

24 Hour Fitness - Sacramento

sacramento

☐ I'm not a robot 

Published on: 26/05/25	Hits: 6039
Comments: 0	See comments
Votes: 549	Score: 3.4

https://www.electrofitness.com/gym/sacramento/24-hour-fitness-sacramento_339525.php



sacramento

24 Hour Fitness - Sacramento

24 Hour Fitness: A Comprehensive Overview

Located in the heart of Sacramento, California, **24 Hour Fitness** is a well-known option for fitness enthusiasts. However, recent reviews indicate a mixed bag of experiences. Below, we will explore various aspects of this gym, including accessibility, amenities, atmosphere, and on-site services.

Accessibility and Amenities

The gym is generally accessible, featuring a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**. For those with mobility issues, there are also **wheelchair-accessible toilets**, allowing for convenience during visits. Membership is required to access the facilities, which include a **swimming pool**, sauna, and basketball court.

On-site Services and Offerings

Members can enjoy a range of **amenities** at 24 Hour Fitness. Onsite services include personal training and group classes. Notably, the **basketball court** provides a space for members who enjoy court sports. However, it has been reported that the availability of machines can be limited at peak times, making it difficult to access desired equipment.

Atmosphere and Cleanliness

Reviews suggest that the atmosphere can vary significantly. Some members appreciate the spacious layout, while others express frustration with the gym's cleanliness. Reports of **dirty locker rooms** and **overflowing trash cans** have been common, leading some to feel uncomfortable during their workouts. The **sauna** and pool area have also received negative feedback regarding maintenance, with smells and hygiene being frequent concerns.

Member Experiences

Several members have shared their displeasure with the organization and upkeep of equipment. Dumbbells and weights are often found scattered, indicating a lack of adherence to gym etiquette among users. This has led to frustration among those who value an organized workout environment. Moreover, some have reported issues with broken machinery and delayed maintenance, impacting their overall experience.

Staff and Customer Service

Member interactions with staff appear to be inconsistent. While some employees have been praised for their friendliness and helpfulness, others have been criticized for poor customer service. Instances of unprofessional behavior have been noted, including dismissive attitudes when addressing member concerns.

Final Thoughts

In summary, 24 Hour Fitness in Sacramento offers a variety of amenities and convenient features for its members. However, significant improvements are

needed in terms of cleanliness, equipment maintenance, and staff professionalism to enhance the overall experience. If you're considering this location, be prepared for a gym that might require a little patience and understanding but could still meet your fitness needs.

Our business is at

1314 Fulton Ave, 95825 Sacramento, California - United States (US)

The contact line of the respective **Gym** is +1916-925-7055

And if you want to send a WhatsApp, you can do so at +1916-925-7055

We open at the following schedule:

Day	Hours
Monday	5?AM–11?PM
Tuesday	5?AM–11?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–11?PM

The website is 24 Hour Fitness

If you require to alter any element that you believe is not precise related to this web, we ask send us a message so we can we will correct it promptly. Thanks beforehand thanks for your cooperation.

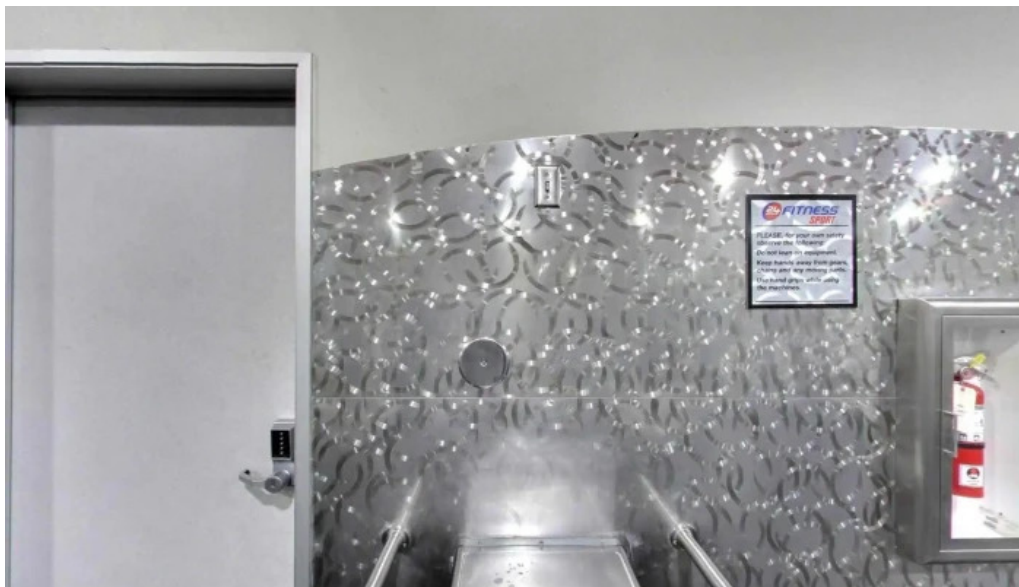
Images



24 hour fitness website



24 hour fitness videos



24 hour fitness street view 360deg



24 hour fitness sacramento



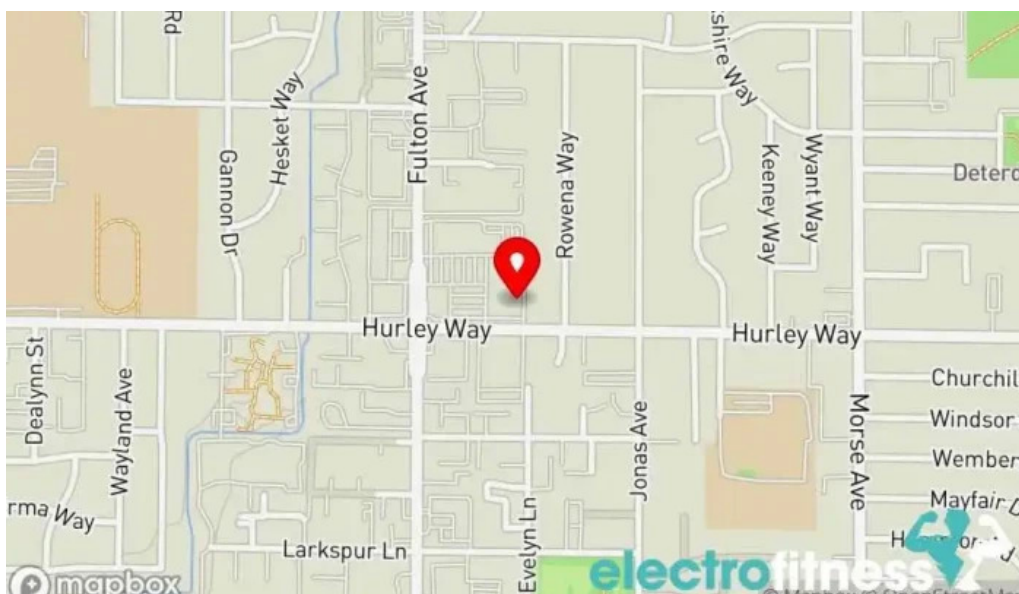
24 hour fitness promotion



24 hour fitness prices



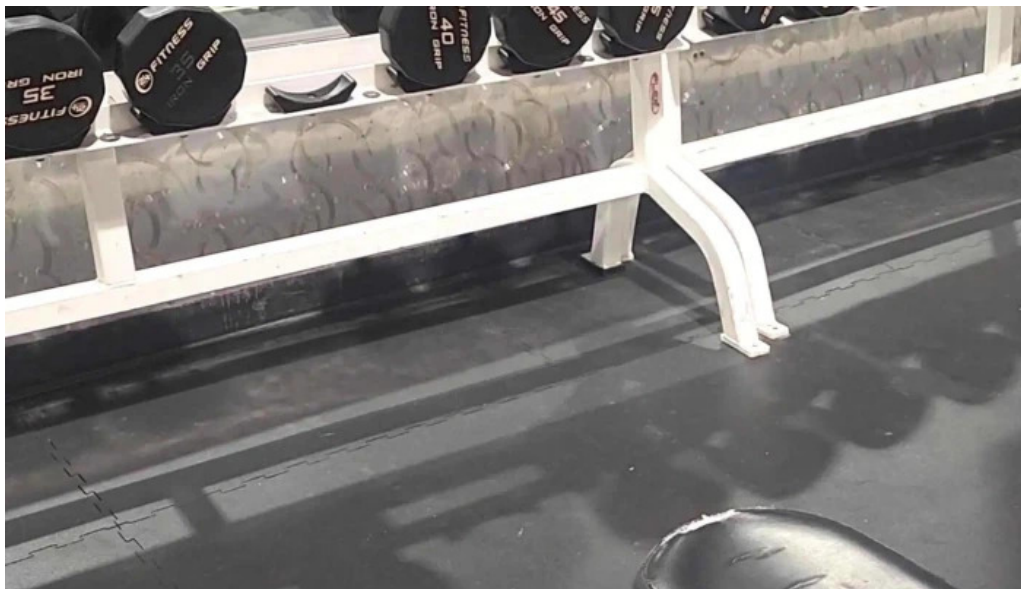
24 hour fitness open now



24 hour fitness map



24 hour fitness instagram



24 hour fitness gym



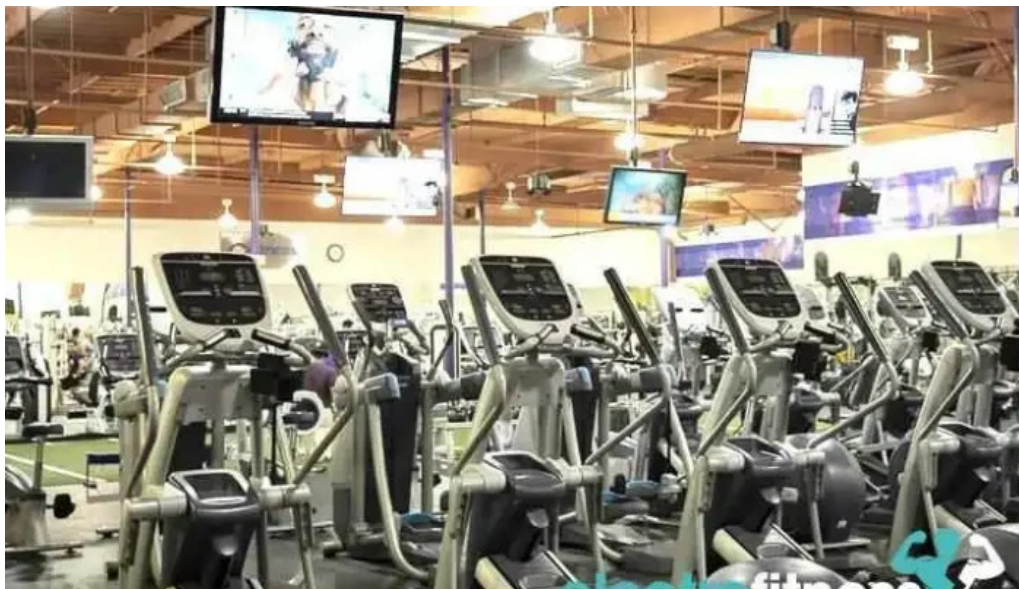
24 hour fitness catalog



24 hour fitness by owner



24 hour fitness area



24 hour fitness all

Tags

Basketball court, Service options, Accessibility, Swimming pool, On-site services, Wheelchair-accessible car park, Membership required, Amenities, Shower, Planning, Wheelchair-accessible toilet, Offerings, Atmosphere, Wheelchair-accessible entrance, Toilet, Sauna

Related content

3.8 * *24 Hour Fitness - San Jose*

3.7 * *24 Hour Fitness - Dallas*

3.0 * *24 Hour Fitness - Beaverton*

4.0 *	<i>24 Hour Fitness - San Jose</i>
3.6 *	<i>24 Hour Fitness - Arvada</i>
3.8 *	<i>24 Hour Fitness - Hillsboro</i>
3.4 *	<i>24 Hour Fitness - Walnut Creek</i>
3.7 *	<i>24 Hour Fitness - Beaverton</i>
3.5 *	<i>24 Hour Fitness - Cerritos</i>
3.7 *	<i>24 Hour Fitness - Apple Valley</i>

Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple

cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor

grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic

park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store

sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization