

## Smash Gyms San Jose - San Jose

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## Smash Gyms San Jose - San Jose

### Discovering Smash Gyms San Jose: A Comprehensive Review

Smash Gyms in San Jose, California, is known for its dynamic environment and diverse range of classes, making it appealing for both beginners and experienced fitness enthusiasts. However, the accessibility features such as a **\*\*wheelchair-accessible entrance\*\*** and **\*\*wheelchair-accessible car park\*\*** highlight the gym's commitment to inclusivity.

### Engaging Classes and Friendly Atmosphere

Visitors often praise the gym for its fun and engaging classes. Many attendees

appreciate the martial arts coaches, describing them as great trainers who genuinely care about their students' growth. The supportive community fosters strong friendships, creating an environment reminiscent of a family atmosphere.

### **Caution Regarding the 6-Week Bootcamp**

While many find value in the martial arts training, potential members should exercise caution regarding the 6-week bootcamp. Some reviews suggest that the initial allure of personal support may not be fulfilled post-signup. It's crucial to remember that after signing up, you might not receive the ongoing guidance you'd expect. The experience can be particularly self-driven, so motivation is key if you're aiming to achieve specific fitness goals.

### **Accessibility Matters**

One of the standout features of Smash Gyms is its **\*\*wheelchair-accessible entrance\*\*** and facilities. This commitment to accessibility ensures that everyone, regardless of physical ability, can participate in classes. The **\*\*wheelchair-accessible car park\*\*** further enhances convenience for those requiring additional support.

### **Mixed Reviews on Instructors and Customer Service**

Despite the positive feedback on classes, there are concerns regarding customer service and instructor accommodation. Some reviews indicate that not all instructors are as attentive to individual needs, especially for newcomers who may require more foundational training. Additionally, experiences with the front desk staff have raised issues, suggesting that their focus may lean more toward membership sales rather than genuine support.

### **Final Thoughts**

Overall, Smash Gyms San Jose presents a solid option for those looking to engage in martial arts and fitness training. However, prospective members should be aware of the mixed reviews, particularly concerning the 6-week bootcamp and customer service experiences. With an emphasis on accessibility and a welcoming community, it's worth exploring, especially if you're eager for a fun way to stay active.

### **You will find us at**

2268 Quimby Rd, 95122 San Jose, California - United States (US)

The phone number of said **Gym** is +1408-239-0881

And if you want to send a WhatsApp, you can do so at +1408-239-0881

## **We are available at these times:**

Day	Hours
Monday	4–8?PM
Tuesday	Closed
Wednesday	9:30?AM–3?PM
Thursday	Closed
Friday	4–8?PM
Saturday	4–8?PM
Sunday	4–8?PM

The website is [Smash Gyms San Jose](#)

If you need to alter any element that you feel is not accurate concerning this web, we kindly request send a message so we can we will adjust it promptly.  
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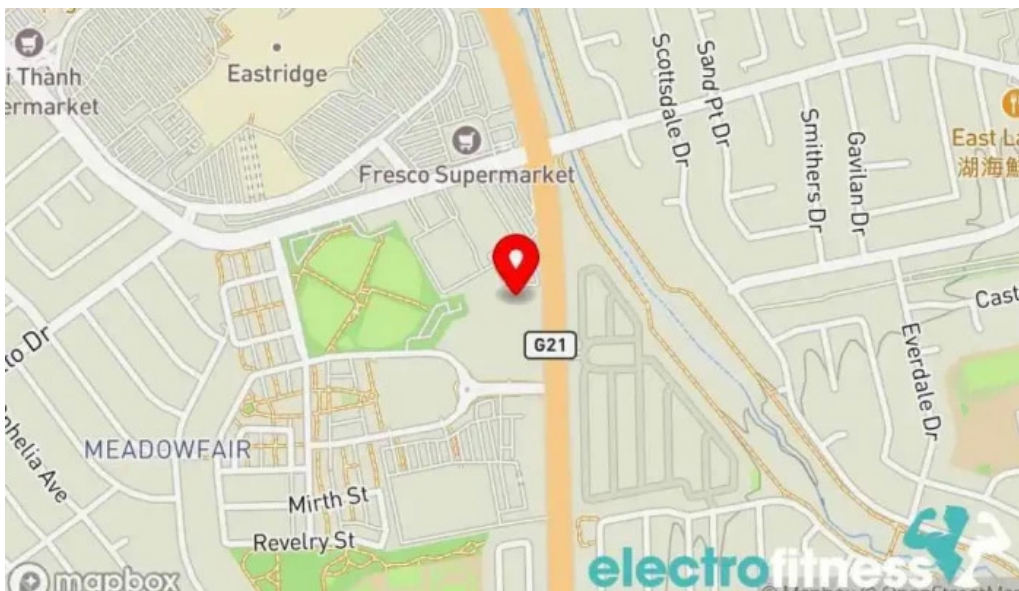
## **Images**



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*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

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karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
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martial arts school
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massage therapist
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medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
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outdoor sports store
outdoor swimming pool
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