

## Villa Sport Fitness - Meridian

meridian



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### ▲ Policies And Guidelines

All guests must complete a one time guest registration on the club kiosk with identification:

*meridian*

## *Villa Sport Fitness - Meridian*

### Discovering Villa Sport Fitness in Meridian, Idaho

Villa Sport Fitness, located in the vibrant area of Meridian, Idaho, has quickly become a community favorite for fitness enthusiasts. Offering a range of amenities and unique features, this gym is designed to cater to various fitness needs. However, membership at Villa Sport Fitness is required to take full advantage of its offerings.

### Accessibility Features

For members with disabilities, Villa Sport Fitness prioritizes accessibility. The gym boasts a **wheelchair-accessible entrance** and provides a **wheelchair-accessible car park** for convenience. Inside, you'll find a **wheelchair-accessible toilet**, ensuring that all members can enjoy facilities without barriers. This commitment to inclusivity enhances the overall atmosphere, creating a welcoming environment for everyone.

## A Thriving Atmosphere

The atmosphere at Villa Sport Fitness is often described as energetic and motivating. Members appreciate the variety of spaces available—from cardio areas with stunning views of The Village to specialized sections for bodybuilding and CrossFit training. **Online classes** are also offered, making it easy for those with busy schedules to engage in their fitness journey.

## On-Site Services and Amenities

Villa Sport Fitness understands the importance of convenience. In addition to quality workout equipment, the gym provides essential **on-site services** including showers and saunas, allowing members to refresh after their workouts. Unfortunately, some members have noted inconsistencies in cleanliness, specifically mentioning that the **toilet** facilities and locker rooms need more attention.

## Planning Your Visit

Planning is key for a successful workout at Villa Sport Fitness. Given the staff's commitment to providing a positive experience, members are encouraged to take advantage of **service options** such as personal training sessions. However, peak hours can lead to crowded conditions, particularly in the evenings. It's wise to plan your visits around these times for a more enjoyable experience.

## Final Thoughts

While Villa Sport Fitness offers many appealing features, it is crucial for potential members to consider both the pros and cons based on community feedback. Praised for its equipment and diverse classes, the gym also faces challenges regarding cleanliness and customer service. Overall, it remains a compelling option for those looking to enhance their fitness journey in Meridian, Idaho.

**The location of our premises is**

3505 E Monarch Sky Ln Suite #220, 83646 Meridian, Idaho - United States (US)

The phone of the respective **Gym** is +1208-955-1114

And if you want to send a WhatsApp, you can do so at +1208-955-1114

## **Our opening hours are:**

Day	Hours
Monday	4:30?AM–12?AM
Tuesday	4:30?AM–12?AM
Wednesday	4:30?AM–12?AM
Thursday	4:30?AM–12?AM
Friday	4:30?AM–12?AM
Saturday	7?AM–9?PM
Sunday	7?AM–9?PM

The website is Villa Sport Fitness

If necessary to modify any detail that you believe is not precise about this page, we kindly request forward a message and we will adjust it promptly.  
Thank you in advance thanks for your cooperation.

## **Images**



*Villa sport fitness videos*



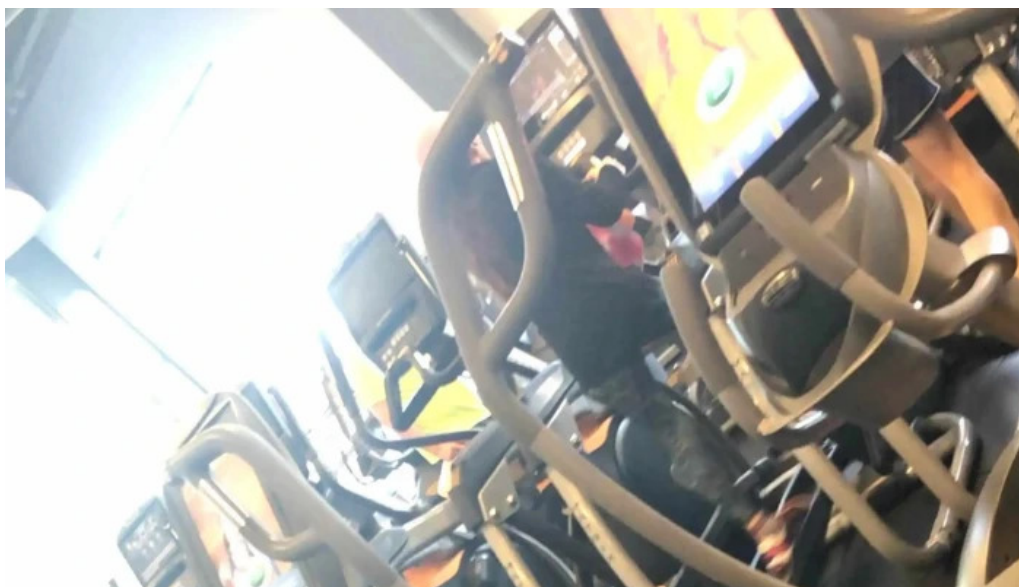
*Villa sport fitness street view 360deg*



*Villa sport fitness reviews*



*Villa sport fitness promotion*



*Villa sport fitness open now*

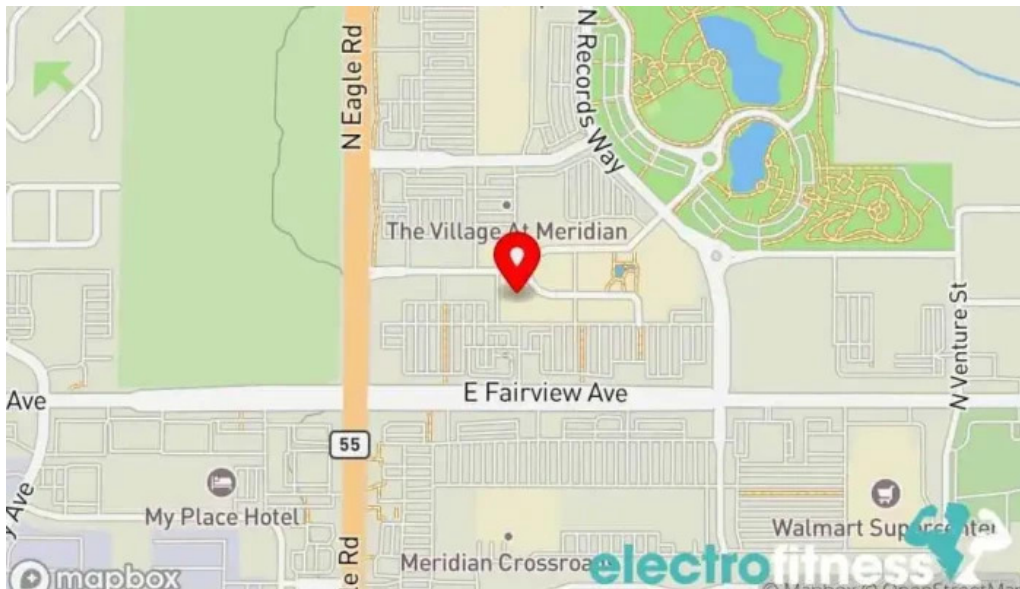
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*Villa sport fitness meridian*





*Villa sport fitness map*



*Villa sport fitness gym*



*Villa sport fitness discounts*



*Villa sport fitness all*

## Tags

*Wheelchair-accessible toilet, Membership required, Accessibility, Sauna, Wheelchair-accessible car park, Toilet, Service options, Atmosphere, Amenities, On-site services, Planning, Wheelchair-accessible entrance, Online classes, Shower*

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**5.0 \*** *School of Sport - Aberdeen*

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**4.4 \*** *Abilene Gymnastics Sport Center - Abilene*



4.1 *	<i>In-Shape Fitness - Antioch</i>
3.4 *	<i>24 Hour Fitness - Walnut Creek</i>
4.6 *	<i>Forma Gym Walnut Creek - Walnut Creek</i>
4.2 *	<i>In-Shape Fitness - Concord</i>
3.8 *	<i>24 Hour Fitness - Highlands Ranch</i>
3.7 *	<i>One More Gym - Kokomo</i>
4.9 *	<i>Fire Fitness Camp Shawano - Shawano</i>

## Categories

amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor

grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club

sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization