

Electro Fitness: Best Electro Fitness

Focus Fitness Club - San Jose

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Focus Fitness Club - San Jose

Welcome to Gym Focus Fitness Club in San Jose, California

Gym Focus Fitness Club is an excellent choice for fitness enthusiasts looking to get in shape while enjoying a supportive environment. Located in San Jose, California, this gym has become a staple for many locals thanks to its commitment to accessibility and quality service.

Accessibility Features

One of the standout features of the Gym Focus Fitness Club is its

wheelchair-accessible car park and **wheelchair-accessible entrance**. This
makes it easier for individuals with mobility challenges to have a smooth
experience as they work on their fitness goals. The club takes pride in its

planning for accessibility that caters to all members of the community,
ensuring that everyone can have their workout without barriers.

Flexible Membership Options

While **membership required** at Gym Focus, many patrons find the investment worthwhile. With recent adjustments in their operating hours, members can enjoy more flexibility, allowing them to visit the gym late at night when it's less crowded. The ability to avoid peak hours makes it easier to access equipment and complete workouts without delays. While some reviews hint at issues with membership cancellation, the overall sentiment is that the value offered is quite substantial.

Equipment and Facilities

Gym Focus boasts a wide variety of equipment, making it suitable for all fitness levels—from beginners to seasoned athletes. Members appreciate the spacious layout and the cleanliness of the facilities. Many have highlighted that even during peak hours, there's typically enough equipment available to avoid waiting times. For those who enjoy a post-workout treat, the **smoothie bar** provides a delightful selection of options to aid in recovery. The staff are also known for being friendly and helpful, adding to the welcoming atmosphere.

Community Environment

The sense of community at Gym Focus is palpable. Many users have praised the supportive environment, where members encourage each other without judgment. The camaraderie among guests and helpful staff creates an inviting space perfect for both personal workouts and group classes.

Conclusion

In summary, Gym Focus Fitness Club in San Jose stands out for its commitment to accessibility, quality equipment, and a friendly atmosphere. While there may be areas for improvement, especially regarding membership management, the overall experience remains positive for most members. Whether you're new to fitness or a seasoned pro, this gym is a fantastic place to start achieving your fitness goals.

Our business is found at

868 Blossom Hill Rd, 95123 San Jose, California - United States (US)

The contact line of this **Gym** is +1408-224-2700

We are open during the following hours:

Day Hours Monday Open 24 hours Tuesday Open 24 hours Wednesday 6?AM-6?PM Thursday 6?AM-6?PM Eriday 6?AW-2?PM Saturday Open 24 hours Sunday Open 24 hours

The website is Focus Fitness Club

If you need to alter any information that you think is not accurate about this web, please deliver a message so that we will adjust it as soon as possible. In advance thank you very much.





Focus fitness club street view 360deg



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Focus fitness club gym



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Tags

Planning, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Membership required

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