

## V3Perform - Miami Shores

miami shores

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### V3Perform - Miami Shores

#### Welcome to V3Perform: A Unique Fitness Experience in Miami Shores

V3Perform, located in the vibrant Miami Shores, Florida, is more than just a gym; it's a community that identifies as **\*\*Black-owned\*\***, **\*\*Latino-owned\*\***, and **\*\*women-owned\*\***. This commitment to diversity fosters an inclusive atmosphere where everyone feels welcomed and empowered to pursue their fitness journey.

#### Accessibility Designed for Everyone

Accessibility is a core value at V3Perform. The facility boasts a

**\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***, making it easy for all individuals to access top-quality fitness services. Whether you're new to fitness or an experienced athlete, V3P supports your goals by accommodating varied needs and abilities.

## **Exceptional Service Options and Amenities**

From the moment you step into V3Perform, you'll notice its outstanding amenities designed to enhance your workout experience. With options like **\*\*on-site services\*\***, **\*\*online classes\*\***, and complimentary **\*\*Wi-Fi\*\***, V3P ensures that you have everything you need to succeed. Their **\*\*gender-neutral toilets\*\*** further highlight their commitment to inclusivity.

## **Why Choose V3Perform?**

V3Perform has garnered rave reviews from clients who praise its knowledgeable trainers and engaging classes. "Joining V3P has been the best decision of my fitness journey so far!" says one satisfied member. With trainers like Mike, MJ, Ella, Sebastian, and Manny, clients receive personalized attention that keeps them motivated and accountable.

## **A Community Like No Other**

The positive atmosphere at V3Perform sets it apart from conventional gyms. Reviewers consistently mention the sense of community cultivated by the instructors. "The culture they have created is fun, inspiring, and challenging," shares another member. It's about building lasting relationships while working towards individual fitness goals.

## **Small Group Classes Tailored for Success**

V3Perform offers well-structured classes for small groups, ensuring that every participant gets the attention they deserve. Trainers modify workouts to cater to individual needs—perfect for those recovering from injuries or seeking to improve certain fitness aspects. One client mentioned, "They have created a very welcoming, fun environment."

## **Personalized Training That Gets Results**

Every trainer at V3Perform is dedicated to pushing clients to reach their full potential. Reviews highlight the effectiveness of their training styles, with many clients noting significant changes in strength and fitness levels. "If you seriously want to get in shape... this is the place," declares one enthusiastic supporter.

## **Conclusion: Your Fitness Journey Starts Here**

If you're looking for a gym that prioritizes inclusivity, accessibility, and community support while delivering exceptional results, V3Perform is the place for you. With a dedicated team of trainers and a welcoming environment, your journey toward health and fitness is well supported. Come experience what sets

V3Perform apart from the rest!

**You can come to our business at**

575 NE 87th St, 33138 Miami Shores, Florida - United States (US)

The contact phone of said **Gym** is +1305-906-1444

And if you want to send a WhatsApp, you can do so at +1305-906-1444

**We are available at these times:**

Day	Hours
Monday	6?AM–6:30?PM
Tuesday	8:30?AM–12?PM
Wednesday	Closed
Thursday	6?AM–7?PM
Friday	6?AM–7?PM
Saturday	6?AM–7?PM
Sunday	6?AM–7?PM

The website is V3Perform

In case you want to alter any element that you believe is incorrect about this site, we kindly request send us a message and we will fix it as soon as possible. Thank you in advance thank you very much.

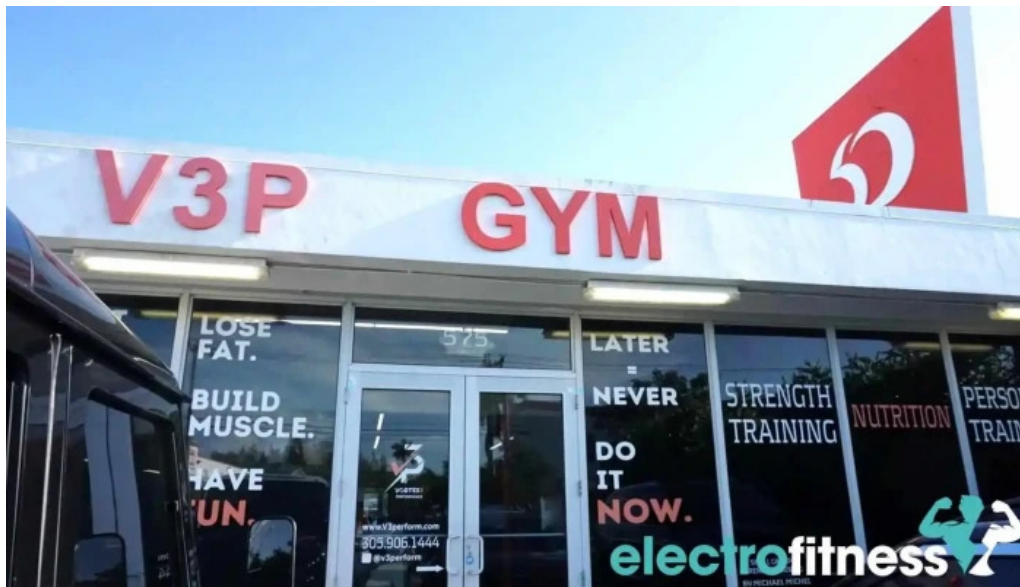
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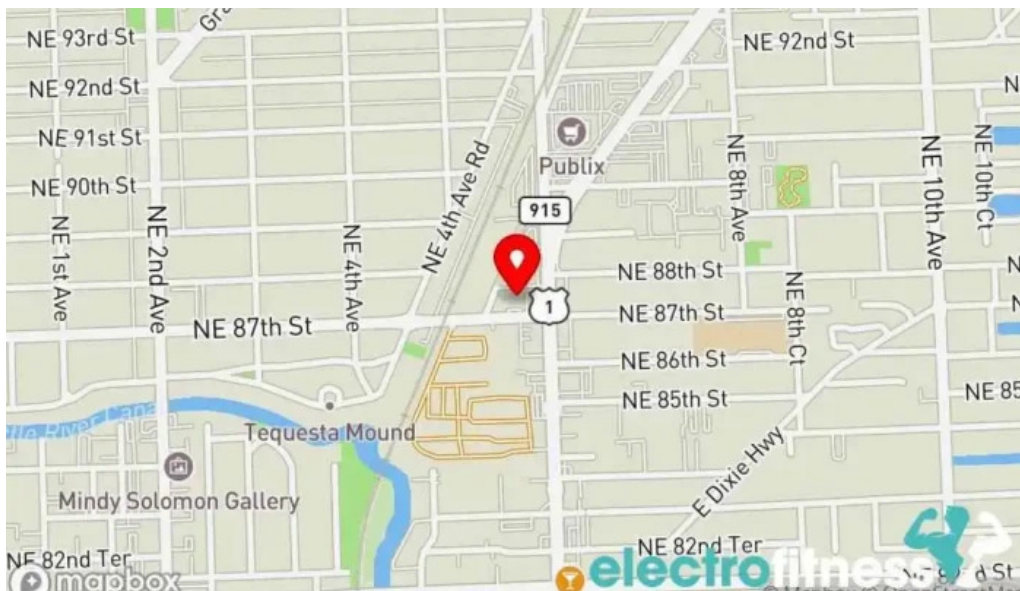
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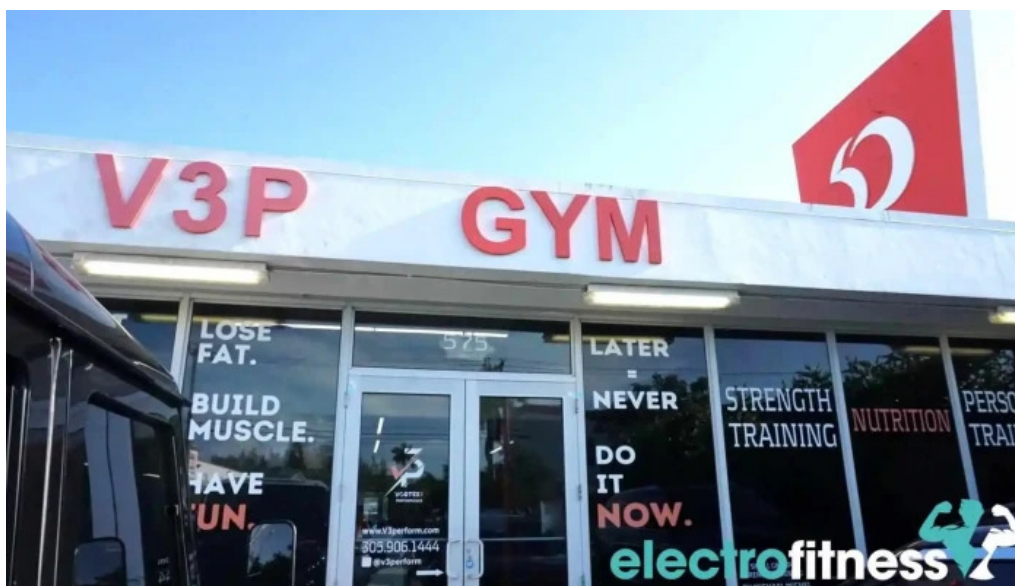




*V3perform gym*



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## Tags

*Gender-neutral toilets, Identifies as women-owned, Wi-Fi, Wheelchair-accessible car park, Amenities, Wheelchair-accessible entrance, From the business, Online classes, Identifies as Latino-owned, Identifies as Black-owned, Service options, On-site services, Accessibility*

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boxing gym
boxing ring
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club
coffee shop
community center
convenience store
counselor
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coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy



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fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
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health consultant
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karate school
kennel
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medical group
medical spa
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muay thai boxing gym
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physical therapist
physical therapy clinic
pickleball court
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private golf course
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public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
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sporting goods store
sports club
sports complex
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