

Anatomy - Miami

miami

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https://www.electrofitness.com/gym/miami/anatomy-miami_278891.php



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Anatomy - Miami

Anatomy Gym: A Comprehensive Overview

Anatomy Gym, located in Miami, Florida, is recognized as one of the premier fitness facilities in the area. With its strong emphasis on community and exceptional amenities, including a sauna, it offers a unique gym experience that many have come to appreciate.

Accessibility Features

One of the standout features of Anatomy Gym is its careful planning for accessibility. The facility includes a ****wheelchair-accessible car park**** and a

****wheelchair-accessible entrance****, ensuring that all members can enjoy the full benefits offered by the gym. This commitment to inclusivity is important for creating an environment where everyone feels welcome.

Membership Requirements

A membership is required to access the facilities at Anatomy Gym. While some may find the price point on the higher side, many members rave about the overall experience and the quality of services provided. The gym hosts various activities and events that enhance the atmosphere of community and support, making the investment worthwhile for many.

Amenities and Features

Anatomy Gym is equipped with state-of-the-art equipment, clean locker rooms, and a variety of workout spaces. The highlight for many is the ****sanctuary****, which features luxurious saunas, a cold plunge, and hot tubs. These amenities are essential for post-workout recovery. However, some feedback has pointed out that the sauna can occasionally be turned off, and maintenance issues have been noted, particularly concerning cleanliness standards.

The Community Atmosphere

A recurring theme in reviews is the supportive community feel at Anatomy Gym. Many members highlight the exceptional trainers who not only provide knowledge but also personal support in their fitness journeys. The sense of belonging is palpable, contributing to a motivating environment where individuals can push each other towards their goals.

Quality of Facilities

While the gym boasts high-quality equipment, some critiques mention overcrowding during peak hours, which can lead to wait times for using certain machines. Despite these instances, the overall consensus is that the facility remains clean and well-maintained, providing a pleasant working environment.

Concerns and Considerations

Despite its many positives, several members have voiced concerns regarding rising membership costs and perceived declines in service quality. Some have noted that the gym has started to resemble more commercial gyms, such as LA Fitness, rather than maintaining the boutique experience it once had. Additionally, issues with towel availability and locker room space have been highlighted, indicating that while improvements are ongoing, there is still work to be done.

Conclusion

In conclusion, Anatomy Gym in Miami offers a blend of premium amenities, a supportive community, and a commitment to accessibility. For those in search of

a prestigious gym experience, it stands out as a strong contender. However, potential members should consider both the positive aspects and the areas needing improvement before committing to a membership. Whether you're drawn by the high-quality equipment or the community atmosphere, Anatomy Gym is undeniably a significant player in Miami's fitness landscape.

The business is situated at

3415 NE 2nd Ave, 33137 Miami, Florida - United States (US)

The phone of said **Gym** is +1786-300-7415

And if you want to send a WhatsApp, you can do so at +1786-300-7415

Our public attention hours are:

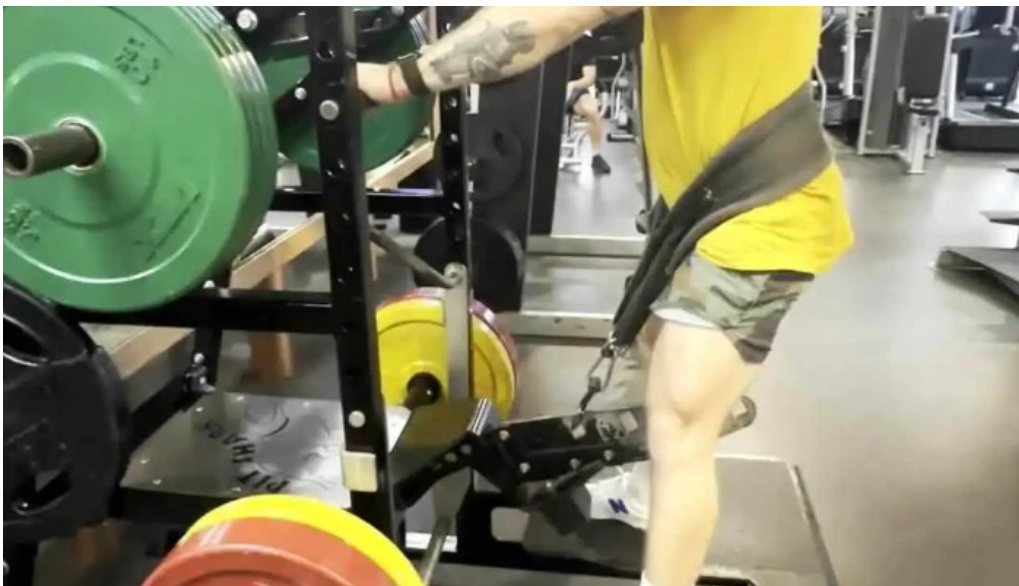
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|-----------|------------|
| Monday | 5?AM–10?PM |
| Tuesday | 8?AM–8?PM |
| Wednesday | 8?AM–8?PM |
| Thursday | 5?AM–10?PM |
| Friday | 5?AM–10?PM |
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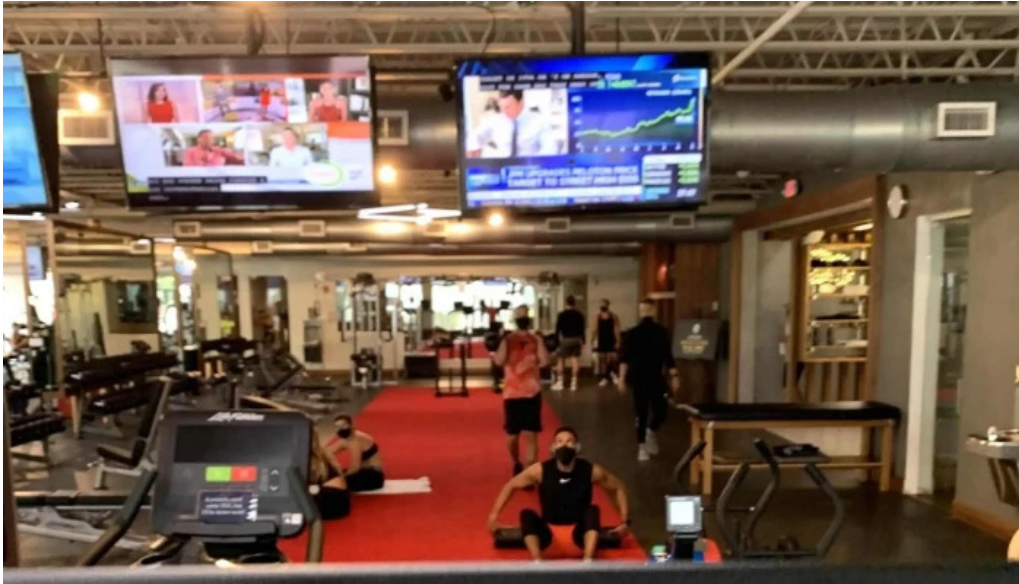
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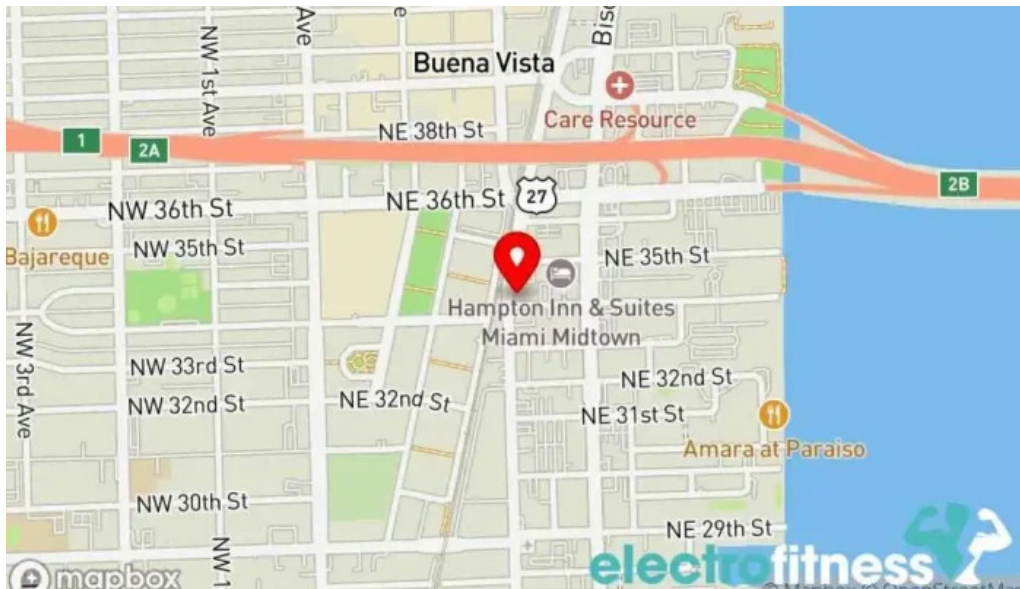
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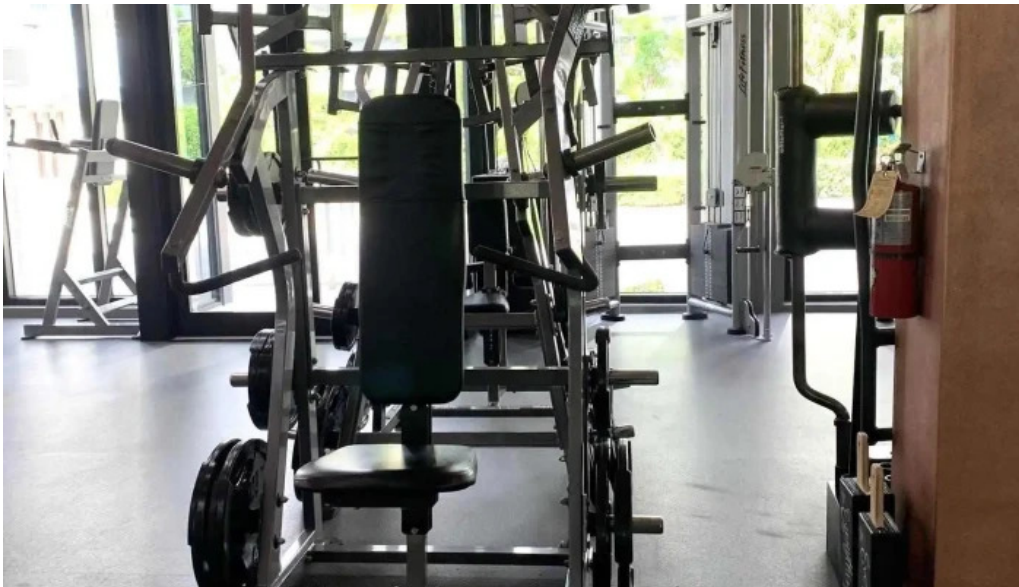
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Tags

Wheelchair-accessible entrance, Sauna, Accessibility, Membership required, Planning, Amenities, Wheelchair-accessible car park

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