

## Villa Sport Fitness - Meridian

meridian

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|------------------------|--------------|
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*meridian*

## *Villa Sport Fitness - Meridian*

### **Welcome to Gym Villa Sport Fitness in Meridian, Idaho**

Nestled in the heart of Meridian, Idaho, Gym Villa Sport Fitness offers an exceptional atmosphere for fitness enthusiasts of all levels. With a wide array of **\*\*amenities\*\***, this gym caters to diverse needs, ensuring every member has access to the best facilities available.

### **Unmatched Amenities**

At Gym Villa Sport Fitness, the focus is not just on working out; it's about enhancing the overall experience. The facility includes: - **\*\*Sauna\*\***: A relaxing

space to unwind after a workout, promoting recovery and wellness. -  
\*\*Basketball Court\*\*: Perfect for those who enjoy a little friendly competition. -  
\*\*Shower Facilities\*\*: Clean and well-maintained to refresh after your workout. -  
\*\*Wi-Fi Access\*\*: Stay connected while you sweat. - \*\*Wheelchair-Accessible Entrance and Car Park\*\*: Ensuring everyone can enjoy the facilities without barriers.

## **Flexible Membership and Service Options**

While a \*\*membership is required\*\* to access the gym's offerings, various plans cater to different lifestyles. Members can enjoy online classes, allowing for a flexible workout schedule. However, some reviews highlight issues with pricing and sales tactics. As one member stated, "600\$ a month for personal trainer is insane!" While personal training can be beneficial, it's essential for potential members to consider their budget before committing.

## **A Thriving Atmosphere**

The atmosphere at Gym Villa Sport Fitness is generally praised for being friendly and welcoming. Most members comment on the helpful staff and a community spirit that makes workouts more enjoyable. However, it can get busy, especially during peak hours. One member mentioned, "If you don't like people, come before or after the main rush." Despite some concerns regarding crowded equipment and availability, the gym features a variety of machines and a spacious layout, making it easier for members to find what they need.

## **Cleanliness and Maintenance Concerns**

While many appreciate the overall cleanliness of the gym, there are ongoing concerns about maintenance. Members have expressed dissatisfaction with the condition of showers and sauna facilities. One review noted, "The sauna at this location is absolutely filthy," indicating a need for improved sanitation protocols.

## **Conclusion: A Gym with Potential**

Overall, Gym Villa Sport Fitness in Meridian, Idaho, presents an attractive option for those seeking a comprehensive fitness experience. With a focus on amenities like a sauna, basketball court, and shower facilities, it aims to create a welcoming environment for all members. That said, prospective members should weigh their options carefully, especially concerning pricing and service quality, as some reviews suggest areas needing improvement. Whether you're looking to join a community or simply get in shape, Gym Villa Sport Fitness offers the resources to help you achieve your fitness goals.

**You can find us in**

1455 Country Terrace Way, 83642 Meridian, Idaho - United States (US)

The phone number of this **Gym** is +1208-955-1111

And if you want to send a WhatsApp, you can do so at +1208-955-1111

## **We look forward to seeing you at:**

Day Hours

Monday

4:30?AM–12?AM

Tuesday

4:30?AM–12?AM

Wednesday

4:30?AM–12?AM

Thursday

4:30?AM–12?AM

Friday

4:30?AM–12?AM

Saturday

7?AM–9?PM

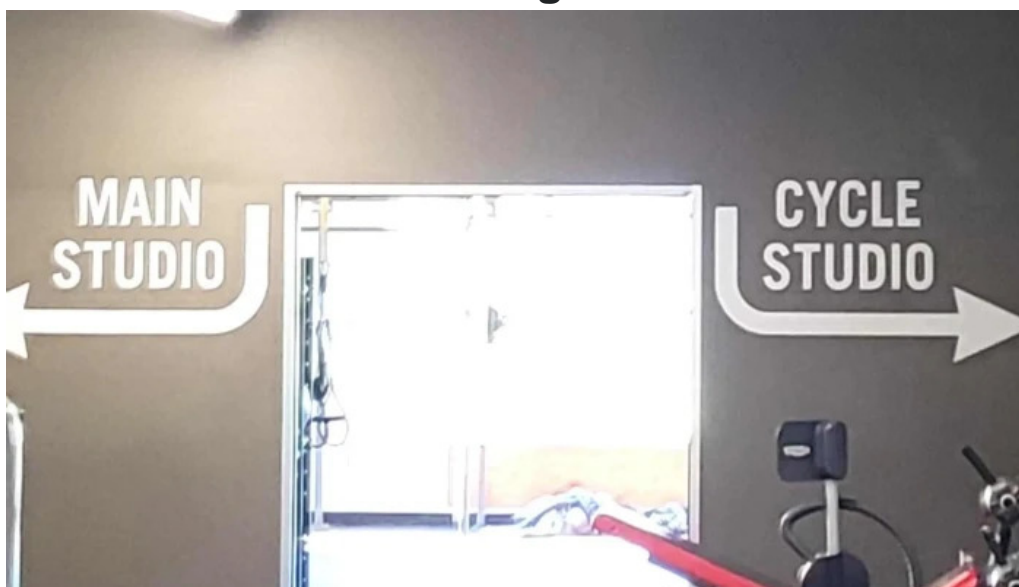
Sunday

7?AM–9?PM

The website is Villa Sport Fitness

If necessary to adjust any information that you consider is not accurate regarding this page, we ask send us a message so we can we will handle it at the earliest convenience. Thanks beforehand thank you very much.

## **Images**



*Villa sport fitness website*



*Villa sport fitness street view 360deg*

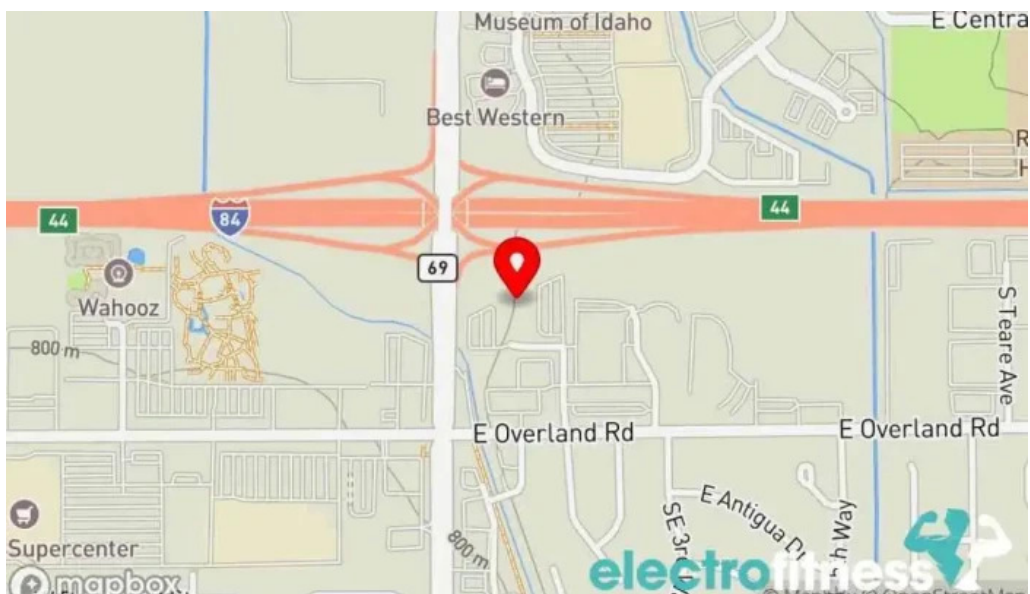


*Villa sport fitness phone*





*Villa sport fitness meridian*



*Villa sport fitness map*



*Villa sport fitness location*



*Villa sport fitness instagram*



*Villa sport fitness gym*

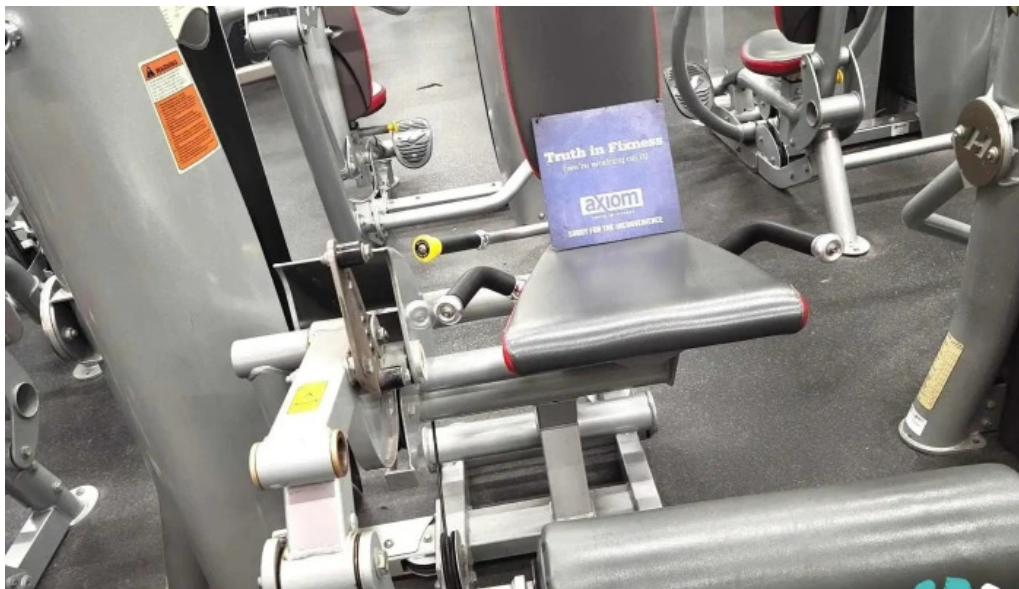


*Villa sport fitness by owner*





*Villa sport fitness area*



*Villa sport fitness all*





*Villa sport fitness address*

## Tags

*Wi-Fi, On-site services, Amenities, Shower, Planning, Atmosphere, Basketball court, Wheelchair-accessible entrance, Service options, Accessibility, Wheelchair-accessible car park, Membership required, Online classes, Sauna*

## Related content

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**4.8 \*** *Matchbox Sport Recreation Center - Aberdeen*

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**5.0 \*** *School of Sport - Aberdeen*

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**4.4 \*** *Abilene Gymnastics Sport Center - Abilene*

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**4.3 \*** *Onelife Fitness - Crystal Park - Arlington*

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**3.0 \*** *Life Time - Walnut Creek*

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**4.4 \*** *Oakwood Athletic Club - Lafayette*

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**4.9 \*** *Krush Fitness - Merrillville*

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**4.6 \*** *Louisiana Family Fitness Center - Opelousas*

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**4.5 \*** *Full Spectrum Fitness - Crown Point*

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**5.0 \*** *Carmen Sanz Pickleball - Lafayette*

## Categories

|                            |
|----------------------------|
| amusement park ride        |
| arena                      |
| association / organization |
| athletic club              |
| bar                        |
| body shaping class         |
| boot camp                  |
| boxing gym                 |
| boxing ring                |
| children's party service   |
| chiropractor               |
| church                     |
| coffee shop                |
| community center           |
| convenience store          |
| country club               |
| coworking space            |
| dance school               |
| dollar store               |
| elementary school          |
| exercise equipment store   |
| firearms academy           |
| fitness                    |
| fitness center             |
| golf club                  |
| golf course                |
| golf instructor            |
| grocery store              |
| gym                        |
| gymnastics center          |
| hair salon                 |
| health consultant          |
| health food restaurant     |
| health spa                 |
| hiking area                |
| hospital                   |
| hotel                      |
| indoor cycling             |
| jujitsu school             |
| karate club                |
| karate school              |
| kennel                     |

|                                |
|--------------------------------|
| kickboxing school              |
| kinesiologist                  |
| kinesiotherapist               |
| martial arts club              |
| martial arts school            |
| massage therapist              |
| meditation center              |
| non-profit organization        |
| nutritionist                   |
| park                           |
| personal trainer               |
| pharmacy                       |
| physical fitness program       |
| physical therapy clinic        |
| pickleball court               |
| pilates studio                 |
| private golf course            |
| public educational institution |
| recreation center              |
| rehabilitation center          |
| rock climbing gym              |
| school district office         |
| self defense school            |
| shooting range                 |
| shopping mall                  |
| spa                            |
| spa and health club            |
| sporting goods store           |
| sports club                    |
| sports complex                 |
| sports medicine clinic         |
| sports school                  |
| supermarket                    |
| swimming instructor            |
| swimming school                |
| tennis club                    |
| thrift store                   |
| vitamin & supplements store    |
| weightlifting area             |
| wellness center                |
| wellness program               |
| yoga instructor                |



|                    |
|--------------------|
| yoga studio        |
| youth organization |