

## 24 Hour Fitness - Mountain View

mountain view



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*mountain view*

## 24 Hour Fitness - Mountain View

### Explore 24 Hour Fitness in Mountain View, California

The 24 Hour Fitness location in Mountain View, California, is an exceptional gym that provides numerous offerings, making it a popular choice for fitness enthusiasts. With a clean and welcoming atmosphere, this gym has become a favorite among locals.

### Amenities That Enhance Your Experience

At 24 Hour Fitness, you can enjoy various **\*\*amenities\*\*** designed to cater to all your fitness needs. The gym features a **\*\*swimming pool\*\*** perfect for aquatic

workouts, a **sauna** for post-exercise relaxation, and ample workout spaces filled with top-notch equipment. Moreover, the facility includes **wheelchair-accessible entrances** and a **wheelchair-accessible car park**, ensuring that everyone can benefit from its services. Members appreciate the wide range of **service options** available, including personal training sessions led by skilled coaches like Elena and Josh, whose dedication and expertise have garnered high praise from clients.

## **Creating a Supportive Atmosphere**

One standout feature of this gym is its positive **atmosphere**. Many members note how friendly and supportive the staff and fellow gym-goers are. The management team, particularly Tommy, is known for being responsive and attentive to feedback, enhancing the overall member experience. The presence of knowledgeable instructors in group classes further adds to this encouraging environment, which is suitable for both beginners and experienced athletes.

## **Accessibility and Convenience**

Accessibility is a priority at 24 Hour Fitness Mountain View. The facility includes **wheelchair-accessible toilets** and ensures that the gym remains **clean and well-maintained**. Restrooms receive regular attention, although some members have suggested improvements during peak hours. The availability of **Wi-Fi** throughout the facility enables members to stay connected while they work out. The gym's planning for future upgrades reflects its commitment to supporting its members. For example, the layout has been optimized to create more space between equipment, reducing congestion during busy times.

## **Feedback from Members**

Many members rave about their experiences at 24 Hour Fitness Mountain View. Reviews highlight the cleanliness of the gym, as well as the efficient maintenance of the facilities, including locker rooms and showers. However, some suggest that the number of **showers** could be increased to better accommodate peak usage times. Instructors like Orna, Veronica, and Coach Justin have received special mentions for their engaging teaching styles, making workouts enjoyable and effective. Members appreciate the variety in group classes, although some have requested additional options and improvements to certain areas.

## **Conclusion**

24 Hour Fitness in Mountain View, California, stands out as an excellent gym option, thanks to its impressive **amenities**, welcoming **atmosphere**, and dedicated **on-site services**. With a strong focus on accessibility, cleanliness, and member satisfaction, this location remains a top pick for anyone looking to enhance their fitness journey. Whether you're just starting or looking to elevate

your fitness routine, 24 Hour Fitness is equipped to help you achieve your goals.

**The premises are located at**

550 Showers Dr, 94040 Mountain View, California - United States (US)

The phone number of said **Gym** is +1650-941-2268

And if you want to send a WhatsApp, you can do so at +1650-941-2268

**Our service hours are:**

Day Hours  
Monday  
*Open 24 hours*  
Tuesday  
*Open 24 hours*  
Wednesday  
*Open 24 hours*  
Thursday  
*Open 24 hours*  
Friday  
*Open 24 hours*  
Saturday  
*Open 24 hours*  
Sunday  
*Open 24 hours*

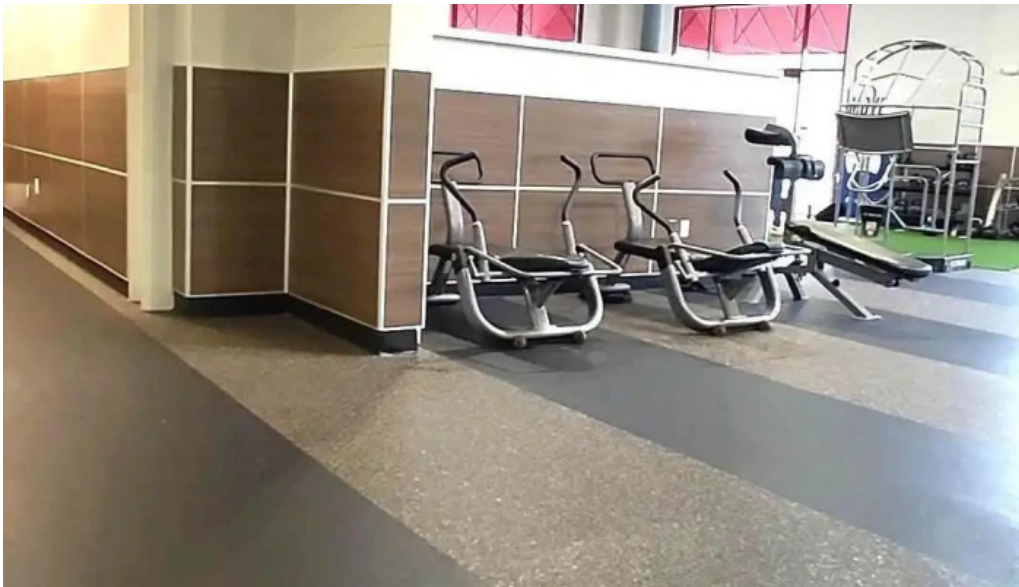
The website is 24 Hour Fitness

In case you want to modify any data that you feel is not correct regarding this web, we urge you to send us a message and we will adjust it at the earliest convenience. Thanks beforehand we appreciate it.

## Images



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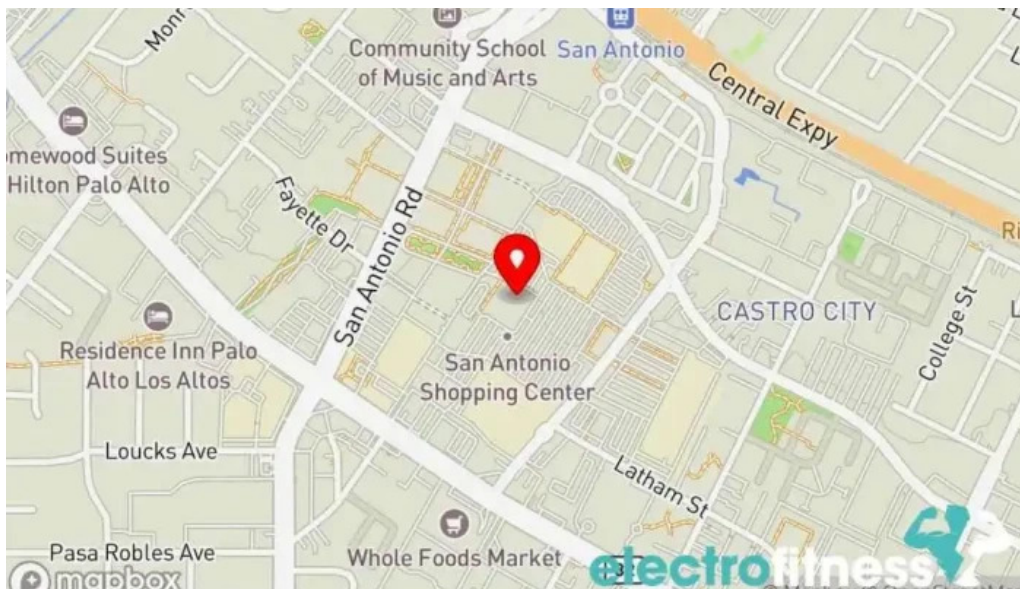
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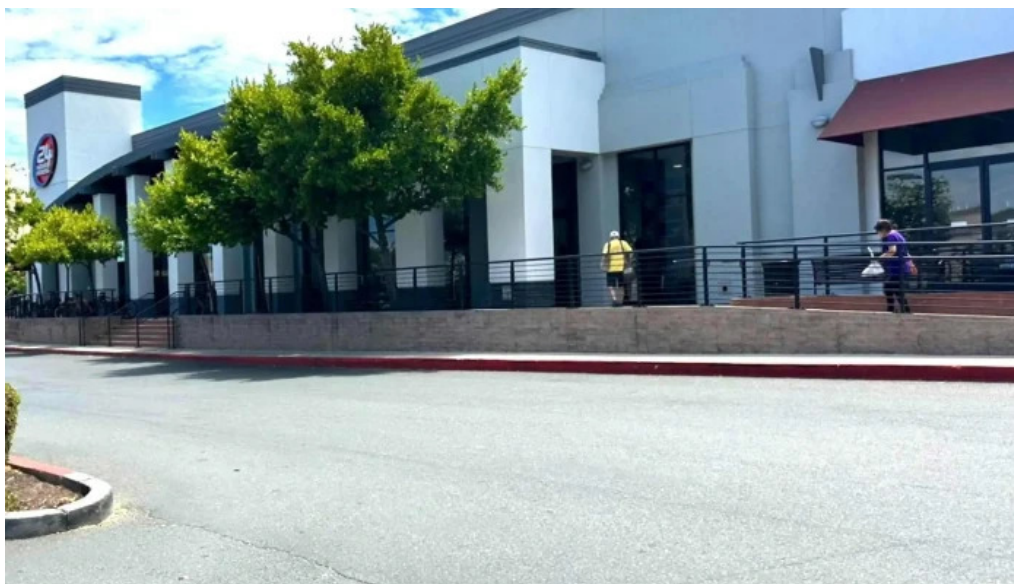
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*24 hour fitness address*

## Tags

*Planning, Offerings, Wheelchair-accessible toilet, Wheelchair-accessible car park, Sauna, Shower, Accessibility, Atmosphere, On-site services, Toilet, Swimming pool, Membership required, Wi-Fi, Service options, Amenities, Wheelchair-accessible entrance*

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basketball club
basketball court
batting cage center
body shaping class
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boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company

dance school
day spa
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discount store
dive shop
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fitness equipment wholesaler
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golf course
golf instructor
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indoor cycling

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karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
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public educational institution
public library
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rehabilitation center
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restaurant
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rock climbing gym
rv park
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school
school district office
self defense school
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shooting range
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