

## Westca - San Jose

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## Westca - San Jose

### Discover WESTCA Gym: Your Fitness Community in San Jose, California

Located in the heart of San Jose, WESTCA Gym is a vibrant fitness hub that offers a welcoming environment for individuals of all fitness levels. Whether you are a beginner or an experienced athlete, WESTCA has something to offer everyone. This article explores the amenities and unique features that make WESTCA stand out among gyms.

### Amenities That Cater to Everyone

At WESTCA, members enjoy a variety of **\*\*amenities\*\*** designed to enhance

their workout experience: - **Wheelchair-accessible entrances and seating** ensure that everyone can enjoy their time at the gym comfortably. - A **wheelchair-accessible car park** is available, making it easier for members with mobility challenges to access the facilities. - The gym boasts clean and spacious **restrooms**, equipped with facilities to accommodate everyone.

## **A Community-Centric Environment**

What truly sets WESTCA apart is its focus on community and support. Owners **Meaghan and Tory** have created a **transgender safe space** and an **LGBTQ+ friendly** atmosphere, ensuring that all members feel welcome and included. The **friendly crowd** creates an encouraging environment, fostering friendships and camaraderie among gym-goers. Members often express how they appreciate the community feel at WESTCA, where **sharing equipment** and exchanging motivation is common. Newcomers especially find comfort in this ambiance, making the gym feel less intimidating than corporate alternatives.

## **Online and On-Site Services**

WESTCA provides both **on-site services** and **online classes**, offering flexibility for members with demanding schedules. Whether you prefer working out at the gym or in the comfort of your home, WESTCA has options for you. Members have shared positive experiences about engaging in **group personal training**, which combines expert guidance with the supportive energy of fellow members. Trainers like **Ivan** and **Adam** tailor workouts to meet individual needs while also promoting a strong sense of belonging.

## **Accessibility and Convenience**

With amenities like **Wi-Fi** throughout the facility, members can easily stay connected before or after workouts. A **membership is required** for access, but many find that the investment is well worth it due to the exceptional environment and quality of training. The gym is also noted for being impeccably clean and well-maintained, providing a pleasant space for all fitness activities.

## **Why Choose WESTCA?**

If you're considering a gym membership, WESTCA's commitment to creating a supportive and inclusive culture makes it an ideal choice: 1. **Identifies as women-owned and Black-owned**, reflecting its diversity and dedication to equitable service. 2. A **welcoming community** that encourages everyone to work towards their personal fitness goals without judgment. 3. **Trainers who care** about your progress and provide personalized attention to help you succeed. In conclusion, WESTCA Gym is not just a place to work out, but a community that embraces diversity, inclusivity, and the determination to help each member thrive. If you're searching for a fitness family in San Jose, look no further than WESTCA!

**The location of our business is in**

30 N 3rd St, 95112 San Jose, California - United States (US)

The phone number of the respective **Gym** is +1408-564-0705

And if you want to send a WhatsApp, you can do so at +1408-564-0705

**We are open during the following hours:**

Day	Hours
Monday	5?AM–10?PM
Tuesday	5?AM–8?PM
Wednesday	7?AM–5?PM
Thursday	7?AM–5?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	5?AM–10?PM

The website is WESTCA

If you need to adjust any detail that you believe is not accurate concerning this site, please send a message so we can we will fix it as soon as possible. Thank you in advance thanks for your cooperation.

**Images**



*Westca videos*



*Westca street view 360deg*





*Westca san jose*



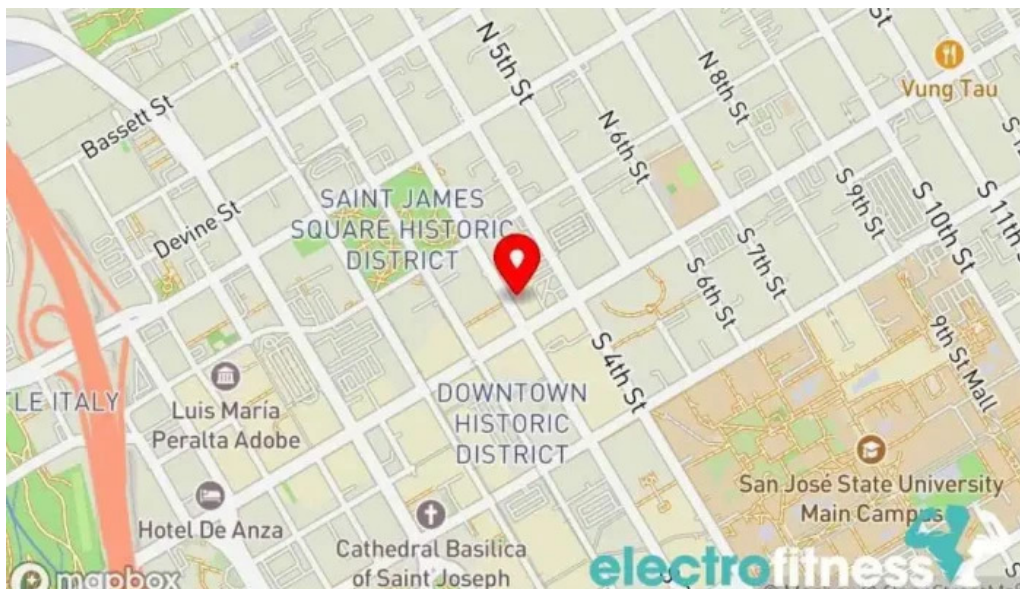
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*Westca open now*



*Westca map*



*Westca gym*





*Westca discounts*

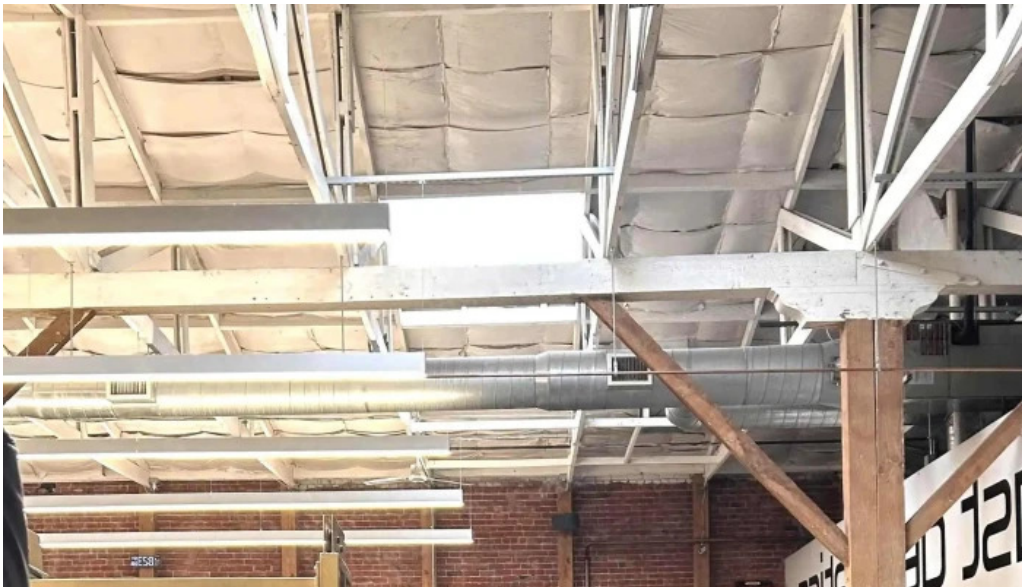


*Westca catalog*





*Westca by owner*



*Westca area*



academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company

dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling



indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel

restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer

wrestling school
yoga instructor
yoga studio
youth center
youth organization