

## Hills Training - San Jose

san jose

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san jose

## Hills Training - San Jose

### Discover Hills Training in San Jose, California

Hills Training is a unique gym experience located in San Jose, California, that offers a family-friendly atmosphere and a commitment to inclusivity. This Black, Asian, and Latino-owned establishment stands out not only for its diverse ownership but also for its welcoming approach to fitness.

### Amenities That Matter

At Hills Training, you'll find a variety of **\*\*amenities\*\*** designed to cater to everyone's needs: - **\*\*Swimming Pool\*\***: Perfect for low-impact workouts and

relaxation. - **\*\*Wheelchair-accessible Car Park\*\***: Ensuring easy access for all guests. - **\*\*Wheelchair-accessible Entrance\*\***: Everyone deserves a chance to work out. - **\*\*Free Parking Lot\*\***: Enjoy the convenience of no-cost parking. - **\*\*On-site Services\*\***: Offering personal training and group classes. - **\*\*Gender-neutral Toilets\*\***: Promoting inclusivity for all genders. - **\*\*Free of Charge Street Parking\*\***: Alternative parking options available for visitors.

## **Family-Oriented Environment**

Families are at the heart of Hills Training. The gym features programs specifically for children, including kickboxing and youth fitness classes. Kids can learn self-defense and have fun in a supportive environment, making it easier for parents to get their workouts in as well. With available waiting areas and activities for younger siblings, Hills Training prioritizes a stress-free experience for families.

## **Accessibility & Online Classes**

For those who may face challenges making it to the gym, Hills Training provides **\*\*online classes\*\*** that allow participants to work out from home. This flexibility is a blessing for busy parents and professionals. Whether you're just starting your fitness journey or are an experienced athlete, these classes accommodate all fitness levels.

## **Community Support & Encouragement**

Hills Training goes beyond just being a gym; it embodies a supportive community. Clients often speak of the uplifting atmosphere filled with positive vibes, where members cheer each other on and feel motivated to push themselves. From personal stories of weight loss to skill development, the trainers at Hills Training are dedicated to fostering a judgment-free zone.

## **Why Choose Hills Training?**

Choosing Hills Training means embracing a lifestyle that promotes health, fitness, and a sense of belonging. With a focus on respect, unity, and professional guidance, clients feel encouraged every step of the way. The Hill family—Isaiah and Marica—dedicate their passion for fitness to ensure that everyone, regardless of age or ability, has the opportunity to thrive. Join the Hills Training family today and transform not just your body, but your entire approach to fitness! Whether you're looking for **\*\*personal training\*\***, group classes, or just a place where you and your family can feel at home while getting fit, Hills Training is the right choice for you.

## **You can find us in**

1783 Alum Rock Ave Suite 40, 95116 San Jose, California - United States (US)

The phone number of this **Gym** is +1408-600-7602

And if you want to send a WhatsApp, you can do so at +1408-600-7602

### Our service hours are:

Day Hours  
Monday

4–8:30?PM

Tuesday

4–8:30?PM

Wednesday

Closed

Thursday

Closed

Friday

Closed

Saturday

4–8:30?PM

Sunday

4–8:30?PM

The website is Hills Training

In case you want to update any data that you feel is not precise about this site, please send a message so that we will correct it as soon as possible.  
Thanks beforehand thank you very much.

### Images



*Hills training videos*



*Hills training street view 360deg*



*Hills training score*





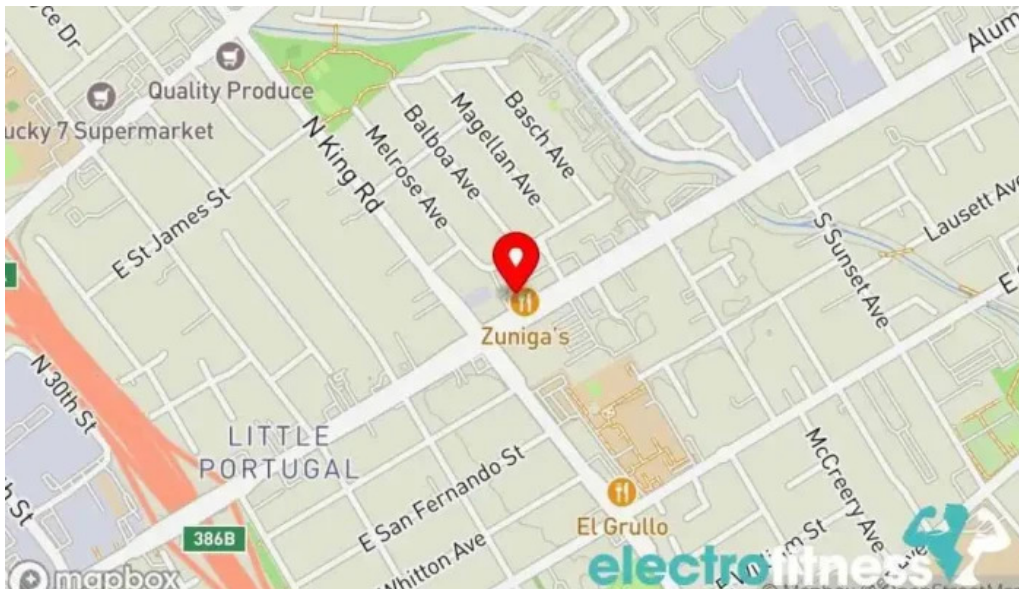
*Hills training san jose*



*Hills training photos*



*Hills training number*



*Hills training map*

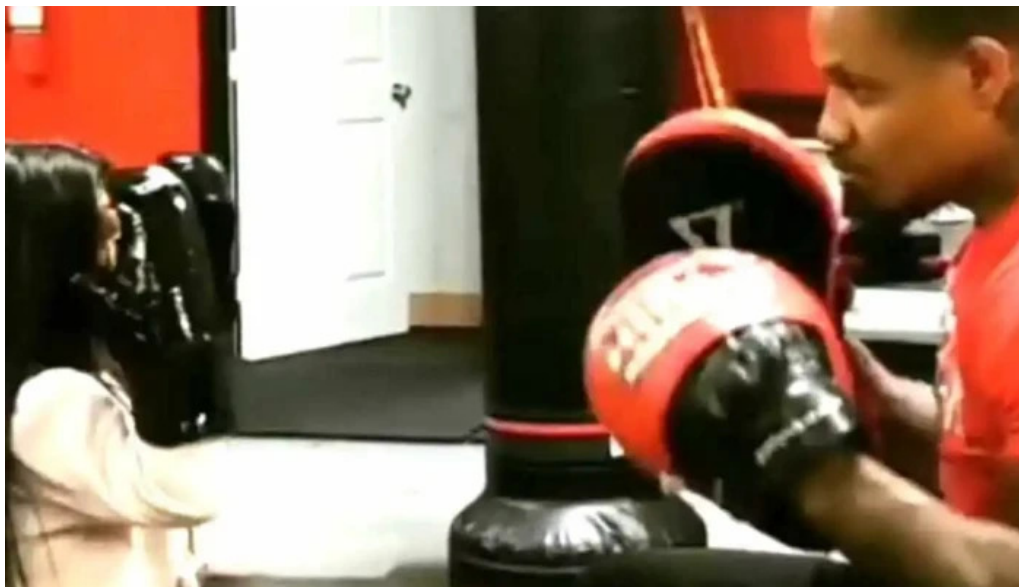


*Hills training location*



*Hills training gym*





*Hills training by owner*



*Hills training area*





*Hills training all*

## Tags

*On-site parking, Gender-neutral toilets, Swimming pool, Free of charge street parking, From the business, Identifies as Black-owned, Toilet, Identifies as Asian-owned, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Parking, On-site services, Identifies as Latino-owned, Service options, Wheelchair-accessible seating, Amenities, Online classes, Free parking lot*

## Related content

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**4.4 \*** *San Carlos Fitness - San Diego*

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**4.2 \*** *Crunch Fitness - San Pedro - San Antonio*

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**3.7 \*** *Gold's Gym San Antonio The Quarry - San Antonio*

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**4.9 \*** *Hardcore Fitness Agoura Hills - Agoura Hills*

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**3.8 \*** *Gold's Gym San Antonio Alamo Heights - San Antonio*

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**4.4 \*** *Hotworx - San Antonio, Tx - Alamo Heights - San Antonio*

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**4.9 \*** *HASfit Personal Trainer San Antonio - San Antonio*

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**4.8 \*** *Lifestyle Health Services Med Spa - Agoura Hills Weight Loss, Iv Therapy & Hydrafacial - Agoura Hills*

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center

dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel



ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center

rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program

women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization