

Crunch Fitness - Rocklin - Rocklin

rocklin

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Crunch Fitness - Rocklin - Rocklin

Crunch Fitness - Rocklin: A Comprehensive Overview

Welcome to Crunch Fitness located in the vibrant city of Rocklin, California! As a popular fitness destination, it offers an array of amenities and a supportive community that keeps members motivated. However, like any gym, it has its pros and cons.

Membership Requirements

Membership is required to access the facilities at Crunch Fitness Rocklin. Many members express satisfaction with the value they receive for the monthly fee,

which typically hovers around \$34. However, some reviews mention complications with the membership cancellation process, making it less user-friendly than expected. Members have reported issues when attempting to cancel their memberships, often citing a lack of communication from staff.

A Wheelchair-Accessible Entrance & Car Park

Crunch Fitness Rocklin ensures accessibility for all its members. The gym features a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****. This commitment to accessibility reflects the gym's dedication to being inclusive, allowing everyone to participate in fitness activities without barriers.

Amenities Galore

The gym boasts numerous amenities designed to enhance your workout experience. Members enjoy access to state-of-the-art fitness equipment, a spacious layout, and a clean environment. Notably, Crunch Fitness also offers free Wi-Fi, allowing you to stay connected while you work out or enjoy streaming workout videos during your session.

Community Vibe and Group Classes

A standout feature of Crunch Fitness Rocklin is its community vibe. Many members rave about the friendly staff and the welcoming atmosphere. Special commendations go to Janna, the general manager, and instructors like Trivia, known for her engaging Zumba classes. Trivia's classes are particularly popular, creating an energizing environment where individuals feel valued and excited to work out. Reviews highlight how her unique ability to connect with members fosters camaraderie, making the gym feel like a second home.

Planning Your Visit

While most reviews praise the gym's positive environment, there are occasional mentions of overcrowding, especially during peak hours (5 PM - 8 PM). If you're looking to avoid the rush, consider visiting in the early morning hours or late evening. Planning your visit can help you make the most of your experience at Crunch Fitness.

Conclusion

In summary, Crunch Fitness Rocklin provides a variety of amenities and a strong community atmosphere that many members cherish. While membership is required and the cancellation process could use improvement, the gym's commitment to accessibility and the vibrancy created by its staff and classes make it a worthwhile choice for many fitness enthusiasts. Keep these factors in mind as you plan your fitness journey at Crunch Fitness Rocklin!

We are situated in

6680 Lonetree Blvd, 95765 Rocklin, California - United States (US)

The phone number of this **Gym** is +1916-259-1599

And if you want to send a WhatsApp, you can do so at +1916-259-1599

We are open during the following hours:

Day	Hours
Monday	7?AM–7?PM
Tuesday	7?AM–7?PM
Wednesday	5?AM–12?AM
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	12?AM–11?PM

The website is Crunch Fitness - Rocklin

In case you want to modify any information that you feel is incorrect regarding this portal, please send a message so that we will correct it quickly. In advance thanks for your cooperation.

Images



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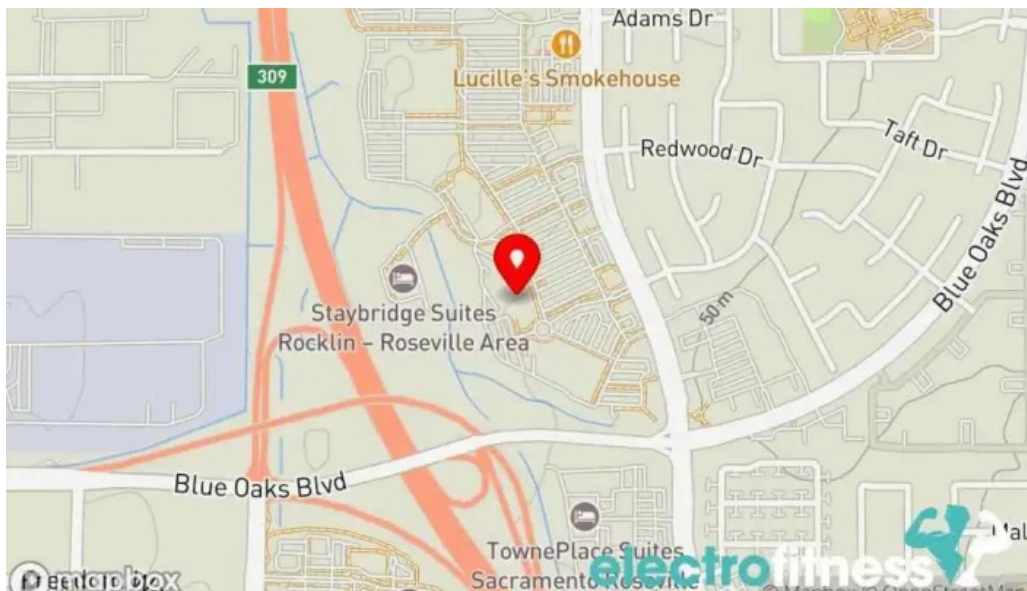
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Tags

Planning, Wheelchair-accessible car park, Wheelchair-accessible entrance, Wi-Fi, Membership required, Accessibility, Amenities

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