

## StretchMED McKee - San Jose

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san jose

## StretchMED McKee - San Jose

### Discover StretchMED McKee in San Jose, California

StretchMED McKee is a unique facility located within 24 Hour Fitness in San Jose, California, offering specialized assisted stretching services that cater to a variety of needs and preferences. Whether you are an athlete or someone simply looking to improve flexibility, this innovative gym focuses on enhancing your physical well-being through professional guidance.

### Accessible Amenities for Everyone

StretchMED McKee prides itself on being inclusive, featuring

**\*\*wheelchair-accessible entrances\*\*** and restrooms. The facility ensures that every visitor can comfortably access their services, with dedicated **\*\*wheelchair-accessible car parks\*\*** available nearby.

## **Convenient Services and Planning**

Clients appreciate the **\*\*on-site services\*\*** provided by the knowledgeable staff. An appointment is required for your stretching sessions, ensuring personalized attention tailored to your specific needs. Many clients rave about their experiences, highlighting professionals like Eric and An who showcase exceptional expertise in addressing individual concerns.

## **Experience the Benefits of Assisted Stretching**

The facility offers a mix of **\*\*online classes\*\*** and in-person sessions, allowing you to choose what best fits your lifestyle. Clients frequently mention how the assisted stretching significantly improved their flexibility and overall well-being. As one visitor noted, "After she worked on me, I immediately scheduled for more visits."

## **Exceptional Staff and Service Options**

The staff at StretchMED McKee consistently receive high praise for their professionalism and friendliness. Many reviews recommend therapists like Josh, Hershey, and Jesse for their ability to explain each stretch and create a comfortable experience. "I felt decompressed after and an inch taller," said one satisfied customer.

## **Affordable Parking Solutions**

For those visiting, StretchMED McKee offers **\*\*free of charge street parking\*\*** along with a **\*\*free parking lot\*\***, making it easy for everyone to access the facility without worrying about additional costs.

## **A Place to Relax and Improve**

With a focus on enhancing your flexibility and reducing chronic pain, StretchMED McKee emerges as a hidden gem within 24 Hour Fitness. With its heartfelt commitment to client satisfaction, you'll find not just a service but a supportive community that encourages ongoing personal growth. In summary, if you're in San Jose and searching for a place to enhance your physical health, consider planning your visit to StretchMED McKee. Their friendly atmosphere, expert staff, and essential amenities make it the perfect choice for anyone looking to improve their wellness journey.

## **Our business is located at**

Inside 24 Hour Fitness, 2323 McKee Rd, 95116 San Jose, California - United States (US)

## **We are available at these times:**

Day	Hours
Monday	7?AM–7?PM
Tuesday	7?AM–7?PM
Wednesday	9?AM–3?PM
Thursday	9?AM–3?PM
Friday	7?AM–7?PM
Saturday	7?AM–7?PM
Sunday	7?AM–7?PM

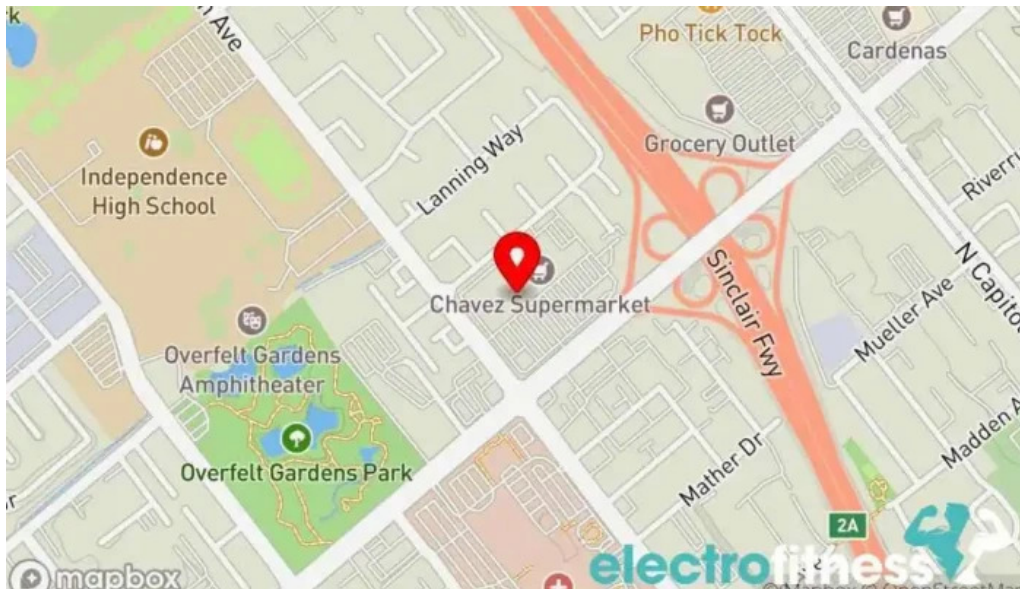
The website is [StretchMED McKee](#)

If you require to update any information that you believe is not accurate concerning this portal, we ask forward a message and we will fix it as soon as possible. Thanks beforehand thank you very much.

## **Images**



*Stretchmed mckee san jose*



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*Stretchmed mckee gym*





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## Tags

*Wi-Fi, Free parking lot, Wheelchair-accessible car park, Accessibility, Online classes, Service options, Wheelchair-accessible toilet, On-site services, Parking, Toilet, Appointment required, Free of charge street parking, Amenities, Planning, Wheelchair-accessible entrance*

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chiropractor
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counselor
country club
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dance club
dance company

dance school
day spa
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discount store
dive shop
dollar store
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electric utility company
elementary school
exercise equipment store
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fitness equipment wholesaler
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golf club
golf course
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grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling

indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel



restaurant
rock climbing
rock climbing gym
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school
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