

## Dbc Fitness - Miami

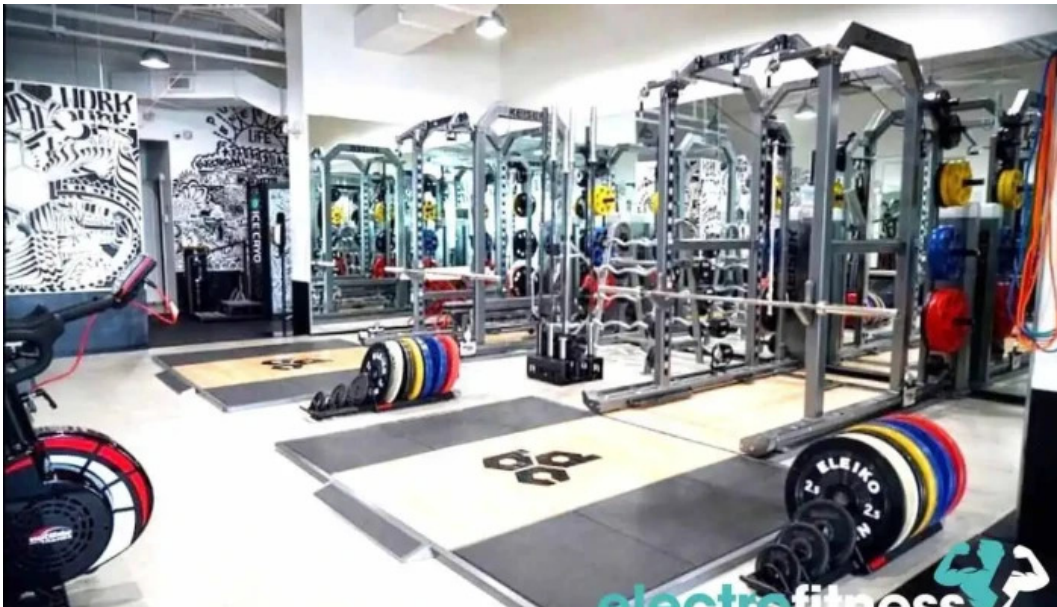
miami

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## *Dbc Fitness - Miami*

### **DBC Fitness: Elevate Your Training Experience in Miami**

DBC Fitness, located in the heart of Miami, Florida, is a state-of-the-art gym that offers a range of **\*\*on-site services\*\*** tailored to meet the needs of both casual gym-goers and dedicated athletes. With a commitment to providing an exceptional fitness experience, DBC Fitness has become a beloved spot for those seeking a welcoming atmosphere combined with top-tier amenities.

### **Comprehensive Service Options**

At DBC Fitness, you can enjoy various **\*\*service options\*\*** designed to cater to

your unique fitness journey. From personalized training sessions to **online classes**, DBC ensures that members have the flexibility to train according to their schedules. Each trainer brings a wealth of knowledge and experience, contributing to an environment focused on achieving results.

### **Accessibility Features**

Accessibility is paramount at DBC Fitness. The facility includes a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that all members can easily access the gym. Additionally, the thoughtfully designed layout accommodates everyone, making it an ideal spot for individuals of all abilities.

### **Amenities That Promote Recovery**

One of the standout features of DBC Fitness is its impressive recovery area. Members often rave about the **sauna**, **toilet facilities**, and **swimming pool**, all designed to help rejuvenate after a demanding workout. The **recovery room** offers state-of-the-art equipment, including therapy guns and leg compression devices, allowing members to enhance their recovery process significantly.

### **Planning Your Fitness Journey**

Before starting your fitness journey at DBC, an **appointment is required** for initial assessments. This ensures trainers can tailor programs that align with each member's specific goals. Testimonials from clients highlight the importance of this personalized approach, with many sharing how their trainers like Lissy, James, and Eric have helped them achieve remarkable transformations.

### **A Welcoming Community**

The positive atmosphere at DBC Fitness is often mentioned by clients, creating a sense of belonging among members. Many express appreciation for the supportive community, where everyone motivates one another to succeed. As one member noted, "DBC really is the best gym," highlighting the organization's commitment to fostering a friendly environment.

### **Expert Trainers Dedicated to Your Success**

The expertise of the trainers at DBC Fitness cannot be overstated. Each trainer, such as Eric Story and Joana Ortega, is known for their dedication and knowledge, ensuring that every session is effective and educational. Clients often share personal stories of how trainers pushed them to achieve milestones they never thought possible.

### **Conclusion: Join the DBC Family**

If you're looking for a gym that prioritizes **accessibility**, offers excellent

**\*\*amenities\*\***, and has a team of knowledgeable trainers committed to your success, look no further than DBC Fitness in Miami. With a culture centered around support and empowerment, it's more than just a gym; it's a community ready to help you achieve your fitness goals.

**The location of our premises is**

3850 N Miami Ave, 33127 Miami, Florida - United States (US)

The contact line of the mentioned **Gym** is +1305-381-0488

And if you want to send a WhatsApp, you can do so at +1305-381-0488

**Our opening hours are:**

Day	Hours
Monday	9?AM–5?PM
Tuesday	9?AM–5?PM
Wednesday	9?AM–5?PM
Thursday	9?AM–5?PM
Friday	9?AM–5?PM
Saturday	9?AM–5?PM
Sunday	9?AM–5?PM

The website is DBC Fitness

In case you want to modify any element that you think is not accurate related to this page, please deliver a message so that we will adjust it at the earliest convenience. Thank you in advance we appreciate it.

**Images**



*Dbc fitness street view 360deg*



*Dbc fitness miami*





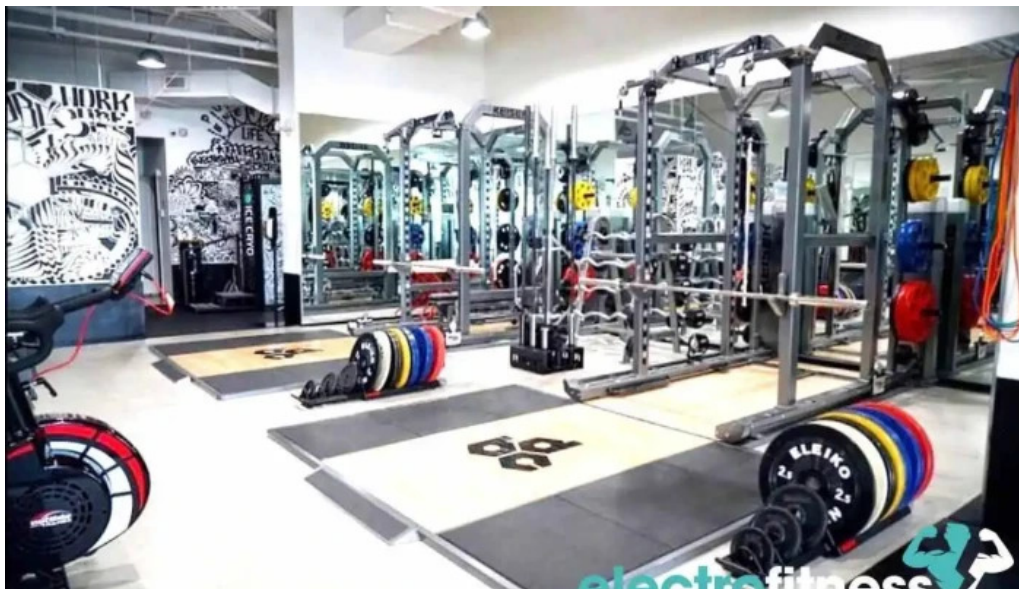
*Dbc fitness map*



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## Tags

*Accessibility, Sauna, On-site services, Amenities, Appointment required, Swimming pool, Online classes, Service options, Planning, Wheelchair-accessible car park, Toilet, Wheelchair-accessible entrance*

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boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center

convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
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gated community
golf club
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golf instructor
grocery store
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health spa
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hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist



kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store

sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
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swimming instructor
swimming school
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weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
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yoga studio
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