

Max's Gym - Oakland

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Max's Gym - Oakland

Welcome to Max's Gym: Your Fitness Home in Oakland, California

Max's Gym is a vibrant and inclusive fitness center located in the heart of Oakland, California. This ****women-owned**** and ****Asian-owned**** establishment offers a unique atmosphere that fosters community and support among its members.

Community and Coaching

The sense of belonging is palpable at Max's Gym. Many members have noted the ****enthusiastic lifters**** who create an encouraging environment. Coaches

like Max, Duy, and Jo are renowned for their expertise and dedication, helping all levels of athletes improve their lifting techniques. With a strong **crowd** filled with both beginners and seasoned lifters, new members can expect a warm welcome as they embark on their fitness journey.

Facility and Accessibility

Max's Gym prioritizes **accessibility**, ensuring that everyone feels comfortable while working out. The facility includes **wheelchair-accessible car parks** and **gender-neutral toilets**, promoting a welcoming experience for all individuals, including those in the **LGBTQ+ community**. Furthermore, the gym is equipped with **assistive hearing loops** for enhanced communication and comfort.

Online Classes and On-Site Services

In addition to its on-site services, Max's Gym also offers **online classes**. This flexibility allows members to train remotely while still benefiting from expert coaching. Whether you want to improve in **Olympic weightlifting**, **powerlifting**, or general strength training, Max's has something for everyone. The gym is a **transgender safe space**, emphasizing respect and understanding for all.

Amenities That Enhance Your Experience

Members love the **amenities** offered at Max's Gym, including high-quality equipment and clean **showers**. Free **Wi-Fi** allows members to stay connected or share their progress on social media. The warm and friendly **atmosphere** contributes to a positive workout experience, making it easier to stay motivated and committed.

From the Business Perspective

Max's Gym prides itself on being more than just a place to work out; it's a community where lifelong friendships are built. As one member stated, "I always look forward to coming to workout!" The gym's commitment to fostering a supportive environment is evident in the positive experiences shared by its members.

Why Choose Max's Gym?

If you're in Oakland and looking for a gym that combines top-notch coaching with a welcoming atmosphere, Max's Gym is the perfect choice. With its focus on **service options**, inclusive practices, and passionate community, you will undoubtedly find your fitness home here. Come join us and see why so many have fallen in love with this exceptional gym!

Our premises are located at

2607 Mandela Pkwy #2, 94607 Oakland, California - United States (US)

The contact line of said **Gym** is +1925-326-2887

And if you want to send a WhatsApp, you can do so at +1925-326-2887

We are open during the following hours:

Day Hours
Monday
7?AM–8?PM
Tuesday
9?AM–8?PM
Wednesday
7?AM–8?PM
Thursday
7?AM–8?PM
Friday
9?AM–2:30?PM
Saturday
Closed
Sunday
7?AM–8?PM

The website is Max's Gym

If you wish to adjust any data that you think is not correct regarding this web, please send a message and we will handle it quickly. In advance thanks.

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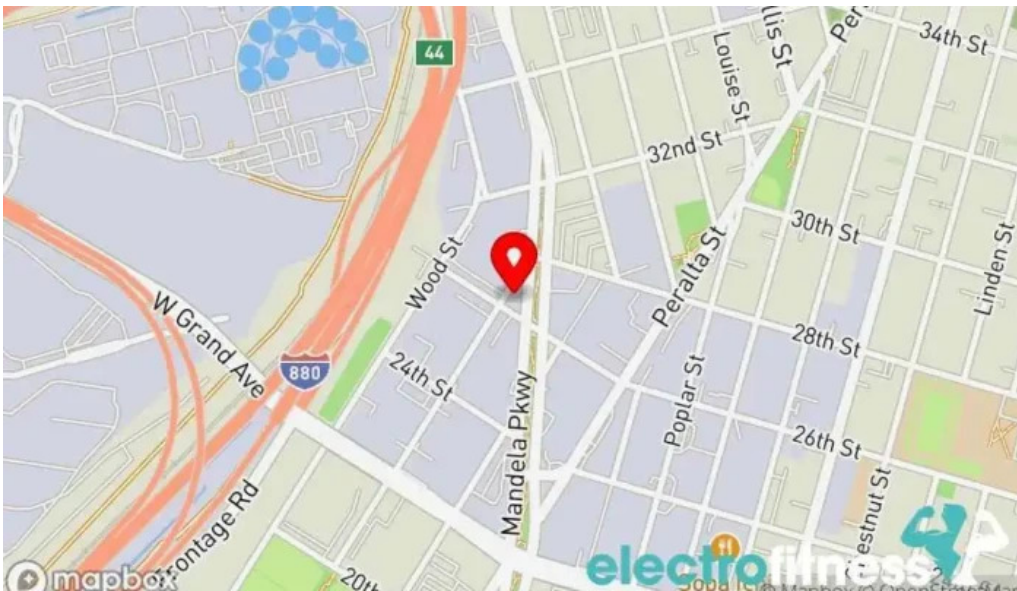
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Tags

LGBTQ+ friendly, Identifies as Asian-owned, Wi-Fi, Amenities, From the business, Shower, Gender-neutral toilets, Service options, Identifies as women-owned, Atmosphere, Crowd, On-site services, Transgender safe space, Assistive hearing loop, Wheelchair-accessible car park, Toilet, Accessibility, Online classes

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