

Electro Fitness: Best Electro Fitness

Orangetheory Fitness - Milpitas

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Orangetheory Fitness - Milpitas

Welcome to Orangetheory Fitness Milpitas, California

Orangetheory Fitness (OTF) in Milpitas is an exceptional fitness destination that offers a unique blend of cardio and strength training. The facility boasts a welcoming atmosphere enhanced by enthusiastic coaches and supportive staff, making workouts enjoyable and effective.

Amenities and Accessibility

OTF Milpitas is designed with inclusivity in mind. The wheelchair-accessible entrance ensures that everyone can access the space comfortably. Additionally, the gym features a wheelchair-accessible car park and a wheelchair-accessible toilet, maximizing convenience for all members. Clean and well-maintained facilities are a priority, ensuring a pleasant workout environment.

Planning Your Visit

As with any premier fitness center, a **membership is required** to take part in the classes at OTF Milpitas. This structure helps create a community atmosphere where members can motivate each other. Many patrons appreciate the organized scheduling, which allows for seamless planning around their workouts. With various classes available throughout the week, it's easy to find sessions that fit your schedule.

The Unique Workout Experience

The workouts at OTF are anything but ordinary. Each session combines elements of running, rowing, and strength training, ensuring that no two classes feel repetitive. Members have expressed gratitude for the insightful coaching, particularly highlighting the motivational energy from instructors like Coach Eva and Coach Adriana. These dedicated coaches provide personalized attention, helping individuals improve their form and maximize their results.

Community and Support

One of the hallmarks of OTF Milpitas is its vibrant community. Members frequently mention how the staff, including front desk associates, remember their names and celebrate milestones like birthdays and class anniversaries. This personal touch fosters a strong sense of belonging, making it easier for individuals to stay committed to their fitness goals.

Feedback from Members

Many members have shared their positive experiences at OTF Milpitas, noting significant transformations in their health and wellbeing. From rediscovering the joy of movement to achieving fitness milestones, the feedback emphasizes the supportive and motivating environment. Whether you are a beginner or an experienced athlete, OTF provides a place where you can push your limits safely and enjoyably.

Visit OTF Milpitas Today!

If you're looking for a dynamic fitness experience that prioritizes community and support, look no further than Orangetheory Fitness Milpitas. With its exceptional amenities, inclusive accessibility options, and passionate coaching team, this studio is not just a gym; it's a lifestyle. Come join the family and discover the benefits of fitness in a welcoming environment!

The business is situated at

1317 McCandless Dr, 95035 Milpitas, California - United States (US)

The contact line of the respective **Gym** is <u>+1408-834-8143</u>
And if you want to send a WhatsApp, you can do so at+1408-834-8143

Visit us during the following hours:

Day Hours Monday 9?AM-5?PM Tuesday 9?AM-5?PM Wednesday 9?AM-5?PM Thursday 9?AM-5?PM Eriday 9?AM-5?PM Saturday 9?AM-5?PM Sunday 9?AM-5?PM

The website is **Orangetheory Fitness**

In case you want to modify any information that you feel is not correct about this site, we ask deliver a message and we will adjust it quickly. In advance thank you very much.

Images



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Local Resident

I verify that I have never before taken an Orangetheory
Fitness class and that my permanent residence or place
of employment is located within 5 miles of the studio that I
am booking my introductory class. I acknowledge and
understand that I may be asked to provide proof of
residence and/or employment upon check-in and that a
drop-in fee may apply if I am unable or unwilling to do so.

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Tags

Accessibility, Wheelchair-accessible car park, Membership required, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Toilet, Planning, Amenities

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