

## Spirit Strong Fitness Studio - Paintsville

paintsville

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*paintsville*

## *Spirit Strong Fitness Studio - Paintsville*

### Welcome to Spirit Strong Fitness Studio in Paintsville, Kentucky

If you're looking for a welcoming and inclusive fitness space, look no further than Spirit Strong Fitness Studio. This **\*\*women-owned\*\*** facility is dedicated to providing a supportive environment for women of all ages and abilities.

### Accessibility Features

One of the standout features of Spirit Strong Fitness is its commitment to **\*\*accessibility\*\***. The gym includes a **\*\*wheelchair-accessible car park\*\***, ensuring that everyone can easily reach the entrance. Once inside, members

will find a **\*\*wheelchair-accessible entrance\*\*** that promotes inclusivity for all participants.

## **A Community of Success**

From the business standpoint, Spirit Strong Fitness has garnered positive feedback from its members. One participant shared, "I have lost 60 lbs. doing this workout and eating clean. Love my Spirit Strong Fitness!" This testimony highlights the effectiveness of the programs offered and the supportive community that fosters individual success.

## **Ongoing Progress and Results**

As time goes on, many members continue to see results. Another satisfied member stated, "Now it's 2023 and I am down 10 more pounds! Thank you Spirit Strong Fitness!" This reflects the dedication and continuous improvements that the studio encourages among its members.

## **A Space for Everyone**

Spirit Strong Fitness Studio prides itself on being a great place for **\*\*women of all ages and abilities\*\***. Members appreciate the clean and well-equipped facility along with the friendly and inspiring environment that makes every workout enjoyable.

## **Join Us at Spirit Strong Fitness**

Whether you are just starting your fitness journey or looking to maintain your health, Spirit Strong Fitness Studio is here to support you every step of the way. With its focus on accessibility and a strong sense of community, you'll find that this is not just a gym, but a place where you can thrive.

### **You can reach us at**

871 US-23, 41240 Paintsville, Kentucky - United States (US)

The phone of the mentioned **Gym** is +1606-297-7737

And if you want to send a WhatsApp, you can do so at +1606-297-7737

## **We look forward to seeing you at:**

Day Hours  
Monday  
8?AM-6?PM  
Tuesday  
8?AM-6?PM  
Wednesday

8?AM–6?PM

Thursday

8?AM–1:30?PM

Friday

Closed

Saturday

Closed

Sunday

8?AM–6?PM

The website is [Spirit Strong Fitness Studio](#)

If you wish to change any element that you think is not correct regarding this site, we urge you to send us a message so that we will correct it at the earliest convenience. With anticipation thanks.

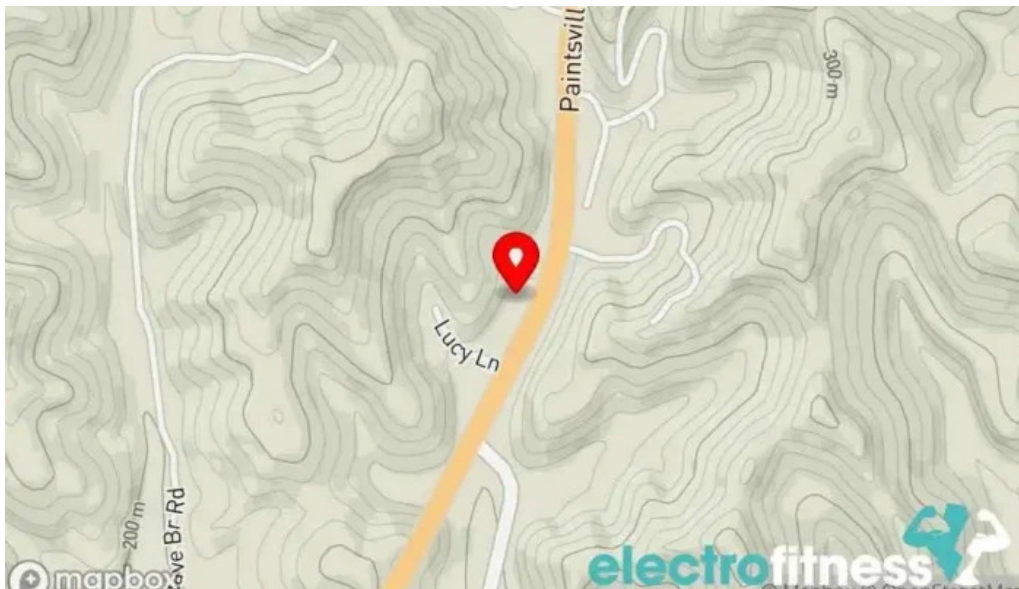
## Images



*Spirit strong fitness studio street view 360deg*



*Spirit strong fitness studio paintsville*



*Spirit strong fitness studio map*





*Spirit strong fitness studio gym*



*Spirit strong fitness studio by owner*



*Spirit strong fitness studio all*

## Tags

*Identifies as women-owned, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park, From the business*

## Related content

|       |  |
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## Categories

|                     |
|---------------------|
| academic department |
|---------------------|

|                            |
|----------------------------|
| acupuncture clinic         |
| after school program       |
| amusement center           |
| amusement park ride        |
| animal feed store          |
| apartment building         |
| apartment complex          |
| aquatic centre             |
| arena                      |
| art gallery                |
| association / organization |
| athletic club              |
| auditorium                 |
| bar                        |
| basketball club            |
| basketball court           |
| batting cage center        |
| body shaping class         |
| boot camp                  |
| boxing club                |
| boxing gym                 |
| boxing ring                |
| children's party service   |
| chiropractor               |
| church                     |
| club                       |
| coffee shop                |
| college                    |
| community center           |
| convenience store          |
| counselor                  |
| country club               |
| coworking space            |
| cultural center            |
| dance company              |
| dance school               |
| day spa                    |
| disc golf course           |
| dollar store               |
| educational institution    |
| elementary school          |
| exercise equipment store   |

|                              |
|------------------------------|
| facial spa                   |
| firearms academy             |
| fitness                      |
| fitness center               |
| fitness equipment wholesaler |
| food producer                |
| foot care                    |
| gated community              |
| golf club                    |
| golf course                  |
| golf instructor              |
| grocery store                |
| gym                          |
| gymnasium school             |
| gymnastics center            |
| hair salon                   |
| health consultant            |
| health food restaurant       |
| health food store            |
| health spa                   |
| hiking area                  |
| hospital                     |
| hotel                        |
| indoor cycling               |
| jujitsu school               |
| karate club                  |
| karate school                |
| kennel                       |
| kickboxing school            |
| kinesiologist                |
| kinesiotherapist             |
| martial arts club            |
| martial arts school          |
| massage spa                  |
| massage therapist            |
| medical group                |
| medical spa                  |
| meditation center            |
| metaphysical supply store    |
| muay thai boxing gym         |
| non-profit organization      |
| nutritionist                 |



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|--------------------------------|
| outdoor sports store           |
| park                           |
| parking lot                    |
| parkour spot                   |
| personal trainer               |
| pharmacy                       |
| physical fitness program       |
| physical therapist             |
| physical therapy clinic        |
| pickleball court               |
| pilates studio                 |
| private golf course            |
| psychotherapist                |
| public educational institution |
| public swimming pool           |
| recreation center              |
| rehabilitation center          |
| resort hotel                   |
| rock climbing                  |
| rock climbing gym              |
| rv park                        |
| sauna                          |
| school                         |
| school district office         |
| self defense school            |
| senior citizen center          |
| shooting range                 |
| shopping mall                  |
| soccer club                    |
| software company               |
| spa                            |
| spa and health club            |
| sporting goods store           |
| sports club                    |
| sports complex                 |
| sports massage therapist       |
| sports medicine clinic         |
| sports nutrition store         |
| sports school                  |
| summer camp organizer          |
| supermarket                    |
| swimming facility              |

|                             |
|-----------------------------|
| swimming instructor         |
| swimming pool               |
| swimming school             |
| tanning salon               |
| tennis club                 |
| thrift store                |
| training centre             |
| vitamin & supplements store |
| weight loss service         |
| weightlifting area          |
| wellness center             |
| wellness program            |
| women's organization        |
| women's personal trainer    |
| wrestling school            |
| yoga instructor             |
| yoga studio                 |
| youth organization          |