

American Barbell Clubs - San Jose

san jose

☐ I'm not a robot 
RECAPTCHA

Published on: 23/05/25	Hits: 1056
Comments: 0	See comments
Votes: 96	Score: 4.1

https://www.electrofitness.com/gym/san-jose/american-barbell-clubs-san-jose_328767.php



san jose

American Barbell Clubs - San Jose

American Barbell Clubs: A Comprehensive Review

Located in San Jose, California, **American Barbell Clubs** is a gym that appeals to serious fitness enthusiasts. This review takes into account various user experiences and highlights both the pros and cons of becoming a member.

Accessibility Features

For those concerned about accessibility, American Barbell Clubs provides a

wheelchair-accessible car park and a **wheelchair-accessible entrance**. This ensures that all individuals, regardless of mobility, can access the facilities with ease.

Membership Requirements

While the gym boasts an impressive selection of equipment and a welcoming atmosphere, it is important to note that **membership is required** to access its offerings. Reviews suggest that for the membership price, certain amenities could be improved.

Equipment and Maintenance

Members have praised the gym for its vast array of machines, free weights, and plenty of dumbbells and plates. However, some users reported issues with machine maintenance, stating that various machines have been out of service for weeks, which creates frustration during workouts.

Environmental Conditions

A recurrent theme in reviews mentions the gym's temperature control, with many members complaining about insufficient air conditioning. The lack of a comfortable workout environment has led to complaints about the gym feeling like a sauna at times.

Cleanliness and Amenities

While the equipment may be extensive, the cleanliness of the facilities, particularly the **downstairs bathrooms**, leaves much to be desired. Members have expressed their discontent over dirty floors and inadequate cleaning, indicating that improvements are necessary.

Staff and Customer Service

The reception staff, particularly a member named Martin, has received positive remarks for their welcoming attitude. However, some users have reported negative experiences concerning customer service and handling membership termination, indicating a need for better staff training.

Conclusion

In summary, American Barbell Clubs offers a solid choice for serious lifters in San Jose, thanks to its wide range of equipment and a friendly community of fitness enthusiasts. However, potential members should weigh the issues

related to maintenance, cleanliness, and customer service against the benefits of the gym before making a commitment. Overall, if you prioritize access to quality machines and a focused workout environment, this gym might just be the right fit for you.

The premises are located at

1887 Monterey Rd STE 100, 95112 San Jose, California - United States (US)

The contact phone of the mentioned **Gym** is +1408-271-2416

And if you want to send a WhatsApp, you can do so at +1408-271-2416

Our public attention hours are:

Day	Hours
Monday	5?AM–11?PM
Tuesday	5?AM–10?PM
Wednesday	6?AM–6?PM
Thursday	6?AM–6?PM
Friday	6?AM–2?PM
Saturday	5?AM–11?PM
Sunday	5?AM–11?PM

The website is American Barbell Clubs

In case you want to alter any element that you think is not accurate about this portal, we ask send us a message so we can we will adjust it at the earliest convenience. Thank you in advance we appreciate it.

Images



American barbell clubs videos



American barbell clubs street view 360deg



American barbell clubs schedule



American barbell clubs san jose



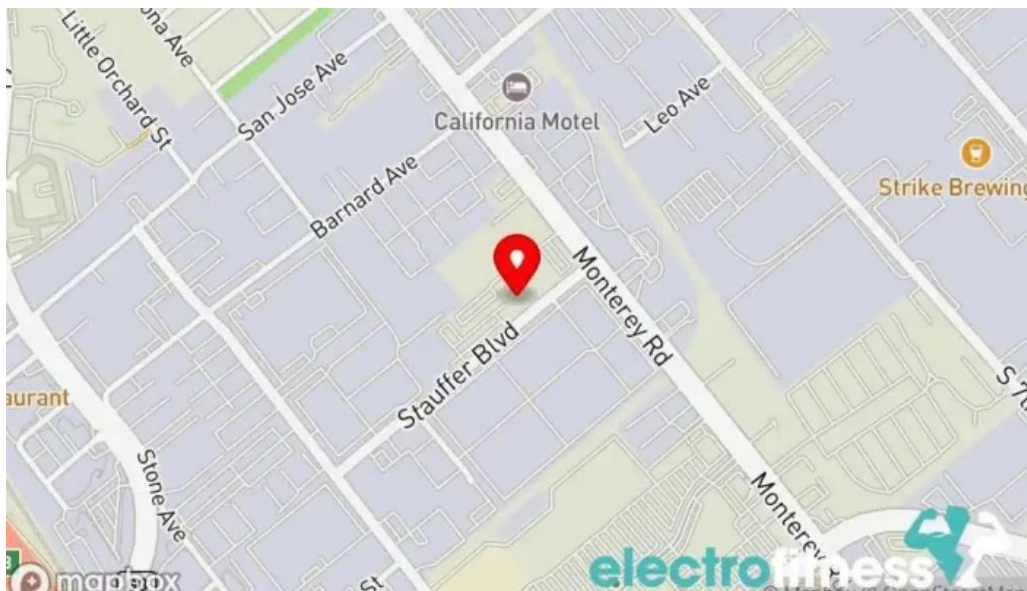
American barbell clubs reviews



American barbell clubs prices



American barbell clubs photos



American barbell clubs map



American barbell clubs gym



American barbell clubs comments



American barbell clubs by owner



American barbell clubs all

Tags

Wheelchair-accessible entrance, Membership required, Wheelchair-accessible car park, Accessibility, Planning

Related content

4.7 * *TruFit Athletic Clubs - Park North Center - San Antonio*

4.2 * *The Edge Fitness Clubs - Attleboro*

4.9 * *San Diego Barbell Club - San Diego*

3.7 * *Level Fitness Clubs - Pelham - Pelham*

4.9 *	<i>American Muscle & Fitness - Akron</i>
4.9 *	<i>American Martial Arts Academy - La Vale</i>
4.3 *	<i>American Fitness 24/7 - Murrells Inlet</i>
5.0 *	<i>Boston Barbell - North Billerica</i>
4.9 *	<i>Roswell Barbell - Roswell</i>
5.0 *	<i>Beyond Barbell Gym - Weiser</i>

Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor

church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school

gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy

physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school

taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization