

## Healthy Nutrition Fitness & Accesories - San Jose

san jose

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|------------------------|--------------|
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## *Healthy Nutrition Fitness & Accesories - San Jose*

### **Gym Healthy Nutrition Fitness & Accessories in San Jose, California**

Located in the heart of San Jose, **Gym Healthy Nutrition Fitness & Accessories** offers a unique experience for fitness enthusiasts and health-conscious individuals alike. This gym is not just a place to work out; it's a comprehensive wellness destination that caters to various needs.

### **A Wheelchair-Accessible Facility**

Accessibility is a top priority at Gym Healthy Nutrition. The facility features a **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey without barriers. This commitment to inclusivity is appreciated by all members, providing peace of mind while focusing on health goals.

## **Welcoming Atmosphere**

Visitors consistently praise the **excellent atmosphere** of the gym. One member noted, "It is a very beautiful place where we can find a great variety of things." This sentiment reflects the effort put into creating a welcoming environment for everyone. From the friendly staff to the vibrant decor, the gym feels like a community hub.

## **Exceptional Service**

Great service is a hallmark of this facility. Clients have remarked on the "good drinks" and the overall **great service** provided. Many have expressed their eagerness to return for specific offerings, such as the delicious tea and the renowned milkshakes. As one satisfied visitor shared, "The best milkshakes!! Friendly treatment and pleasant atmosphere!"

## **Nutrition Monitoring and Support**

The gym also excels in nutrition guidance. With **excellent attention and monitoring** of individual eating plans, members are well-supported in achieving their health objectives. Feedback highlights the effectiveness of this support: "Thanks for your great help," one client stated, underscoring the positive impact of personalized nutrition strategies on their fitness journey.

## **Your Next Destination for Health and Fitness**

If you're in San Jose, consider visiting Gym Healthy Nutrition Fitness & Accessories. With its focus on accessibility, friendly atmosphere, and supportive services, it's the perfect place to enhance your fitness experience. You might find yourself returning not just for the workouts but for the vibrant community that awaits!

## **The location of our premises is**

1783 Alum Rock Ave, 95116 San Jose, California - United States (US)

The phone of said **Gym** is +1650-218-2171

And if you want to send a WhatsApp, you can do so at +1650-218-2171

## Our public attention hours are:

Day Hours

Monday

6?AM–7?PM

Tuesday

6?AM–7?PM

Wednesday

6?AM–4?PM

Thursday

6?AM–12?PM

Friday

6?AM–7?PM

Saturday

6?AM–7?PM

Sunday

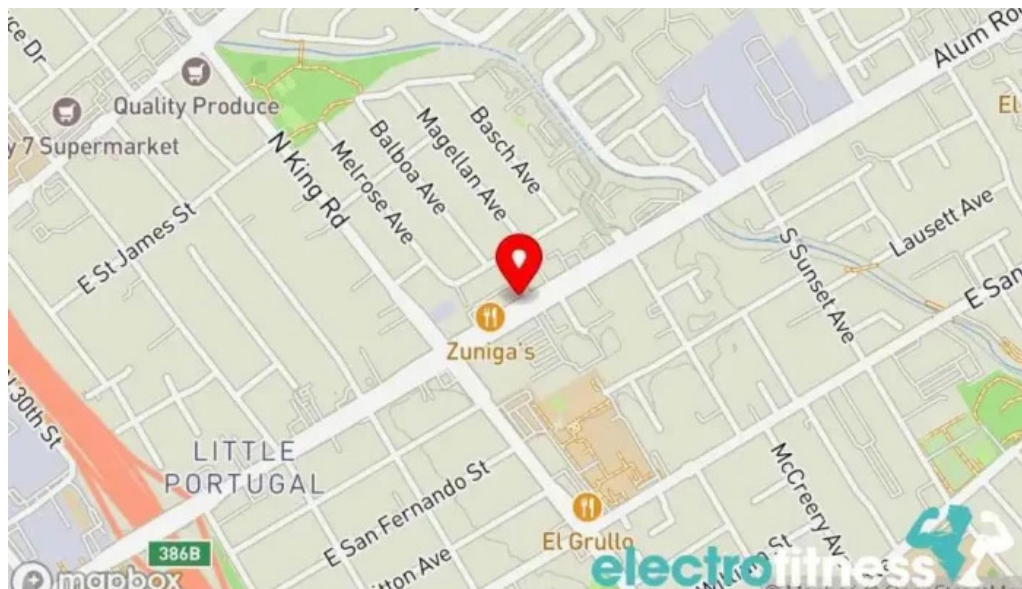
6?AM–7?PM

If you require to update any detail that you feel is not correct about this page, please forward a message and we will handle it at the earliest convenience. Thanks beforehand thanks for your cooperation.

## Images



*Healthy nutrition fitness accesories san jose*

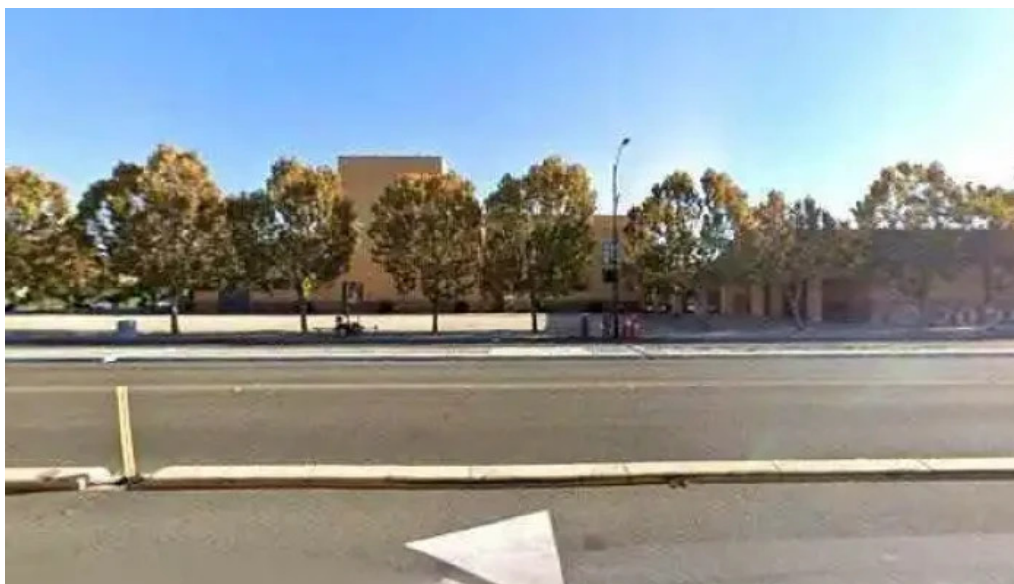


*Healthy nutrition fitness accesories map*



*Healthy nutrition fitness accesories gym*





*Healthy nutrition fitness accesories all*

## Tags

*Accessibility, Wheelchair-accessible car park*

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|--------------|--|
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## Categories

|                     |
|---------------------|
| academic department |
| acupuncture clinic  |

|                            |
|----------------------------|
| after school program       |
| aikido school              |
| amusement center           |
| amusement park ride        |
| animal feed store          |
| apartment building         |
| apartment complex          |
| aquatic centre             |
| arena                      |
| art gallery                |
| association / organization |
| athletic club              |
| auditorium                 |
| bar                        |
| barber shop                |
| basketball club            |
| basketball court           |
| batting cage center        |
| body shaping class         |
| boot camp                  |
| boxing club                |
| boxing gym                 |
| boxing ring                |
| buddhist temple            |
| cafe                       |
| children's party service   |
| chiropractor               |
| church                     |
| club                       |
| coffee shop                |
| college                    |
| community center           |
| convenience store          |
| corporate office           |
| counselor                  |
| country club               |
| coworking space            |
| cultural center            |
| dance club                 |
| dance company              |
| dance school               |
| day spa                    |

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| department store                             |
| disability services and support organization |
| disc golf course                             |
| discount store                               |
| dive shop                                    |
| dollar store                                 |
| educational institution                      |
| electric utility company                     |
| elementary school                            |
| exercise equipment store                     |
| facial spa                                   |
| fertility clinic                             |
| firearms academy                             |
| fitness                                      |
| fitness center                               |
| fitness equipment wholesaler                 |
| food producer                                |
| foot care                                    |
| fountain                                     |
| gated community                              |
| golf club                                    |
| golf course                                  |
| golf instructor                              |
| grocery store                                |
| gun club                                     |
| gym  |
| gymnasium school                             |
| gymnastics center                            |
| gymnastics club                              |
| hair salon                                   |
| health consultant                            |
| health food restaurant                       |
| health food store                            |
| health spa                                   |
| hiking area                                  |
| historical landmark                          |
| hospital                                     |
| hotel  |
| ice skating rink                             |
| indoor cycling                               |
| indoor golf course                           |
| indoor lodging                               |

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| jujitsu school                      |
| karate club                         |
| karate school                       |
| kennel                              |
| kickboxing school                   |
| kinesiologist                       |
| kinesiotherapist                    |
| martial arts club                   |
| martial arts school                 |
| massage spa                         |
| massage therapist                   |
| medical clinic                      |
| medical group                       |
| medical spa                         |
| meditation center                   |
| metaphysical supply store           |
| muay thai boxing gym                |
| non-profit organization             |
| nutritionist                        |
| outdoor clothing and equipment shop |
| outdoor sports store                |
| outdoor swimming pool               |
| park                                |
| parking lot                         |
| parkour spot                        |
| personal trainer                    |
| pharmacy                            |
| physical fitness program            |
| physical therapist                  |
| physical therapy clinic             |
| pickleball court                    |
| pilates studio                      |
| private golf course                 |
| psychotherapist                     |
| public educational institution      |
| public library                      |
| public swimming pool                |
| recreation center                   |
| rehabilitation center               |
| resort hotel                        |
| restaurant                          |
| rock climbing                       |



|                             |
|-----------------------------|
| rock climbing gym           |
| rv park                     |
| sauna                       |
| school                      |
| school district office      |
| self defense school         |
| senior citizen center       |
| shooting range              |
| shopping mall               |
| soccer club                 |
| social club                 |
| software company            |
| spa                         |
| spa and health club         |
| sporting goods store        |
| sports club                 |
| sports complex              |
| sports massage therapist    |
| sports medicine clinic      |
| sports nutrition store      |
| sports school               |
| summer camp organizer       |
| supermarket                 |
| swimming facility           |
| swimming instructor         |
| swimming pool               |
| swimming school             |
| taekwondo school            |
| tanning salon               |
| tennis club                 |
| thrift store                |
| training centre             |
| vitamin & supplements store |
| water park                  |
| weight loss service         |
| weightlifting area          |
| wellness center             |
| wellness program            |
| women's organization        |
| women's personal trainer    |
| wrestling school            |
| yoga instructor             |

|                    |
|--------------------|
| yoga studio        |
| youth center       |
| youth organization |