

Leg1on Training & Performance - Pittsburgh

pittsburgh

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Leg1on Training & Performance - Pittsburgh

Discover LEG1ON Training & Performance in Pittsburgh, Pennsylvania

Located in the heart of Pittsburgh, ****LEG1ON Training & Performance**** stands out as a premier fitness facility designed to cater to everyone from novice exercisers to seasoned athletes. The gym is particularly noted for its welcoming environment, expert trainers, and top-notch equipment.

Accessibility and Facilities

One of the remarkable features of LEG1ON is its ****wheelchair-accessible car park****, ensuring that everyone has easy access to the gym. The facility is

designed with inclusivity in mind, making it a go-to destination for individuals of all backgrounds, abilities, and fitness levels. Visitors have repeatedly praised the ****cleanliness and organization**** of the space, contributing to a comfortable atmosphere perfect for focusing on fitness goals.

A Welcoming Atmosphere

At LEG1ON, community is at the core of its mission. Many members have shared their experiences of feeling instantly welcomed upon entering. Comments like “the entire team treats you and your workout with the utmost respect” highlight the supportive culture within the gym. Whether you are training with experienced coaches like Bryan or participating in group classes, the energy is always motivating.

Expert Coaching for All Levels

The coaching staff at LEG1ON is highly trained and genuinely invested in the success of their clients. Testimonials abound of personalized training plans and focused attention during sessions. “Bryan is not only knowledgeable but also personable and fun to talk to,” one member wrote, emphasizing the dual focus on expertise and engagement that sets LEG1ON apart. Trainers work diligently to create tailored programs, ensuring each workout is both challenging and effective.

Variety of Programs

LEG1ON offers an extensive range of training options, including individual sessions, small group classes, and nutrition training. This variety allows members to choose what best fits their needs, making it an ideal choice for anyone looking to improve their fitness. Many individuals have reported transformative experiences through personal training, highlighting significant strength gains and improved overall fitness levels.

Unmatched Cleanliness and Equipment

The facility is constantly noted for its cleanliness and high-quality equipment. Members appreciate the state-of-the-art gear available, which enhances their training experience. “It’s an extremely clean facility,” says one regular, underscoring how important hygiene is for the gym's reputation.

Join the LEG1ON Community

With its commitment to excellence, LEG1ON Training & Performance offers a unique fitness experience that motivates individuals to achieve their personal bests. The blend of ****accessibility, expert coaching, and a welcoming atmosphere**** creates an environment where members can thrive in their fitness journeys. If you're in Pittsburgh and searching for a supportive and professional environment to reach your health and fitness goals, look no further than LEG1ON. Visit today and discover why so many consider it the best gym in

Pittsburgh!

We are located at

131 Torrens St, 15206 Pittsburgh, Pennsylvania - United States (US)

The phone of the mentioned **Gym** is +1412-992-6554

And if you want to send a WhatsApp, you can do so at +1412-992-6554

Our service hours are:

Day Hours
Monday

7?AM–1?PM

Tuesday

6?AM–9?PM

Wednesday

6?AM–9?PM

Thursday

6?AM–9?PM

Friday

6?AM–9?PM

Saturday

6?AM–6?PM

Sunday

7?AM–1?PM

The website is LEG1ON Training & Performance

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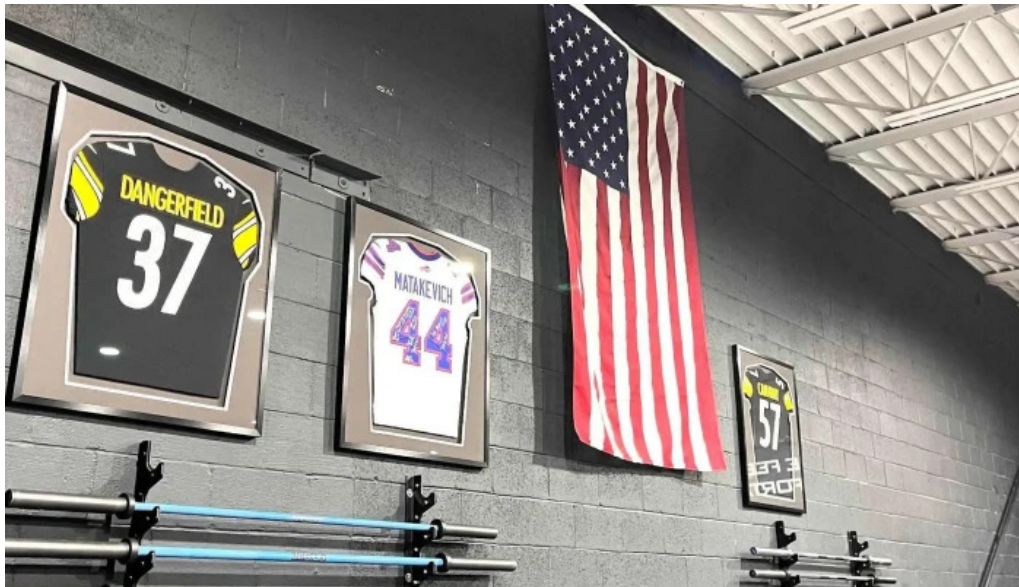
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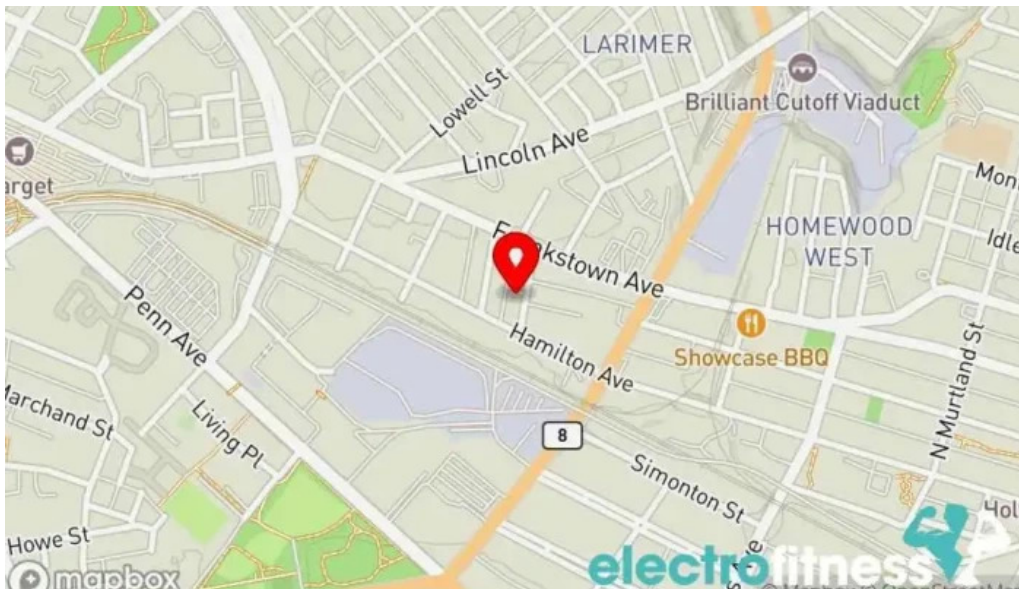
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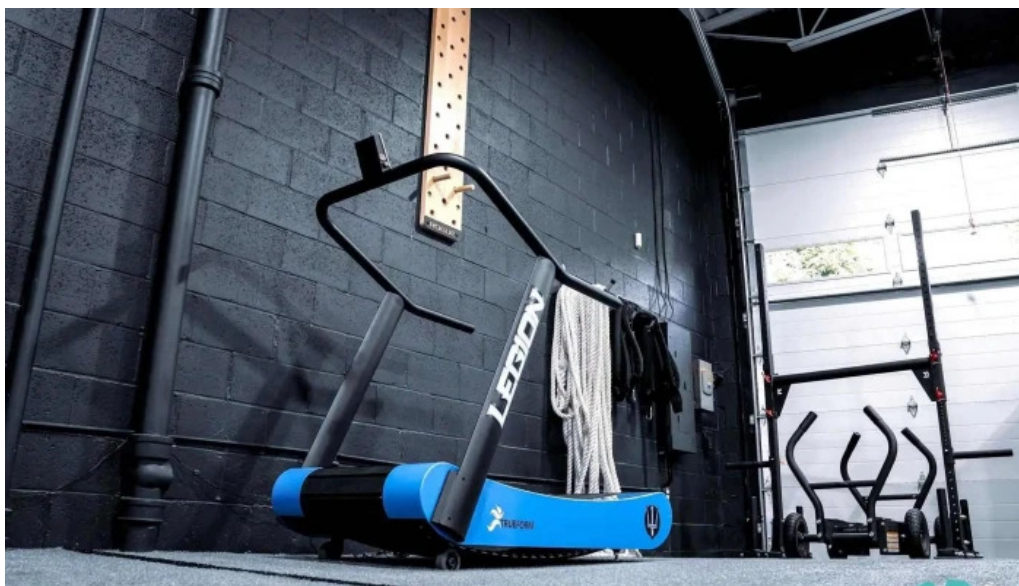
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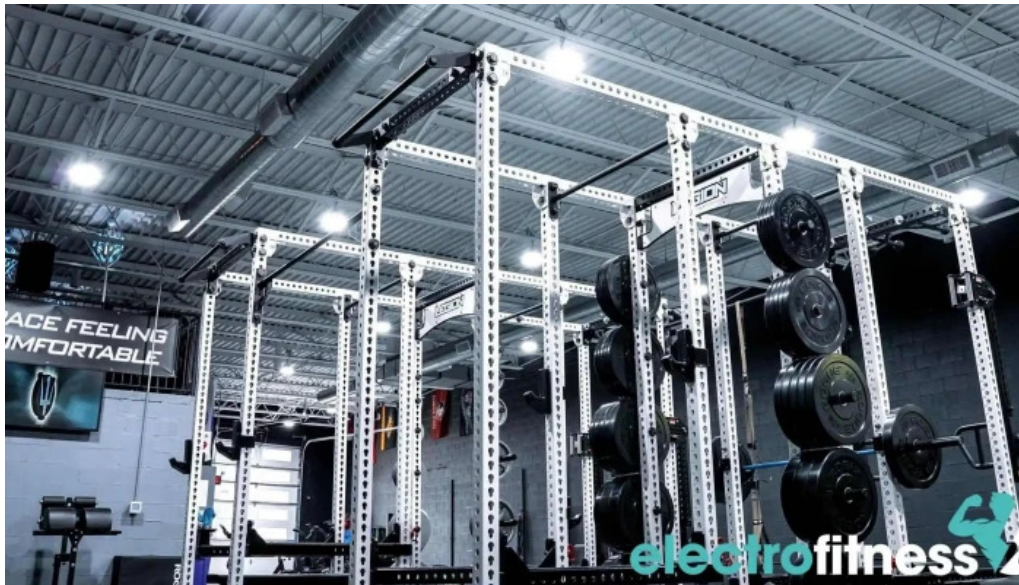
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Tags

Wheelchair-accessible car park, Accessibility

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Comments

Carol Hernandez	10-05-25 00:48
LEG1ON is a top-notch gym with coaches who really know their stuff. Bryan and his team go the	

extra mile to cater to clients, even designing personalized training programs (plus awesome extras like nutrition and athletic training).

The facility is spotless, too. I definitely suggest giving it a try!

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
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convenience store
counselor
country club
coworking space
cultural center

dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa

massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex

sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
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