

Prime Fitness Gym - Miami Springs

miami springs

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miami springs

Prime Fitness Gym - Miami Springs

Discover Prime Fitness Gym in Miami Springs, Florida

Prime Fitness Gym, located in the heart of Miami Springs, Florida, is a unique destination for fitness enthusiasts. This women-owned and Black-owned establishment offers a welcoming atmosphere that feels like family. With a variety of ****amenities**** and a commitment to accessibility, Prime Fitness is dedicated to providing a supportive workout environment for everyone.

Amenities and Accessibility

At Prime Fitness, convenience is key. The gym features ****Wi-Fi****, making it

easy for members to stay connected while working out. For those with mobility challenges, the gym provides a wheelchair-accessible entrance and a ****wheelchair-accessible car park****, ensuring that everyone can enjoy their fitness journey without barriers. However, some members have expressed concerns regarding the equipment. Many have noted that while the gym has all the necessary machines for hardcore workouts, the equipment can be outdated or in need of repair. This issue can lead to frustration during peak hours when members may have to wait for equipment availability.

Membership Experience

Membership at Prime Fitness is required, with basic subscriptions priced at around \$45-\$50 per month. While some appreciate the ability to train without a long-term contract, others have found the price to be high given the conditions of the gym. Members have reported issues such as dirty towels provided for sanitization and limited space, which can compromise the overall training experience. Despite these concerns, many patrons admire the gym's friendly staff, who are known for their charisma and empathy. As one satisfied customer mentioned, "It feels like a member of the big family!"

Community and Support

Prime Fitness Gym is more than just a workout space; it's a community. The environment promotes camaraderie among members, fostering relationships and support. Those seeking an old-school vibe will find that the gym has plenty of equipment to help them achieve their fitness goals. While there may be feedback regarding cleanliness and the need for updated equipment, many continue to appreciate the unique atmosphere and the hard-working staff who make every effort to assist members.

Conclusion

Overall, Prime Fitness Gym presents a mixed but compelling option for fitness seekers in Miami Springs. With its identity as a women-owned and Black-owned gym, commitment to accessibility, and a friendly community, it remains a notable choice amidst criticism of equipment and service quality. For anyone considering a gym membership in the area, Prime Fitness deserves a visit, especially to experience its ****old-school**** charm and supportive environment.

You can find us at

85 Hook Square, 33166 Miami Springs, Florida - United States (US)

The phone of the respective **Gym** is +1305-885-8130

And if you want to send a WhatsApp, you can do so at +1305-885-8130

We open at the following schedule:

Day	Hours
Monday	5:30?AM–9?PM
Tuesday	9?AM–6?PM
Wednesday	9?AM–4?PM
Thursday	5:30?AM–9?PM
Friday	5:30?AM–9?PM
Saturday	5:30?AM–9?PM
Sunday	5:30?AM–9?PM

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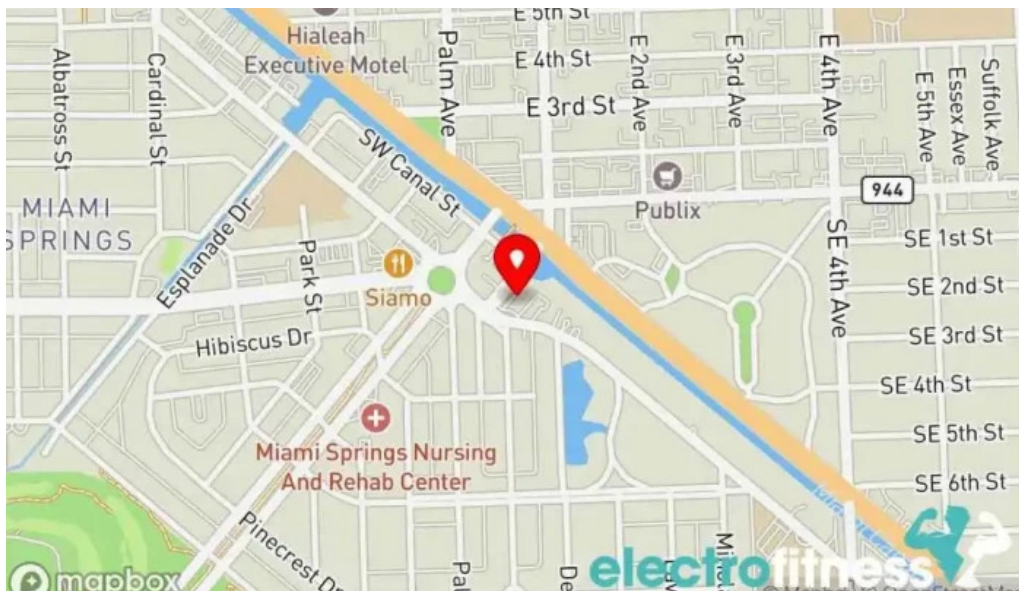
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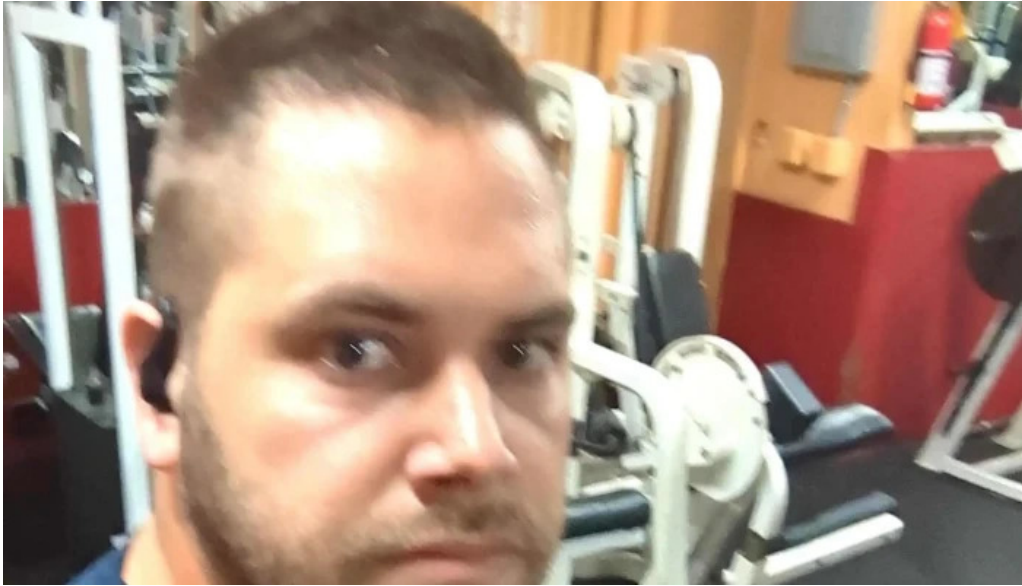
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Prime fitness gym map



Prime fitness gym gym



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Tags

Accessibility, From the business, Identifies as Black-owned, Identifies as women-owned, Wheelchair-accessible entrance, Wheelchair-accessible car park, Planning, Wi-Fi, Amenities, Membership required

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