

Volofit Oakland-Uptown - Oakland

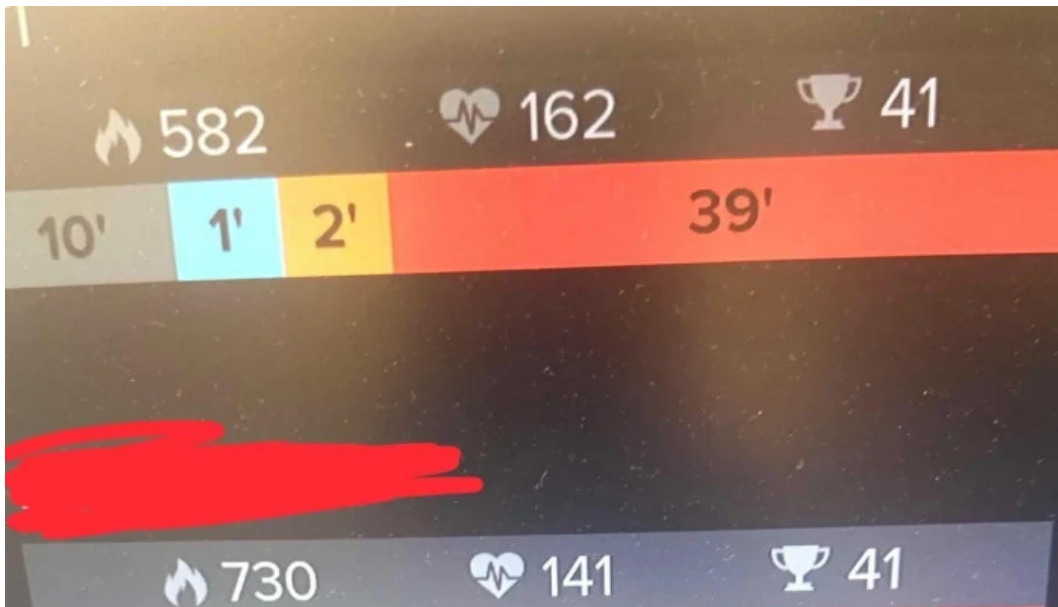
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Volofit Oakland-Uptown - Oakland

Discover Volofit Oakland-Uptown: A Unique Fitness Experience

Planning Your Fitness Journey

If you're looking for a dynamic fitness environment, Volofit Oakland-Uptown is the perfect place to start your journey. With a strong focus on group HIIT workouts, Volofit encourages you to challenge yourself while being part of a

supportive community. The weekly schedule allows you to plan your classes in advance and target specific muscle groups.

Accessibility Features

Volofit takes pride in being inclusive and accessible to all. The gym offers a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can participate in their fitness journey. Additionally, the facility features **gender-neutral toilets** and standard **toilet amenities**, making it a welcoming space for everyone.

Online Classes and Membership Requirements

In response to the growing demand for flexible workout options, Volofit provides **online classes** for those who prefer to exercise from home. While **membership is required** to enjoy the full range of services, the initial free workout session is a great way to experience the Volofit community before committing to a membership.

A Latino-Owned Business

Volofit identifies as a **Latino-owned business**, bringing a rich cultural diversity to the fitness scene in Oakland. The inclusive environment fosters a sense of belonging among members, making workouts not just a physical challenge but a community experience.

From the Business: Client Testimonials

Many members rave about their experiences at Volofit. One participant shared, "I've just completed two weeks of a 6-week workout challenge and it's been a fantastic experience!" The friendly instructors motivate members, enhancing their fitness journey. Another member mentioned, "The atmosphere is incredible; I love the workouts and the commitment from the trainers!"

Service Options and On-Site Services

Volofit offers various **service options** catering to different fitness levels. Whether you're a beginner or an experienced athlete, there are modifications available for each workout. Clients appreciate the **on-site services** such as heart rate monitoring and personalized coaching, which help optimize performance.

Community and Support

The community aspect of Volofit is one of its most celebrated features. Many participants note feeling welcomed and encouraged by both staff and fellow gym-goers. "Everyone was friendly and motivating; it felt like a team effort," said a satisfied member. This supportive environment keeps motivation high and helps individuals push past their limits.

Conclusion: Your Next Stop for Fitness

Whether you're in search of engaging workouts, a welcoming community, or a gym with accessible features, Volofit Oakland-Uptown has it all. With diverse class offerings, top-notch facilities, and an emphasis on inclusivity, it's clear why so many people are raving about their experiences. Join today to transform your fitness journey!

Our address is

3093 Broadway Suite C2, 94611 Oakland, California - United States (US)

The contact phone of said **Gym** is +1510-214-6801

And if you want to send a WhatsApp, you can do so at +1510-214-6801

Our business hours are:

Day	Hours
Monday	6?AM–7:30?PM
Tuesday	6?AM–7:30?PM
Wednesday	6?AM–7:30?PM
Thursday	6?AM–6:30?PM
Friday	8?AM–12?PM
Saturday	8?AM–12?PM
Sunday	6?AM–7:30?PM

The website is Volofit Oakland-Uptown

If you need to modify any data that you feel is not accurate about this portal, we kindly request deliver a message so we can we will adjust it at the earliest

convenience. Thank you in advance thanks.

Images



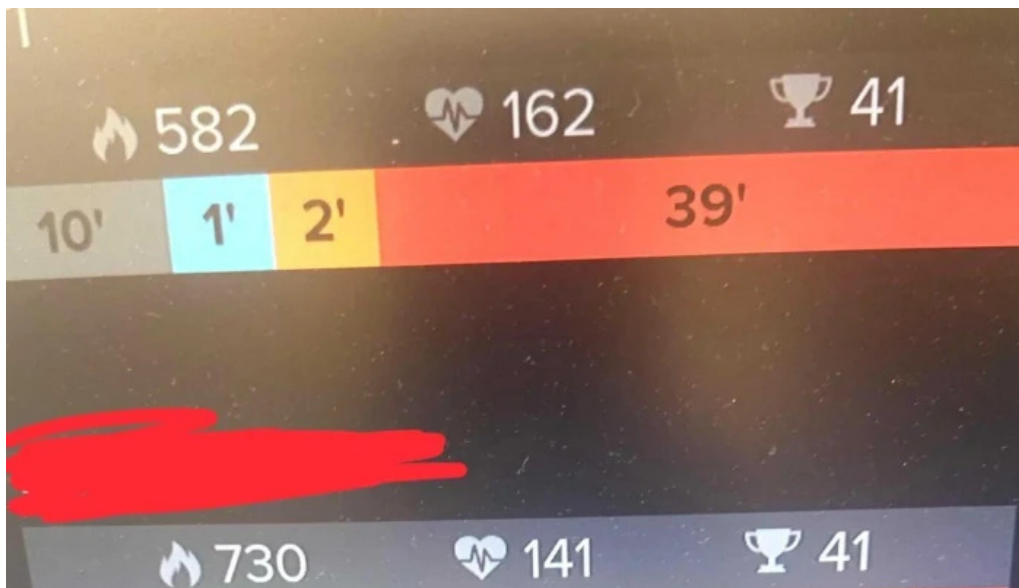
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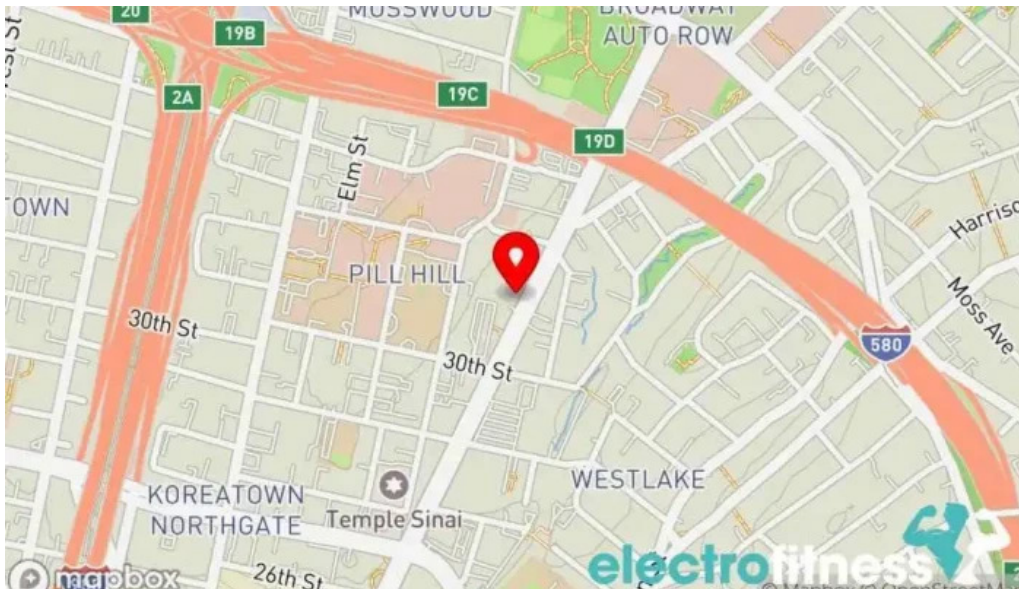
Volofit oakland uptown street view 360deg



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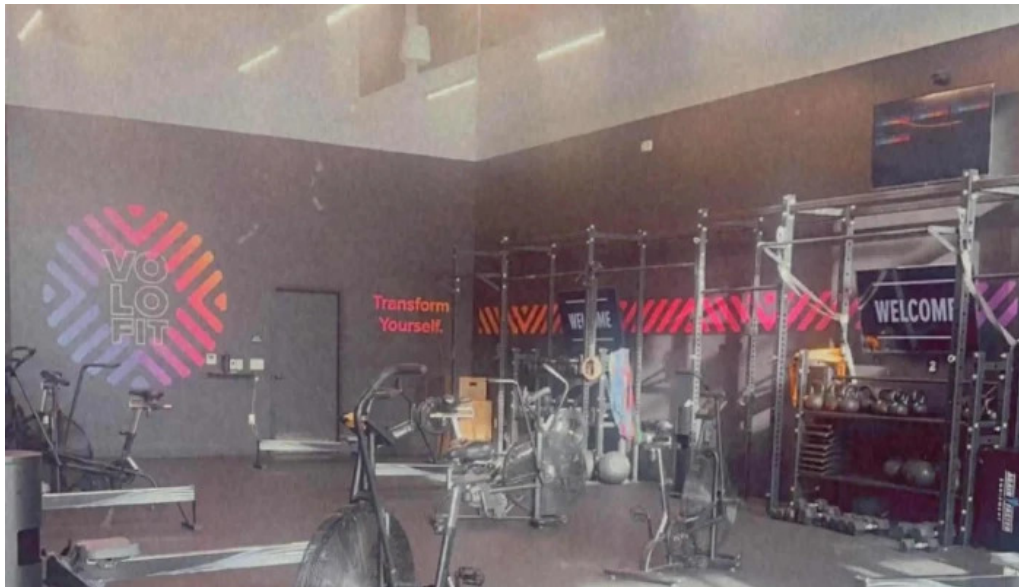
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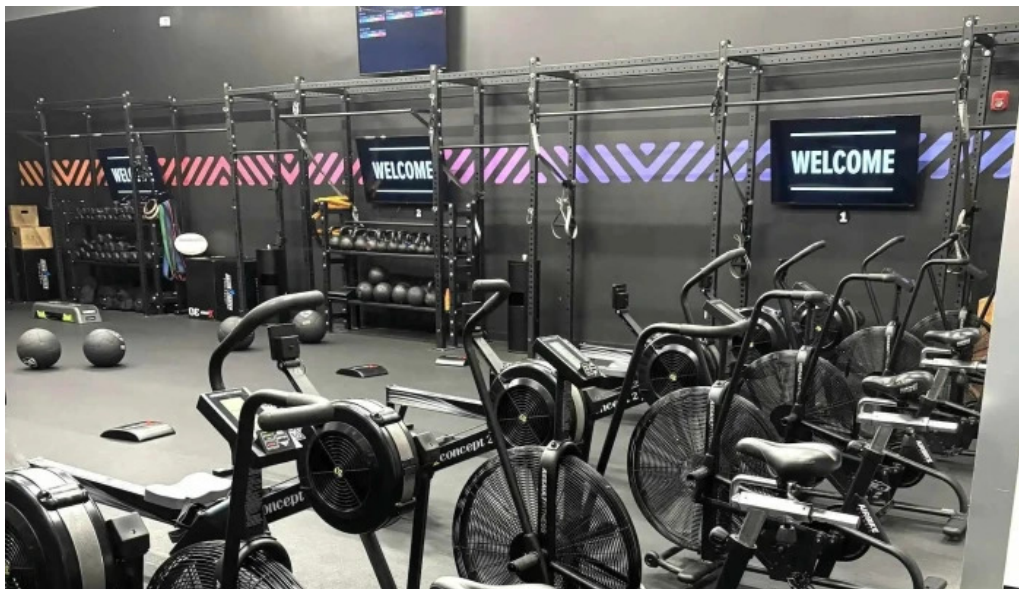
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Volofit oakland uptown how to get there



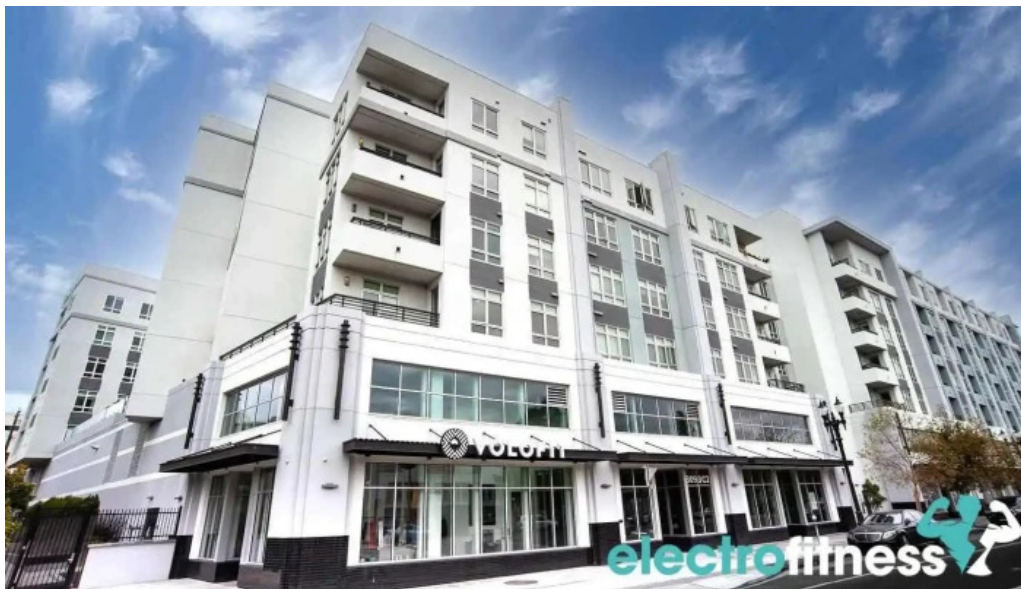
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Tags

Accessibility, Wheelchair-accessible car park, Identifies as Latino-owned, Toilet, Amenities, On-site services, Wheelchair-accessible entrance, From the business, Gender-neutral toilets, Online classes, Service options, Planning, Membership required

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