

CrossFit Altadena - Pasadena

pasadena

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Experience Fitness Like Never Before at CrossFit Altadena

If you're looking for a fitness community that genuinely cares about your progress and well-being, **CrossFit Altadena** in Pasadena, California is the perfect place for you. With an emphasis on **accessibility**, this gym prioritizes creating an environment that welcomes everyone, including individuals with mobility challenges.

Accessibility and Inclusivity

One of the standout features of CrossFit Altadena is its **wheelchair-accessible entrance** and facilities, ensuring that all members can participate comfortably. The gym also offers a **wheelchair-accessible car park**, making it easy for everyone to access the space without any barriers. This commitment to inclusivity allows individuals of all abilities to join and thrive in their fitness journey.

Community-Centric Approach

From the moment you step into CrossFit Altadena, you'll notice the warm and inviting atmosphere. Members often describe the gym as more than just a workout space; it's a family. As one long-time member shared, "the community is another standout feature," where everyone supports each other through challenges and celebrates milestones together. This sense of belonging is what keeps individuals motivated and excited to come back day after day.

Expert Coaching for All Levels

The coaches at CrossFit Altadena are renowned for their knowledge and dedication to helping members succeed. They provide personalized adjustments and modifications based on individual needs, ensuring that workouts remain challenging yet achievable. A member remarked, "They don't expect you to perform difficult exercises right away, but they help get you there gradually." Whether you're a seasoned athlete or just starting out, the coaching staff is committed to pushing you towards your goals while maintaining safety and proper technique.

Flexible Membership Options

CrossFit Altadena understands that fitness journeys can vary greatly. That's why they offer flexible membership plans without any long-term contracts. Members can sign up on a month-to-month basis, allowing for easy adjustments based on personal circumstances. No penalties for quitting mean peace of mind for those uncertain about their long-term commitment.

Diverse and Engaging Programming

The programming at CrossFit Altadena is designed to keep workouts exciting and varied. Classes focus on overall functional fitness, and every member participates in the same Workout of the Day (WOD), creating unity amongst participants. The workouts cater to all levels, ensuring that everyone can engage and benefit from the sessions.

Your Fitness Journey Starts Here

CrossFit Altadena has built a reputation for being an exceptional gym with a fantastic community and dedicated coaches. As one member put it, "Get yourself in here and find out what it feels like to actually WANT to work out!" With their commitment to accessibility and community support, it's no wonder that so many people have found their fitness home here.

Join Us Today!

If you are ready to transform your fitness journey in a welcoming and inclusive environment, CrossFit Altadena is the perfect choice. With a two-week free trial available, there's no better time to experience everything this incredible gym has to offer. Discover what it means to be part of a community that celebrates your fitness achievements and supports you every step of the way.

Our business is located at

2030 Lincoln Ave, 91103 Pasadena, California - United States (US)

The phone of the respective **Gym** is +1626-765-7931

And if you want to send a WhatsApp, you can do so at +1626-765-7931

Our opening hours are:

Day Hours

Monday

6–7?AM 5:30–8:30?PM

Tuesday

6–7?AM 5:30–8:30?PM

Wednesday

6–7?AM 5:30–8:30?PM

Thursday

6–7?AM 5:30–8:30?PM

Friday

8–9?AM

Saturday

Closed

Sunday

6–7?AM 5:30–8:30?PM

The website is CrossFit Altadena

If you need to change any data that you think is not precise about this web, we urge you to deliver a message and we will correct it as soon as possible. In advance we appreciate it.

Images



Crossfit altadena street view 360deg



Crossfit altadena pasadena



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Crossfit altadena how to get there



Crossfit altadena gym



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Tags

Planning, Membership required, Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance

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dance company
dance school
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personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist

public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
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