

## 24 Hour Fitness - San Jose

san jose

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## 24 Hour Fitness - San Jose

### Overview of 24 Hour Fitness in San Jose, California

Located in the heart of San Jose, 24 Hour Fitness offers a variety of amenities designed to support your fitness journey. However, recent feedback from gym-goers suggests that improvements are necessary to enhance the overall experience.

### Amenities and On-Site Services

This gym boasts an array of **\*\*amenities\*\*** catering to different fitness needs, including strength training equipment, free weights, and cardio machines.

Despite its offerings, many users have reported issues with broken machines, outdated equipment, and cleanliness concerns throughout the facility. While the gym does provide essential **\*\*on-site services\*\***, such as personal training, a significant number of users have pointed out that **\*\*membership\*\*** is required to access these services. Additionally, there are no swimming pools or saunas on the premises, which may disappoint those looking for full-scale wellness amenities.

## **Accessibility Features**

For individuals requiring special accommodations, the gym includes a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***. These features help ensure that all members can enjoy the workout facilities without hindrance.

## **Atmosphere and Community**

The overall **\*\*atmosphere\*\*** at 24 Hour Fitness is described as friendly and supportive, with many members appreciating the camaraderie among fellow gym-goers. Staff members are often singled out for their helpfulness and dedication to customer service. However, some users have noted that the gym can become overcrowded during peak hours, leading to frustration when equipment is unavailable.

## **Technology and Connectivity**

Many members have experienced problems with **\*\*Wi-Fi\*\*** connectivity, which has been reported to be unreliable. This has been a source of frustration, especially for those who rely on technology to track their workouts or stream fitness classes.

## **Shower and Locker Room Conditions**

Users have expressed concerns over the state of the shower and locker room facilities. Although the gym does offer showers, they often lack maintenance, which has led to complaints about cleanliness and functionality. Improvements in this area could significantly enhance member satisfaction.

## **Planning Your Visit**

When planning your visit to 24 Hour Fitness in San Jose, it's advisable to check the operating hours, as inconsistencies have been noted in the facility being open around the clock. Additionally, for those desiring outdoor services, it's important to note that this location does not feature outdoor workout areas or programs.

## **Conclusion**

In summary, while 24 Hour Fitness in San Jose continues to attract a loyal membership base thanks to its accessibility and community atmosphere, there

are clear areas for improvement concerning equipment maintenance, cleanliness, and service reliability. Prospective members should weigh these factors against their personal fitness needs before committing to a membership.

### **We are at**

2306 Almaden Rd #140, 95125 San Jose, California - United States (US)

The phone of said **Gym** is +1408-513-3398

And if you want to send a WhatsApp, you can do so at +1408-513-3398

### **We look forward to seeing you at:**

Day	Hours
Monday	5?AM–10?PM
Tuesday	5?AM–8?PM
Wednesday	8?AM–8?PM
Thursday	8?AM–8?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	5?AM–10?PM

The website is 24 Hour Fitness

If necessary to adjust any information that you feel is not accurate regarding this site, we ask send us a message and we will correct it at the earliest convenience. Thanks beforehand thanks.

## **Images**



*24 hour fitness videos*



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*24 hour fitness schedule*

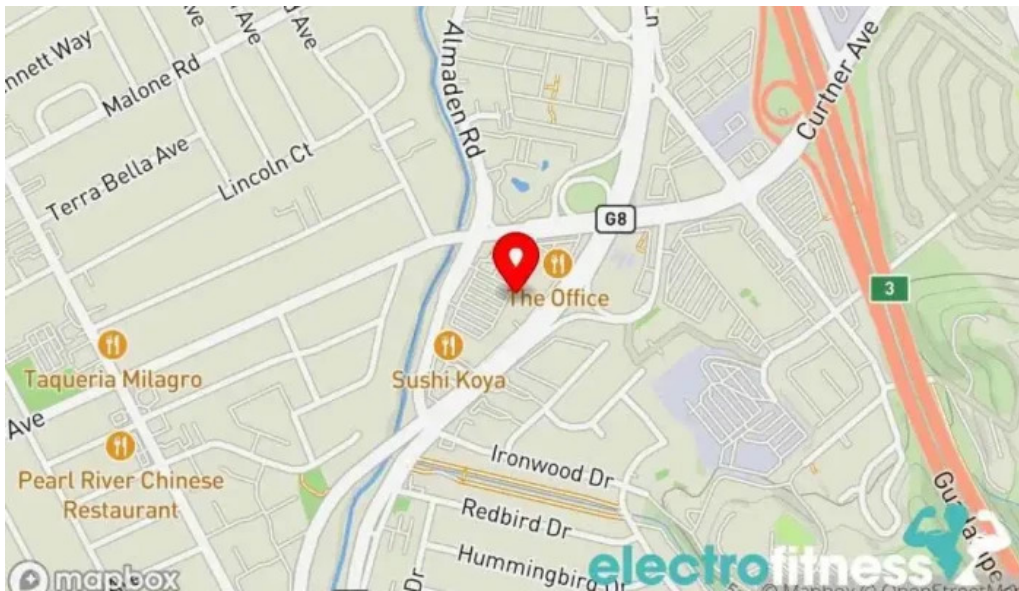


*24 hour fitness san jose*





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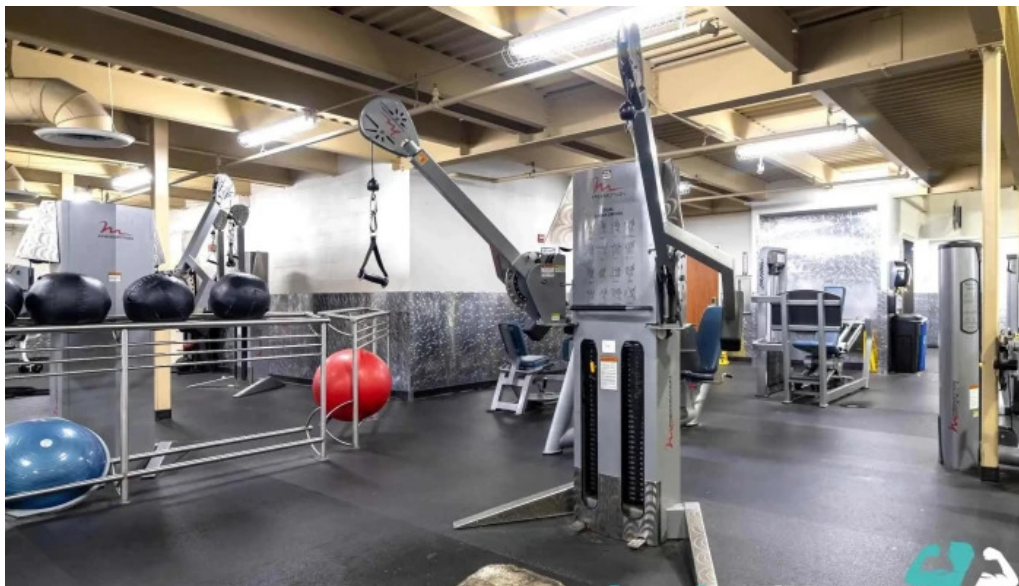


*24 hour fitness comments*





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## Tags

*Amenities, Atmosphere, Membership required, Swimming pool, On-site services, Service options, Wi-Fi, Shower, Planning, Accessibility, Outdoor services, Wheelchair-accessible entrance, Wheelchair-accessible car park*

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basketball court
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boot camp
boxing club
boxing gym
boxing ring
buddhist temple
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children's party service
chiropractor
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club
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community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
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disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club

gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
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hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
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medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
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outdoor sports store
outdoor swimming pool
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parking lot
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resort hotel
restaurant
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rv park
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school
school district office
self defense school
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