

Vermont Sun Fitness - Middlebury

middlebury

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Welcome to Vermont Sun Fitness

Vermont Sun Fitness, located in the heart of Middlebury, Vermont, is more than just a gym; it's a community. From the moment you step inside, a sense of warmth and belonging envelops you, making it feel like a second home.

Amenities That Elevate Your Experience

One of the standout features of Vermont Sun Fitness is its incredible ****amenities****. Members can enjoy a spacious ****swimming pool****, a relaxing ****sauna****, and even a hot tub for unwinding after an intense workout. With

various options available, Vermont Sun provides a comprehensive fitness experience that is hard to find elsewhere.

Accessibility for Everyone

Vermont Sun Fitness is committed to ensuring that everyone can enjoy their facilities. The gym boasts a ****wheelchair-accessible entrance****, along with a ****wheelchair-accessible car park****. This dedication to ****accessibility**** allows all members to comfortably participate in fitness activities.

Membership Required for Premium Services

To enjoy the various ****amenities****, including the pool and sauna, a ****membership**** is required. Many members rave about the supportive environment and the diverse range of group classes that cater to all fitness levels. Whether you prefer yoga, weight training, or swimming, there is something for everyone.

Planning Your Visit

When planning your visit, take advantage of the ****Wi-Fi**** available throughout the facility, which allows you to stay connected while you work on your fitness goals. It's useful for those who like to track their workouts or participate in online classes.

Community Vibes and Supportive Staff

The feedback from current members highlights the ****friendly and supportive**** atmosphere at Vermont Sun Fitness. The knowledgeable staff are always ready to assist, ensuring that everyone feels welcome. Many appreciate the caring approach of personal trainers who guide members through their fitness journeys.

Conclusion: A Fitness Gem in Middlebury

In summary, Vermont Sun Fitness stands out as a ****gem**** in the world of fitness centers. With its superior ****amenities****, commitment to ****accessibility****, and a strong sense of community, it provides an environment where health and wellness can thrive. If you're seeking a welcoming space to prioritize your fitness journey, Vermont Sun is the destination for you.

We are located at

812 Exchange St, 05753 Middlebury, Vermont - United States (US)

The phone of said **Gym** is +1802-388-6888

And if you want to send a WhatsApp, you can do so at +1802-388-6888

You can visit us at the following hours:

Day Hours
Monday

7:30?AM–4?PM

Tuesday

7:30?AM–4?PM

Wednesday

6?AM–8?PM

Thursday

6?AM–8?PM

Friday

6?AM–8?PM

Saturday

6?AM–8?PM

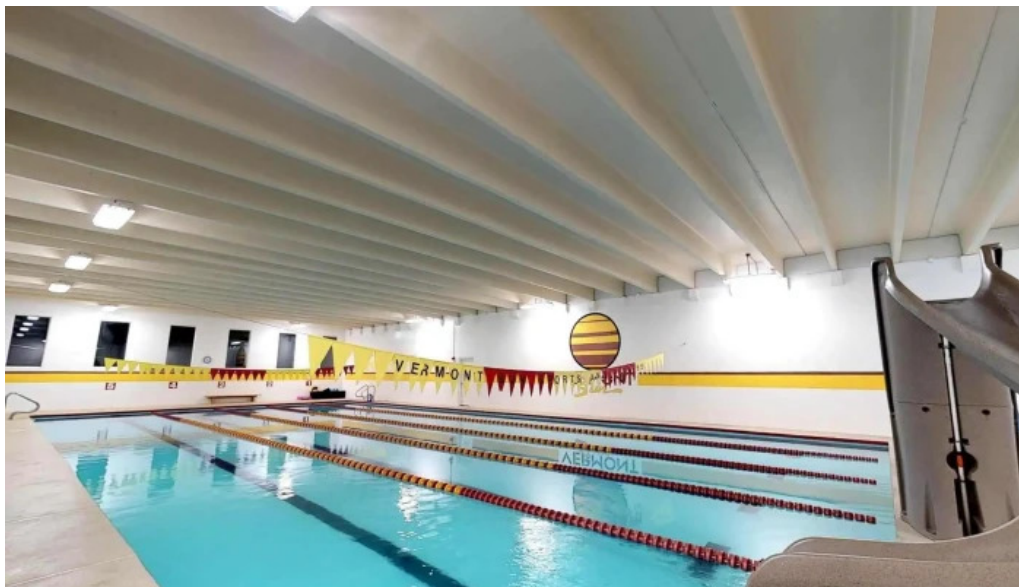
Sunday

6?AM–8?PM

The website is [Vermont Sun Fitness](#)

If you require to update any detail that you feel is not precise about this portal, we ask send us a message so we can we will fix it promptly. Thanks beforehand thank you very much.

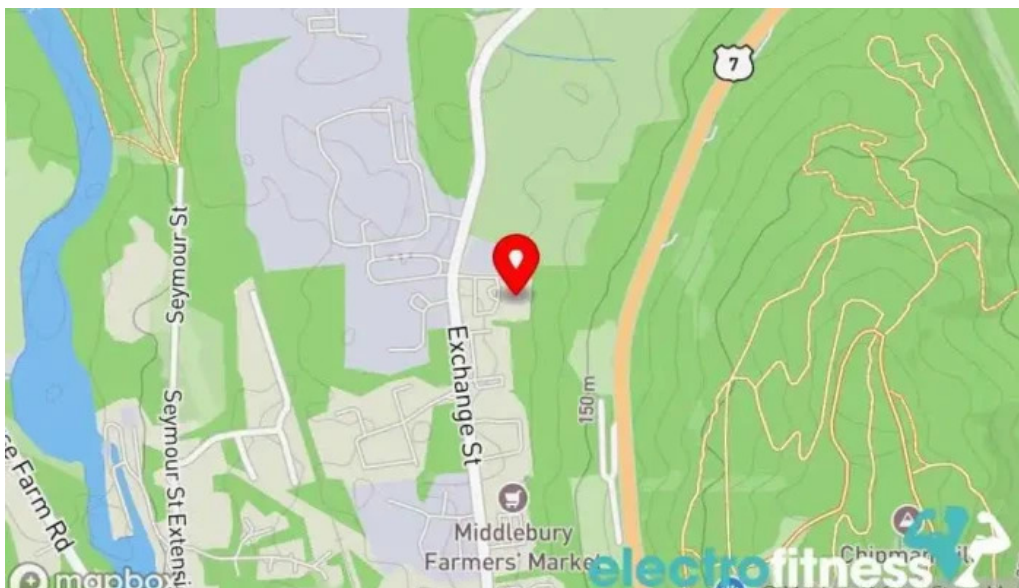
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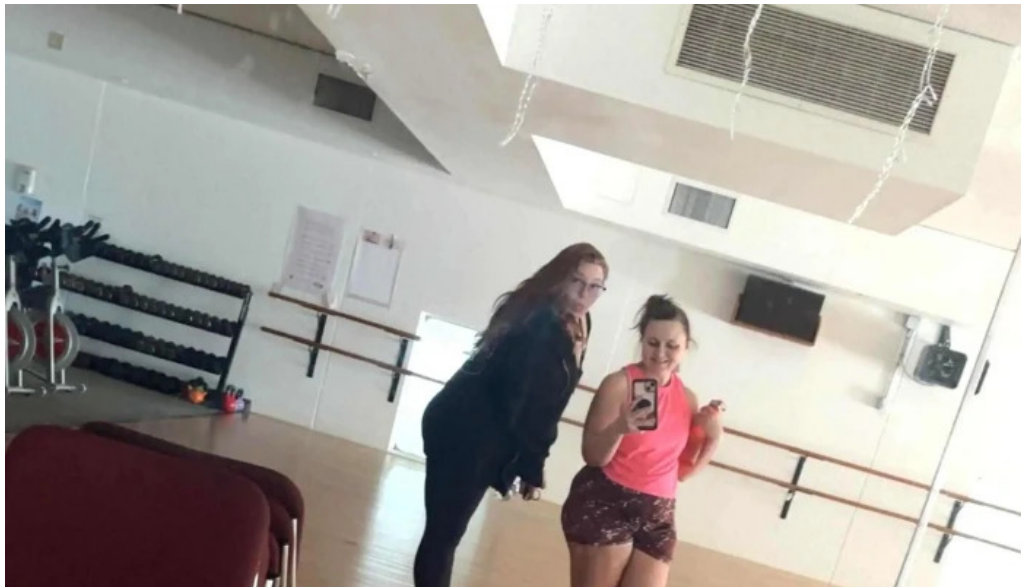
Vermont sun fitness street view 360deg



Vermont sun fitness middlebury



Vermont sun fitness map



Vermont sun fitness gym



Vermont sun fitness by owner



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Tags

Wi-Fi, Amenities, Wheelchair-accessible car park, Sauna, Planning, Swimming pool, Membership required, Wheelchair-accessible entrance, Accessibility

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