.

We are situated in

3210 S Eagle Rd, 83642 Meridian, Idaho - United States (US)

If you need to change any information that you consider is not precise regarding this web, we ask send us a message so we can we will handle it quickly. In advance thank you very much.

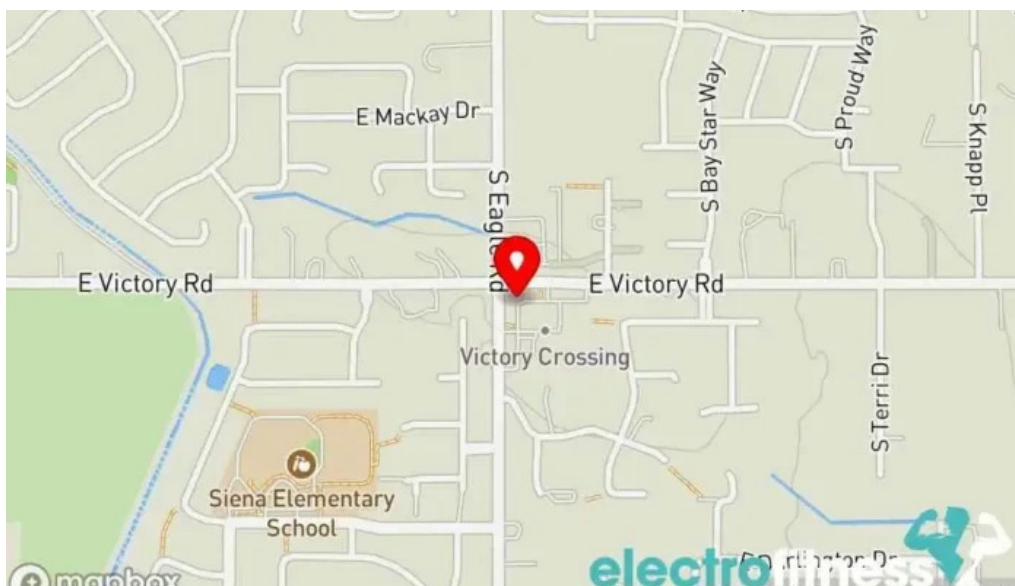
Images



Idaho fitness factory street view 360deg



Idaho fitness factory meridian



Idaho fitness factory map



Idaho fitness factory all

Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

Related content

5.0 * *Brickhouse Fitbody Factory - Waldorf*

4.9 * *Orangetheory Fitness - Dyer*

4.7 * *Hendrick Health Club - Abilene*

5.0 * *Huffington Pilates and Fitness Studio - Abilene*

5.0 *	<i>Hyperthrive Athletics Texas - Abilene</i>
4.8 *	<i>Fitness Evolution - St John</i>
4.0 *	<i>Sage Yoga Center - Abilene</i>
4.9 *	<i>Train Unique Lafayette - Lafayette</i>
5.0 *	<i>Latitude 39 Fitness - Highlands Ranch</i>
5.0 *	<i>Strong Health & Fitness Center - Waldorf</i>

Categories

amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym

gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club

sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor
yoga studio
youth organization