

So Fit Club - Reading

reading

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reading

So Fit Club - Reading

Discover So Fit Club in Reading, Pennsylvania

If you're looking to transform your fitness journey, **So Fit Club** in Reading, Pennsylvania, offers an exceptional environment that prioritizes both physical and mental well-being. With a range of amenities designed to meet diverse needs, So Fit Club is the perfect place for anyone serious about improving their health.

Planning Your Fitness Journey

At So Fit Club, every member is supported through personalized planning.

Trainers like **Cashmere Banks** focus on individual goals, providing guidance and structure tailored to your specific needs. Whether you're struggling with weight loss or seeking to enhance your athletic performance, meticulous planning is key to success.

Amenities That Cater to Everyone

The club is equipped with various **amenities** that enhance the workout experience, including: **Basketball court:** Perfect for those who enjoy a competitive game or prefer cardio workouts that keep you engaged. **Sauna:** Relax and recover in the sauna after intense sessions, promoting muscle recovery and overall relaxation. **Toilet facilities:** Clean and accessible restrooms are available on-site, ensuring your comfort during every visit. **Wheelchair-accessible car park and entrance:** So Fit Club believes in accessibility for all, ensuring that everyone can enjoy their fitness journey without limitations. Membership at So Fit Club is required, but the value you gain from it is priceless. Members frequently comment on the supportive atmosphere that encourages personal growth and achievement.

Accessibility and Inclusion

The dedication to **accessibility** sets So Fit Club apart. The wheelchair-accessible features ensure that every individual, regardless of ability, can partake in fitness activities comfortably. This commitment to inclusivity fosters a sense of community and belonging among members.

Real Stories, Real Results

Many who have embarked on their fitness journeys at So Fit Club share transformative experiences. A mother discussed her son, who lost over 80 pounds under Cash's training, positively impacting his confidence and lifestyle. Another member highlighted how training helped him drop from 256 lbs to 188 lbs, drastically improving his quality of life and alleviating previous health concerns. Others emphasize the welcoming atmosphere, where members feel part of a family committed to mutual success. "It's not just a gym; it's a second home," one member exclaims, showcasing the emotional connection to this fitness community.

Join the So Fit Family Today!

In conclusion, if you're ready to embrace a healthier lifestyle, look no further than **So Fit Club**. With its stellar amenities, dedicated trainers, and a strong focus on planning and accessibility, it's a place where real change happens. Don't just get fit—get SO FIT! Join today and take the first step towards achieving your fitness goals in a supportive and motivating environment.

You can find us at

200 N Carroll St, 19611 Reading, Pennsylvania - United States (US)

The contact line of the respective **Gym** is +1484-793-2195

And if you want to send a WhatsApp, you can do so at +1484-793-2195

Our opening hours are:

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

The website is So Fit Club

If necessary to modify any element that you think is not correct regarding this page, please forward a message so that we will correct it at the earliest convenience. Thank you in advance thanks.

Images



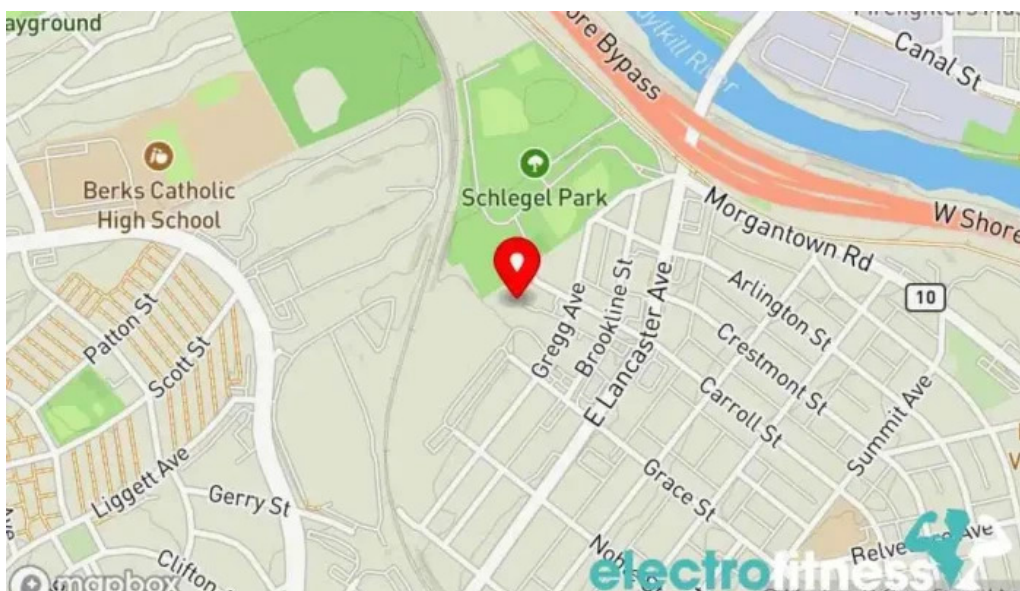
So fit club videos



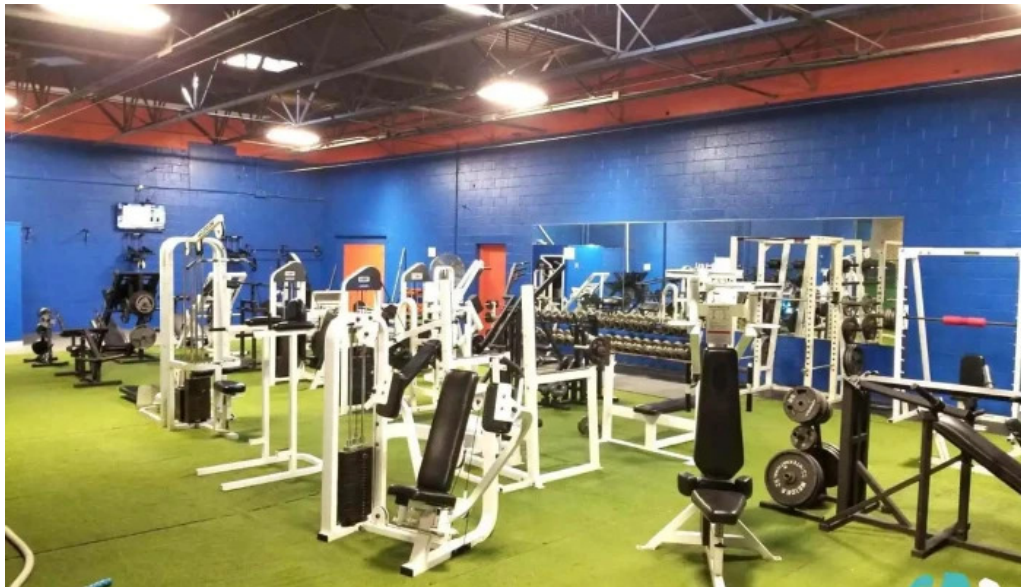
So fit club street view 360deg



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Tags

Toilet, Wheelchair-accessible entrance, Membership required, Accessibility, Planning, Basketball court, Amenities, Wheelchair-accessible car park, Sauna

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Comments

David Garcia

10-05-25 00:58

Outstanding team of coaches.. They will inspire you and help sculpt your physique into your desired goal body... #effortlessgains #fitnessgoals #stayfit #worthit

Mia Barnes

10-05-25 11:27

Cashmere Banks has truly been a game-changer for me in terms of my mindset and fitness goals. I can relate to the struggles that many people face - lack of time to work out, years of inactivity, or financial constraints. All of these were true for me as well. However, I reached a point where I wasn't happy with how I felt - my knees were hurting, I struggled to breathe after just a short walk.

My journey with Cashmere started back in June 2024 when I weighed 256 lbs with a BMI over 35. Today, I am proud to say that I weigh 188 lbs with a BMI of 28. Training with Cash has completely transformed my life. The gym has become like a second home to me. If you're looking to make a change for yourself, I highly recommend checking out So Fit! Cashmere Banks will help you reach your goals!

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boxing gym
boxing ring
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country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
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elementary school
exercise equipment store
facial spa
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fitness equipment wholesaler
food producer
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gymnastics center
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karate school
kennel
kickboxing school
kinesiologist
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massage therapist
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medical spa
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