

## Vermont Sport & Fitness Club - Rutland

rutland

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rutland

### *Vermont Sport & Fitness Club - Rutland*

#### **Discovering Vermont Sport & Fitness Club: A Community Hub in Rutland**

Vermont Sport & Fitness Club (VS&F) is not just a gym; it's a cornerstone of the Rutland community. With an inviting atmosphere and a wide array of **\*\*amenities\*\***, this club offers an unparalleled fitness experience for all members.

#### **Outdoor Services and Facilities**

The club features stunning outdoor services, including well-maintained clay tennis courts that cater to players of all levels. This makes it an ideal spot for

both casual players and competitive enthusiasts. If you're looking to engage with nature while improving your game, VS&F offers something truly special.

## **Membership Required**

To enjoy all that VS&F has to offer, a **membership** is required. The investment in membership is well worth it, as you gain access to a clean, spacious environment filled with top-notch equipment and facilities tailored to meet diverse fitness needs.

## **Amenities Galore**

When discussing the **amenities** at Vermont Sport & Fitness, it's hard not to be impressed. Members can enjoy: - A **shower** facility - A **basketball court** and a tennis court - An **outdoor swimming pool** - A **child care** area for young ones while parents work out - A **wheelchair-accessible entrance** and car park, ensuring accessibility for all

## **An Inclusive and Welcoming Atmosphere**

What sets Vermont Sport & Fitness apart is its genuine community spirit. The owners, Dan and Leslie, prioritize creating an environment that is **LGBTQ+ friendly** and supportive for everyone. This commitment is reflected in the welcoming interactions between staff and members.

## **Accessibility and On-Site Services**

The club goes above and beyond to ensure accessibility with features like a **wheelchair-accessible car park** and an **assistive hearing loop** for those who need it. Members appreciate the clean, well-maintained facilities and the range of **on-site services** available.

## **Engaging Activities and Crowd**

With a schedule packed full of classes—ranging from yoga to spinning—and organized **tennis leagues**, there's something for everyone at VS&F. The vibrant **crowd** creates a motivating environment where members feel encouraged and empowered to reach their goals.

## **Free Parking Lot for Members**

One of the many perks of being a member at Vermont Sport & Fitness is the **free parking lot**, making access to the gym convenient and hassle-free.

## **Planning Your Fitness Journey**

Whether you're a seasoned athlete or just beginning your fitness journey, Vermont Sport & Fitness offers personalized training plans and orientations to help you set and achieve your goals. The knowledgeable trainers provide guidance and support throughout your journey. In conclusion, Vermont Sport & Fitness Club stands out as a premier destination for individuals seeking a **community-focused fitness experience** in Rutland. With its comprehensive

amenities, inclusive atmosphere, and dedication to member satisfaction, it's no wonder that this gym is considered the heart of fitness in the region. Whether you're there for a workout, a game of tennis, or simply to connect with friends, VS&F is the place to be.

### **We are at**

40 Curtis Ave, 05701 Rutland, Vermont - United States (US)

The contact line of this **Gym** is +1802-775-9916

And if you want to send a WhatsApp, you can do so at +1802-775-9916

### **We are open during the following hours:**

Day	Hours
Monday	7:30?AM–6?PM
Tuesday	7:30?AM–6?PM
Wednesday	5?AM–9:30?PM
Thursday	5?AM–9:30?PM
Friday	5?AM–9:30?PM
Saturday	5?AM–9:30?PM
Sunday	5?AM–9:30?PM

The website is Vermont Sport & Fitness Club

If you require to change any element that you consider is incorrect related to this site, we ask send us a message so we can we will handle it as soon as possible. Thank you in advance thank you very much.

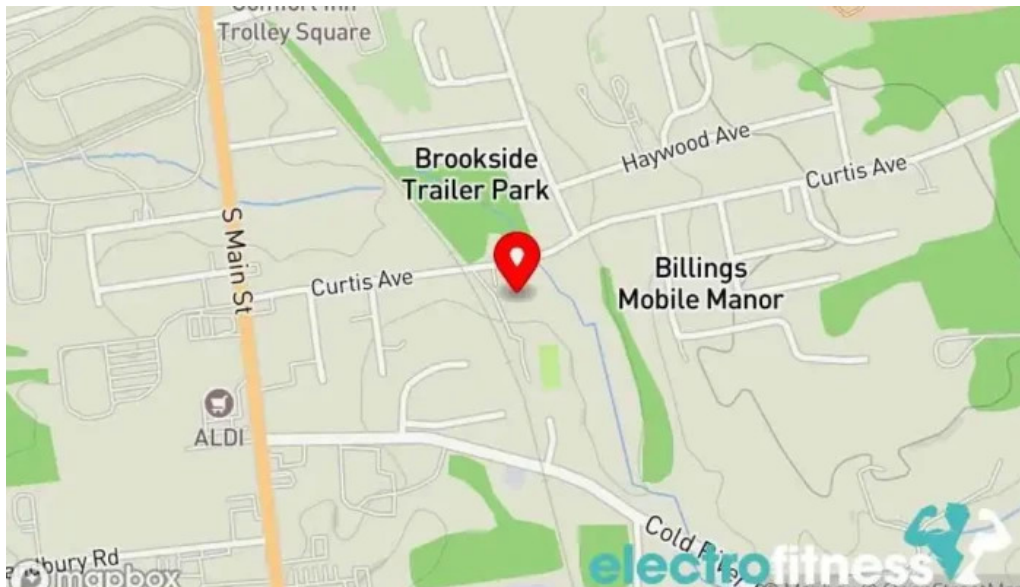
## **Images**



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## Tennis Club in Rutland, VT



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## Tags

*Assistive hearing loop, Shower, Membership required, On-site services, Basketball court, Service options, Crowd, Free parking lot, Has a tennis court, Accessibility, Wheelchair-accessible entrance, Parking, Child care, Planning, Wheelchair-accessible car park, Atmosphere, Outdoor services, LGBTQ+ friendly, Amenities*

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sports complex
sports medicine clinic
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weight loss service
weightlifting area
wellness center
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