

Bruening Total Wellness Center - Quincy

quincy

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https://www.electrofitness.com/gym/quincy/bruening-total-wellness-center-quincy_199565.php



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Exploring the Gym Bruening Total Wellness Center in Quincy, Illinois

If you're looking for a comprehensive fitness experience, the **Gym Bruening Total Wellness Center** in Quincy, Illinois offers a unique blend of accessibility and wellness options for all individuals.

Accessibility Features

One of the standout features of this wellness center is its commitment to ensuring a welcoming environment for everyone, including those with mobility challenges.

Wheelchair-accessible Entrance

The **wheelchair-accessible entrance** is designed to provide easy access for all visitors. This thoughtful design helps ensure that everyone can enjoy the facilities without hindrance.

Wheelchair-accessible Car Park

In addition to the accessible entrance, the **wheelchair-accessible car park** makes it convenient for individuals with disabilities to visit the gym. Ample parking spaces are dedicated to those who need them, ensuring a hassle-free experience right from the moment you arrive.

A Focus on Wellness

The Gym Bruening Total Wellness Center doesn't just stop at accessibility; it also emphasizes a holistic approach to health and fitness. Whether you're participating in group classes, utilizing modern gym equipment, or seeking personalized training, this center caters to a wide range of wellness needs.

Conclusion

In summary, the Gym Bruening Total Wellness Center in Quincy serves as an excellent choice for anyone looking to enhance their wellness journey. With its **wheelchair-accessible entrance** and convenient **wheelchair-accessible car park**, it ensures that everyone has the opportunity to pursue their fitness goals in an accommodating environment.

We are positioned at

1210 N 24th St, 62301 Quincy, Illinois - United States (US)

The phone number of said **Gym** is +1217-223-6170

And if you want to send a WhatsApp, you can do so at +1217-223-6170

Our public attention hours are:

Day	Hours
Monday	8?AM–5?PM
Tuesday	8?AM–4:30?PM
Wednesday	Closed
Thursday	Closed

Friday
8?AM–5?PM
Saturday
9?AM–12?PM
Sunday
9?AM–1?PM 3–6?PM

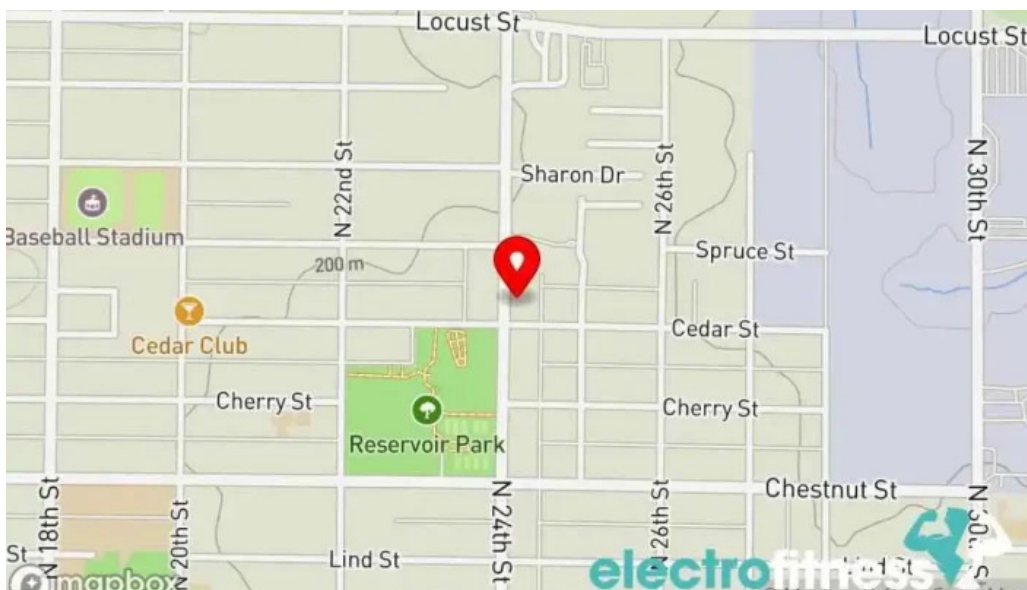
The website is [Bruening Total Wellness Center](#)

If you need to change any detail that you believe is not accurate concerning this page, we ask forward a message so that we will correct it as soon as possible. With anticipation thanks.

Images



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Bruening total wellness center map



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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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