

## Orangetheory Fitness - San Jose

san jose



I'm not a robot



RECAPTCHA

Published on: 24/05/25	Hits: 424
Comments: 0	See comments
Votes: 53	Score: 4.8

[https://www.electrofitness.com/gym/san-jose/orangetheory-fitness-san-jose\\_329587.php](https://www.electrofitness.com/gym/san-jose/orangetheory-fitness-san-jose_329587.php)



*san jose*

## *Orangetheory Fitness - San Jose*

### **Exploring Orangetheory Fitness in San Jose, California**

Orangetheory Fitness (OTF) is a fantastic gym located in San Jose, California. Known for its unique approach to fitness, OTF offers an energizing environment that motivates individuals at all fitness levels. The studio features modern equipment and well-planned classes that ensure a comprehensive workout experience.

### **Accessibility and Amenities**

For those concerned about **accessibility**, the Orangetheory Fitness location in San Jose is equipped with a **wheelchair-accessible entrance** and provides a **wheelchair-accessible toilet**. Patrons can also take advantage of a **wheelchair-accessible car park**, ensuring a seamless experience from arrival to workout.

## Membership Required

To enjoy the benefits of this exceptional gym, a **membership is required**. This membership grants you access to a variety of classes led by fantastic coaches such as Jennifer, Fared, and Sarah, who have been described as “rockstars” by members. These instructors offer guidance through structured workouts that combine cardio, strength training, and endurance.

## Workout Variety and Community

OTF workouts are never dull; every class is a new experience. Members appreciate the blend of different exercises including high-intensity interval training (HIIT) and weightlifting. The community atmosphere fosters motivation, making it easier to push personal limits alongside fellow fitness enthusiasts. As one member put it, “It feels like home, from the moment you walk in you're greeted by your name.”

## Facilities and Cleanliness

The facilities at the San Jose location are praised for being clean and well-maintained. Members often note the presence of new equipment and spacious workout areas. This attention to hygiene enhances the overall experience, making it a desirable place to train.

## Additional Features

Unfortunately, this location does not feature a **swimming pool** as part of its amenities. However, the diverse range of classes available ensures that members can achieve a full-body workout without the need for additional facilities. Furthermore, while there have been comments regarding the OTBeat heart monitor, many find the ability to track their progress valuable despite minor technical issues.

## Conclusion

In conclusion, Orangetheory Fitness in San Jose is an excellent choice for anyone looking to improve their fitness in a supportive, energetic environment.

With friendly staff and dedicated coaches, the gym is well-equipped to cater to a variety of fitness needs. If you're looking for a challenging yet enjoyable workout experience, consider giving OTF a try!

### **Our address is**

5687 Silver Creek Valley Rd, 95138 San Jose, California - United States (US)

The contact phone of the respective **Gym** is +1408-495-4180

And if you want to send a WhatsApp, you can do so at +1408-495-4180

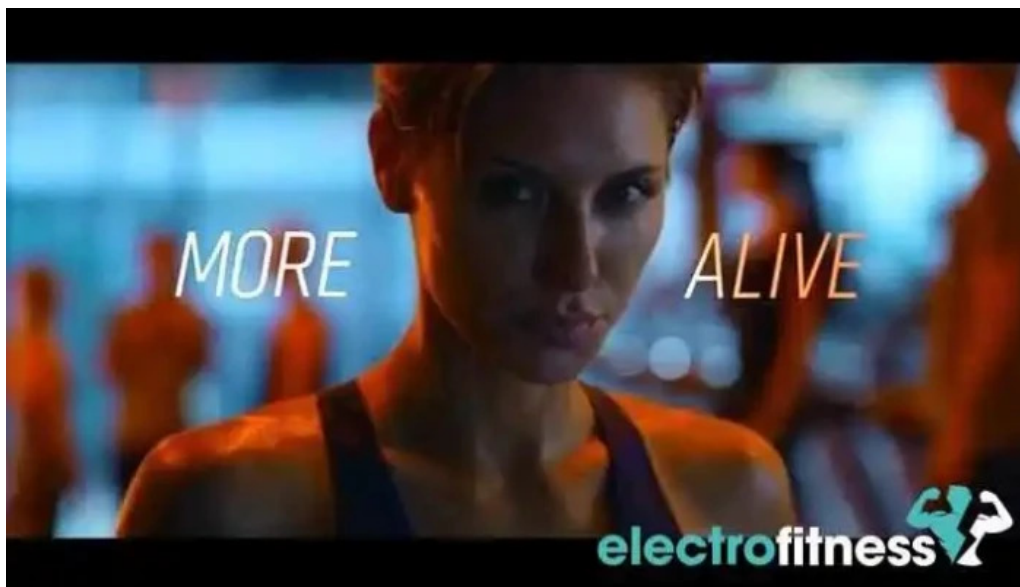
### **We are available at these times:**

Day	Hours
Monday	5?AM–8?PM
Tuesday	5?AM–7?PM
Wednesday	6?AM–1?PM
Thursday	7?AM–1?PM
Friday	5?AM–8?PM
Saturday	5?AM–8?PM
Sunday	5?AM–8?PM

The website is Orangetheory Fitness

If you require to update any data that you consider is not correct regarding this page, we ask forward a message so that we will adjust it promptly. Thank you in advance thank you very much.

## **Images**



*Orangetheory fitness videos*

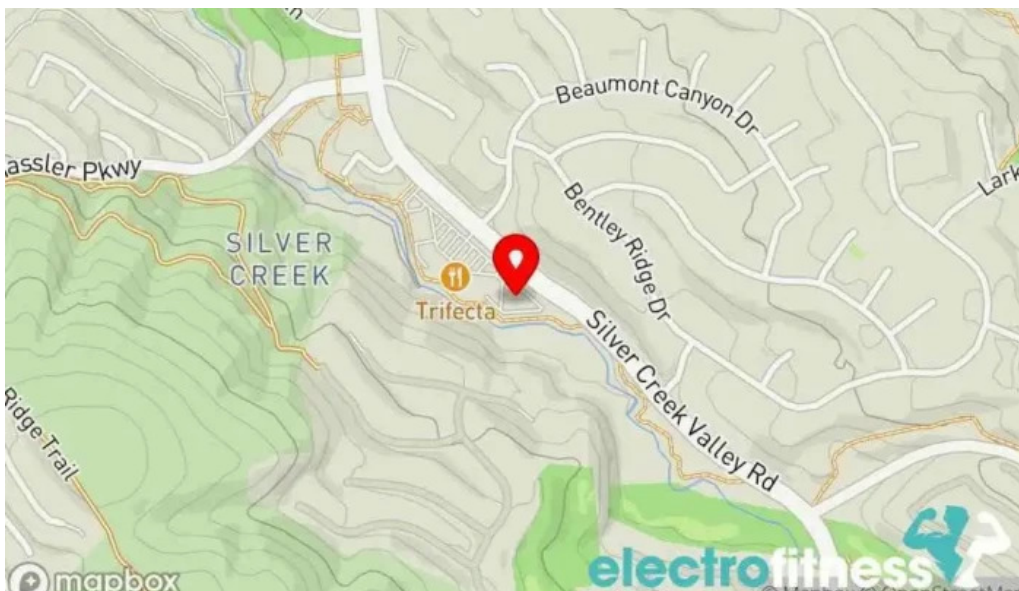


*Orangetheory fitness street view 360deg*





*Orangetheory fitness san jose*



*Orangetheory fitness map*



*Orangetheory fitness gym*



*Orangetheory fitness all*

## Tags

*Wheelchair-accessible car park, Planning, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Toilet, Swimming pool, Membership required, Amenities, Accessibility*

## Related content

---

**4.8 \*** [Orangetheory Fitness - San Antonio](#)

---

**4.9 \*** [Orangetheory Fitness - San Antonio](#)

---

**4.9 \*** [Orangetheory Fitness - Phoenix](#)

4.8 *	<i>Orangetheory Fitness - Potomac</i>
4.7 *	<i>Orangetheory Fitness - Washington</i>
4.8 *	<i>Orangetheory Fitness - Chatsworth</i>
4.9 *	<i>Orangetheory Fitness - Spokane</i>
4.9 *	<i>Orangetheory Fitness - Alamo</i>
4.8 *	<i>Orangetheory Fitness - Tuckahoe</i>
4.8 *	<i>Orangetheory Fitness - Totowa</i>

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe

children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club



gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot

personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor

swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization