

## Croga Fitness - Gym - San Jose

san jose

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## *Croga Fitness - Gym - San Jose*

### **Croga Fitness: Your Ultimate Gym Experience in San Jose, California**

If you are looking for a fitness community that offers more than just workouts, **Croga Fitness** in San Jose, California, is the ideal place for you. With amenities designed to accommodate everyone, including **gender-neutral toilets**, **wheelchair-accessible entrances**, and a **wheelchair-accessible car park**, Croga prioritizes inclusivity and accessibility.

### **Unmatched Amenities**

Croga Fitness provides state-of-the-art **on-site services**, including free **Wi-Fi** for members, enhancing your experience while you sweat it out. The gym is equipped with everything from weightlifting equipment to cardio machines, ensuring you have all you need for a complete workout. Consider participating in their engaging **outdoor services** which add variety to your fitness regime!

## **Membership and Community**

As a member of Croga Fitness, you are joining a vibrant community focused on motivation and support. Membership is required, but the benefits are endless. Whether you're a beginner or an experienced athlete, each class offers personalized coaching where workouts can be modified to fit your unique abilities and wellness goals.

## **Service Options that Cater to All**

Croga provides multiple **service options** tailored to various fitness levels. With a commitment to safety and proper technique, every session includes ample coach interaction, ensuring that all members receive guidance and encouragement along the way. The overall atmosphere is welcoming; you will feel like part of a family right from day one.

## **Flexible Online Classes**

In today's fast-paced world, Croga recognizes the need for flexibility. Their **online classes** allow you to stay connected with the community and maintain your fitness routine, no matter where you are. This is perfect for those who may not always make it to the gym in person.

## **The Power of Community Support**

Feedback from members attests to the supportive environment at Croga Fitness. From the moment you enter, you will notice how friendly everyone is—from coaches to fellow members. Many have expressed gratitude for the camaraderie they found here. This sense of belonging is palpable, making it easy to meet new friends and enjoy workouts together.

## **Your Journey Awaits**

Joining Croga Fitness is not just about lifting weights; it's about transforming your lifestyle. As many members have shared, this gym has been a catalyst for personal growth and significant health improvements. If you're curious about CrossFit or just want a fresh fitness perspective, the complimentary introductory

classes allow potential members to explore the offerings without any commitment.

So whether you're looking to improve your strength, gain energy and focus, or simply find a new community, Croga Fitness stands as a shining beacon of health and wellness in San Jose. Take the leap and join the family—you won't regret it!

### **We are found at**

*1547 Meridian Ave, 95125 San Jose, California - United States (US)*

The contact line of said **Gym** is +1408-351-2149

And if you want to send a WhatsApp, you can do so at +1408-351-2149

### **We look forward to seeing you at:**

Day Hours  
Monday

*5?AM–6:30?PM*

Tuesday

*5?AM–6:30?PM*

Wednesday

*7–10?AM*

Thursday

*Closed*

Friday

*5?AM–6:30?PM*

Saturday

*5?AM–6:30?PM*

Sunday

*5?AM–6:30?PM*

The website is [Croga Fitness - Gym](#)

If necessary to modify any data that you feel is not accurate concerning this web, we kindly request forward a message so that we will correct it promptly.

Thanks beforehand thank you very much.

## **Images**



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*Croga fitness gym san jose*



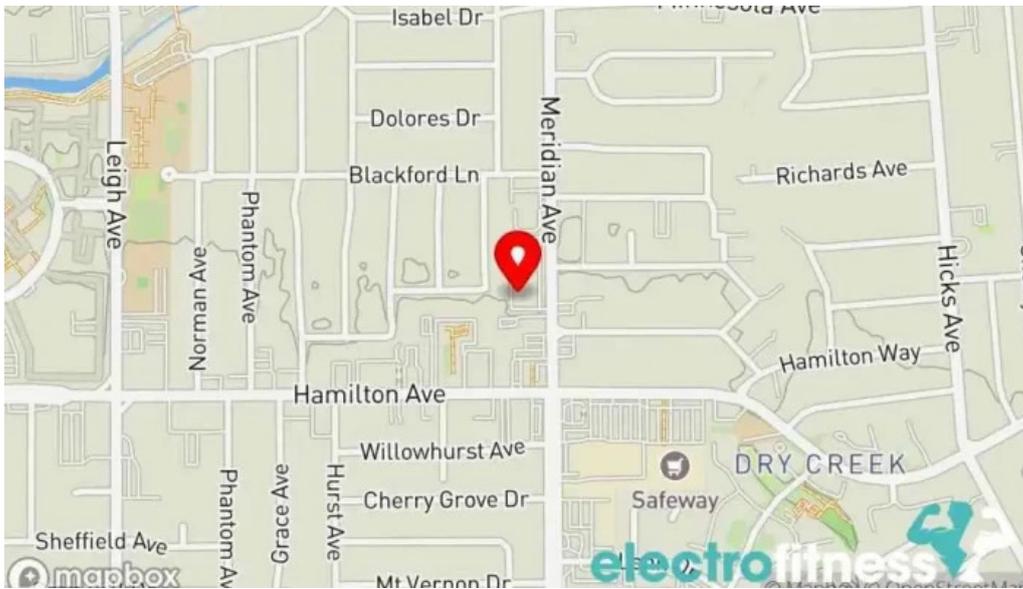
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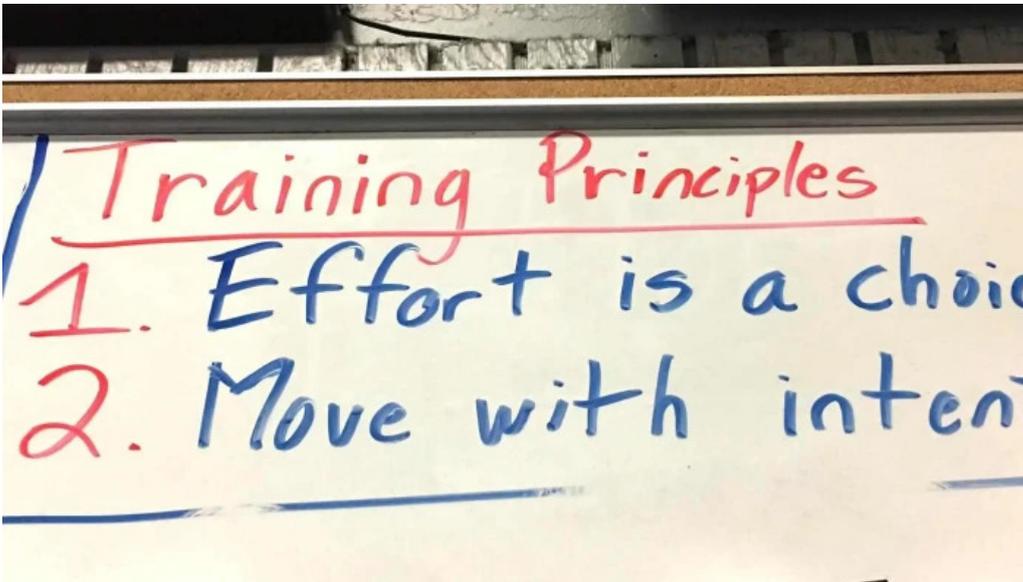
*Croga fitness gym comments*



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Croga fitness gym all



Croga fitness gym address

## Tags

*Wi-Fi, Outdoor services, Planning, On-site services, Online classes, Accessibility, Wheelchair-accessible car park, Membership required, Service options, Gender-neutral toilets, Toilet, Amenities, Wheelchair-accessible entrance*

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<b>4.4 *</b>	<i>Hotworx - San Antonio, Tx - Alamo Heights - San Antonio</i>
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academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe

children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club

gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot

personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
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swimming instructor

swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization