

## Villa Sport - San Jose

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## Villa Sport - San Jose

### Exploring Villa Sport in San Jose, California

Villa Sport is a premier gym located in San Jose, California, offering a wide range of **\*\*services and amenities\*\*** for fitness enthusiasts and families alike. This upscale athletic club combines modern facilities with a welcoming atmosphere, making it a popular choice for many members. In this article, we will discuss various aspects of Villa Sport, including service options, atmosphere, and specific offerings that set it apart.

### Service Options and Amenities

Villa Sport provides an extensive variety of **service options** catering to its members. The gym is equipped with a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, ensuring that everyone can enjoy the facilities. Members can take advantage of a good selection of **on-site services**, including child care, personal training, and group classes. For those who love to swim, Villa Sport boasts both **indoor and outdoor swimming pools** where families can enjoy quality time together. The pools are generally well-maintained, although some members have reported inconsistent temperatures. The club also features a **sauna**, **steam room**, and **hot tubs** for relaxation.

## **The Atmosphere at Villa Sport**

The overall **atmosphere** at Villa Sport is noteworthy. Many members appreciate the spacious layout, which allows for a less crowded experience during workouts. However, some feedback indicates that noise levels, especially in the **spa area**, can be distracting due to members engaging in loud conversations while using the steam room or sauna. This has raised concerns among patrons seeking a peaceful environment. Furthermore, the cleanliness of the facilities has been a topic of discussion. While numerous members commend the cleanliness of the weight room and locker areas, others have expressed dissatisfaction regarding the state of the showers and pools, noting that they sometimes lack proper maintenance.

## **Family-Friendly Features**

One of the standout features of Villa Sport is its **family-friendly environment**. The club offers a **children's area**, where kids can play while parents work out, allowing family activities to coexist seamlessly. Moreover, the facility includes **wheelchair-accessible seating** in communal areas, enhancing accessibility for all visitors. Additionally, there is a basketball court available for members looking for a fun workout outside traditional gym sessions. The gym's design encourages families to spend quality time together while maintaining their individual fitness goals.

## **Membership and Planning**

A **membership is required** to access the amenities at Villa Sport. While some members feel that the fees are justified given the extensive offerings, others argue that the high cost does not always equate to a premium experience due to the occasional issues with cleanliness and customer service. Planning is essential when visiting Villa Sport, especially during peak hours. Members have noted that certain areas, like the **basketball court**, may be reserved for events, limiting availability for casual use. There are complaints about staff responsiveness, particularly concerning membership inquiries or cancellation processes.

## Conclusion

In conclusion, Villa Sport is an impressive establishment for fitness lovers in San Jose, California, with its wide array of **\*\*amenities\*\***, including a **\*\*swimming pool\*\***, **\*\*sauna\*\***, and **\*\*child care services\*\***. The atmosphere is generally inviting, though some improvements in communication and maintenance could enhance the overall member experience. With careful planning and consideration, individuals and families can enjoy all that Villa Sport has to offer while pursuing their fitness journeys.

### Our premises are located at

1167 N Capitol Ave, 95132 San Jose, California - United States (US)

The contact line of said **Gym** is +1408-785-0320

And if you want to send a WhatsApp, you can do so at +1408-785-0320

### Our public attention hours are:

Day	Hours
Monday	5?AM–10?PM
Tuesday	5?AM–9?PM
Wednesday	7?AM–9?PM
Thursday	7?AM–9?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	5?AM–10?PM

The website is Villa Sport

If you require to adjust any element that you believe is not precise concerning this site, we kindly request send us a message so that we will correct it quickly. With anticipation thank you very much.

## Images

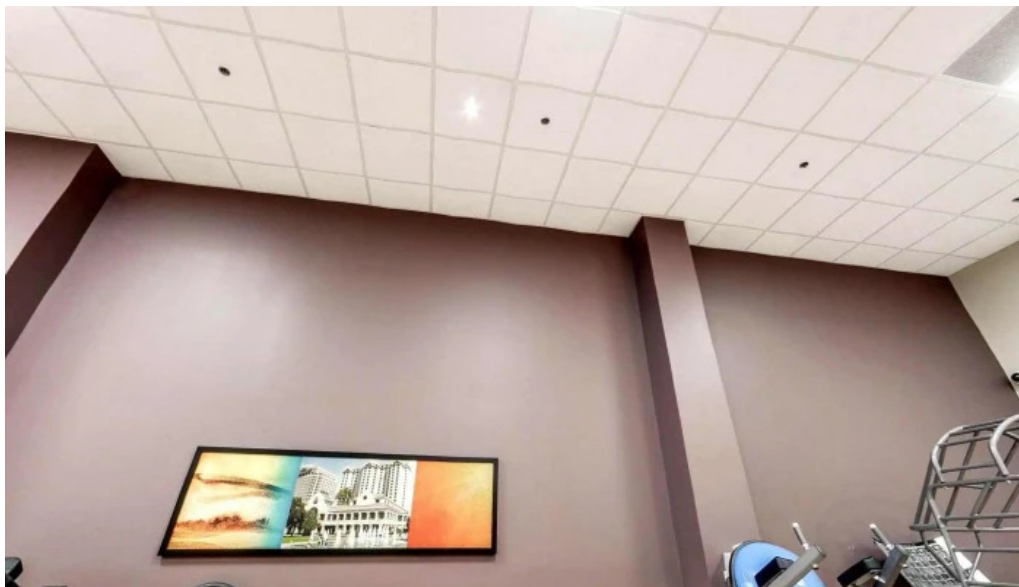


*Villa sport website*



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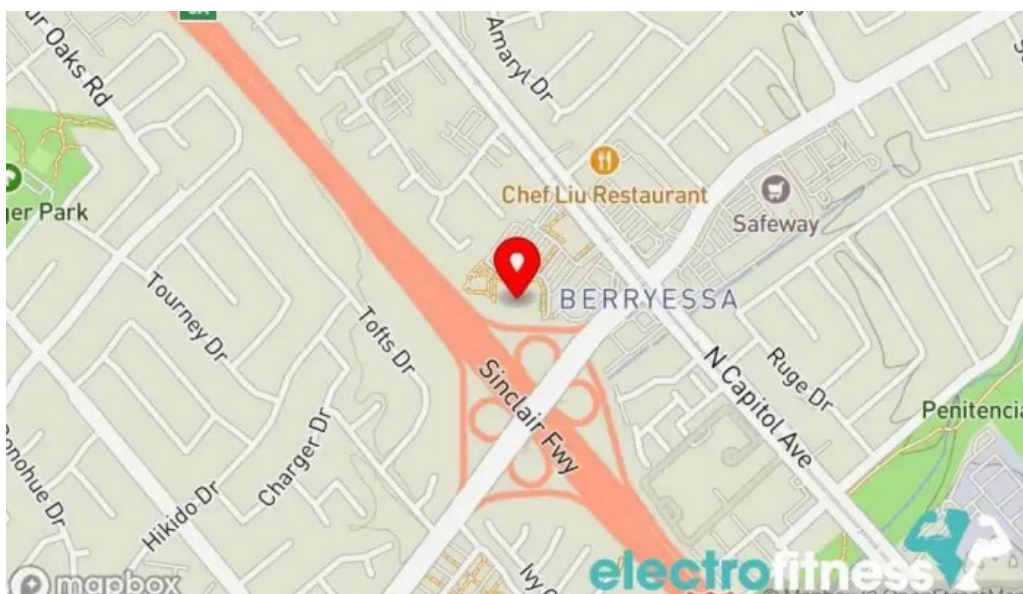
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*Offerings, Child care, On-site services, Service options, Shower, Swimming pool, Sauna, Planning, Atmosphere, Accessibility, Wheelchair-accessible seating, Wheelchair-accessible car park, Amenities, Basketball court, Outdoor services, Membership required, Wheelchair-accessible entrance*

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**4.2 \*** *Villa Sport Fitness - Meridian*

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golf course
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