

Crossroads Fitness Studio & Boutique - Powell

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Crossroads Fitness Studio & Boutique - Powell

Welcome to Crossroads Fitness Studio & Boutique in Powell, Tennessee

If you are looking for a fitness studio that embodies **accessibility**, quality service options, and an inclusive community, look no further than Crossroads Fitness Studio & Boutique. Nestled in the heart of Powell, TN, this gym offers a welcoming atmosphere where everyone can feel comfortable while achieving their fitness goals.

Accessibility Features

Crossroads prioritizes accessibility with a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**. This makes it easy for all members of the community to participate in classes and take advantage of on-site services.

A Variety of Classes and On-Site Services

The variety of classes available at Crossroads is truly remarkable. Whether you want to try **Zumba**, **Cardio Weights**, or even **Pound**, there's something for everyone. The instructors are not only knowledgeable but also create a fun, **No Judgement** zone that motivates members to push themselves and get in shape.

Online Classes for Flexibility

For those with busy schedules, Crossroads offers **online classes** along with morning and night sessions. This flexibility allows members to fit workouts into their hectic lives, ensuring that fitness remains a priority.

A Welcoming Atmosphere

Feedback from members highlights the warm, inviting environment at Crossroads. Newcomers feel welcomed from the moment they walk in, with staff and other members ready to encourage them. The sense of community fosters friendships, making workouts enjoyable and something to look forward to.

Instructors That Care

The instructors at Crossroads are dedicated not just to leading classes but to genuinely caring about each member's progress. Many members report significant weight loss and improved fitness because of the strong support and motivation provided by trainers like Sam and Ryan.

Join the Crossroads Community

Ready to take the plunge? Crossroads Fitness Studio & Boutique offers an array of classes tailored to all skill levels, ensuring everyone finds their niche. This diverse range of workouts combined with a supportive community creates an unbeatable fitness experience.

Visit Crossroads Fitness in Powell, TN, and discover your new fitness family today!

We are found at

1514 W Emory Rd, 37849 Powell, Tennessee - United States (US)

The contact line of said **Gym** is +1865-659-7842

And if you want to send a WhatsApp, you can do so at +1865-659-7842

We are available at these times:

Day Hours

Monday

8:30–11:30?AM 4:30–8:30?PM

Tuesday

5–6?AM 9:30?AM–11:30?PM

Wednesday

5–6?AM 9:30–11:30?AM 4:30–8:30?PM

Thursday

5–6?AM 9:30–11:30?AM 4:30–8:30?PM

Friday

8:30–10:30?AM

Saturday

8:30–10:30?AM

Sunday

Closed

The website is Crossroads Fitness Studio & Boutique

If you wish to alter any data that you believe is not precise about this web, we ask forward a message so that we will correct it as soon as possible. With anticipation thank you very much.

Images



Crossroads fitness studio boutique street view 360deg



Crossroads fitness studio boutique schedule



Crossroads fitness studio boutique reviews



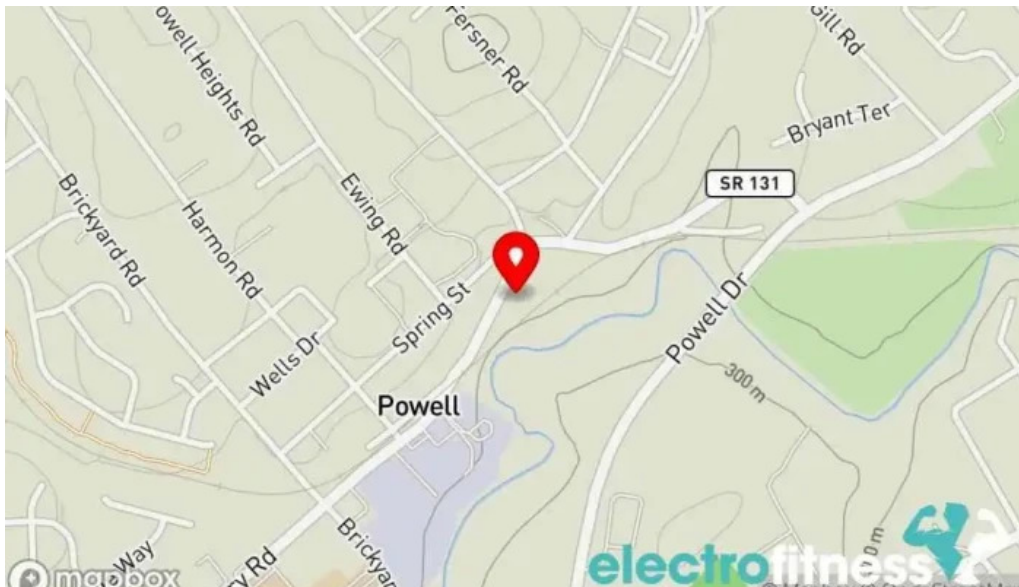
Crossroads fitness studio boutique powell



Crossroads fitness studio boutique open now



Crossroads fitness studio boutique number



Crossroads fitness studio boutique map



Crossroads fitness studio boutique location



Crossroads fitness studio boutique gym



Crossroads fitness studio boutique by owner



Crossroads fitness studio boutique area



Crossroads fitness studio boutique all

Tags

Wheelchair-accessible entrance, Online classes, Service options, Accessibility, On-site services, Wheelchair-accessible car park

Related content

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5.0 * *Boutique Fitness New Bedford - New Bedford*

5.0 * *Boutique Fitness Mattapoisett - Mattapoisett*

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4.9 *	<i>Zen Well Studio - White Plains</i>
5.0 *	<i>Aum Studio for Wellness - Alpharetta</i>
5.0 *	<i>Studio Ex Cycle & Group Fitness - Hyannis</i>

Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe

children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor

grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic

park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store

sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization