

McAdoo Fitness Center - Minot Air Force Base

minot air force base

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minot air force base

McAdoo Fitness Center - Minot Air Force Base

Discover McAdoo Fitness Center at Minot Air Force Base

Welcome to ****McAdoo Fitness Center****, the premier gym located at Minot Air Force Base, ND. This facility is designed with varied amenities, ensuring all patrons can enjoy their fitness journey regardless of their needs.

A Commitment to Accessibility

One of the standout features of McAdoo Fitness Center is its ****wheelchair-accessible entrance**** and ****wheelchair-accessible car park****. This

commitment to accessibility ensures that everyone can take advantage of the fantastic fitness options available without barriers.

Facilities and Amenities

McAdoo Fitness Center boasts an impressive array of facilities, making it one of the best gyms you can find: - ****Swimming Pool****: Perfect for a relaxing swim post-workout or for families looking to enjoy some leisure time together. - ****Basketball Court****: Engage in friendly matches or practice your shots in this well-maintained court. - ****Sauna****: Unwind after an intense workout session in our sauna that is available in both men's and women's locker rooms. - ****Outdoor Services****: Exciting developments are coming! An outdoor facility featuring a 400m rubberized track and turf field is underway, promising even more fitness options soon.

Service Options and Cleanliness

The feedback from visitors highlights that while the equipment is often in great shape and variety, the cleanliness and accessibility of some areas have fluctuated. Many appreciate the overall helpfulness of the staff, who strive to keep the facility up to par. The gym offers ****24/7 access****, allowing flexibility for those who want to work out outside of peak hours.

Community and Programming

Many users rave about the community atmosphere within the gym. Free classes led by friendly instructors provide opportunities for military families to engage in fitness together. However, it's worth noting that during busy times, space can become cramped, particularly in the free weight area.

Conclusion

In conclusion, McAdoo Fitness Center stands out as an indispensable resource for fitness enthusiasts at Minot Air Force Base. Its wide range of amenities, commitment to accessibility, and community-driven approach make it a gem for service members and their families. Whether engaging in a swim, participating in a class, or utilizing the diverse equipment available, there's something for everyone. Be sure to check out this facility, and experience the best gym that Minot has to offer!

The business is situated at

58705, 220 Tanker Trail, 58704 Minot Air Force Base, ND - United States (US)

The phone of this **Gym** is +1701-723-2145

And if you want to send a WhatsApp, you can do so at +1701-723-2145

Our service hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is [McAdoo Fitness Center](#)

If necessary to modify any data that you think is not precise regarding this page, please send us a message so that we will fix it at the earliest convenience. In advance thank you very much.

Images



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Mcadoo fitness center open now



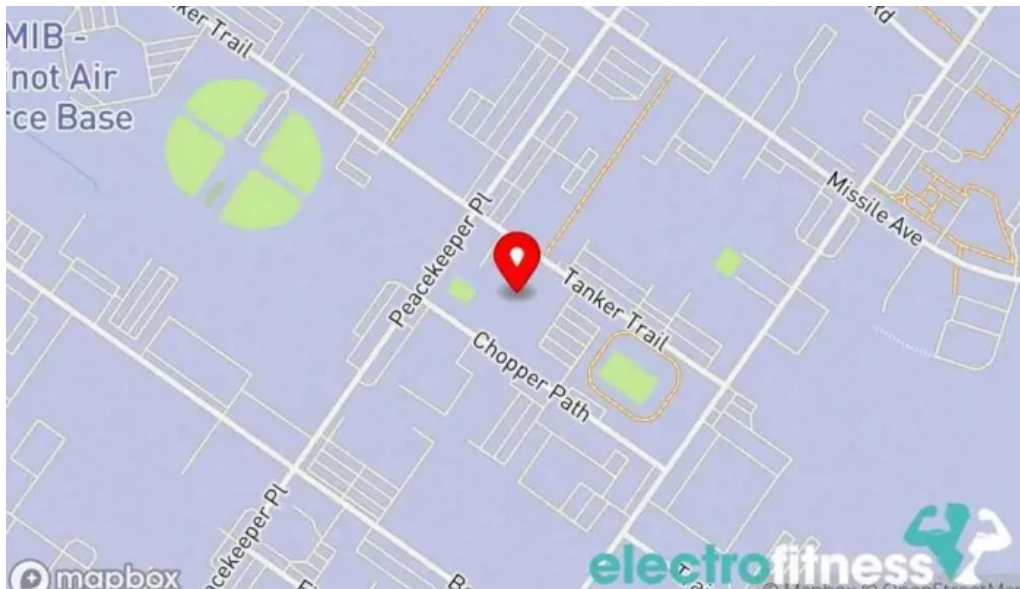
Mcadoo fitness center number



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Mcadoo fitness center gym



Mcadoo fitness center comments



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Tags

Service options, Accessibility, Sauna, Amenities, Wheelchair-accessible car park, Swimming pool, Wheelchair-accessible entrance, Basketball court, Outdoor services

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| hotel |
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