

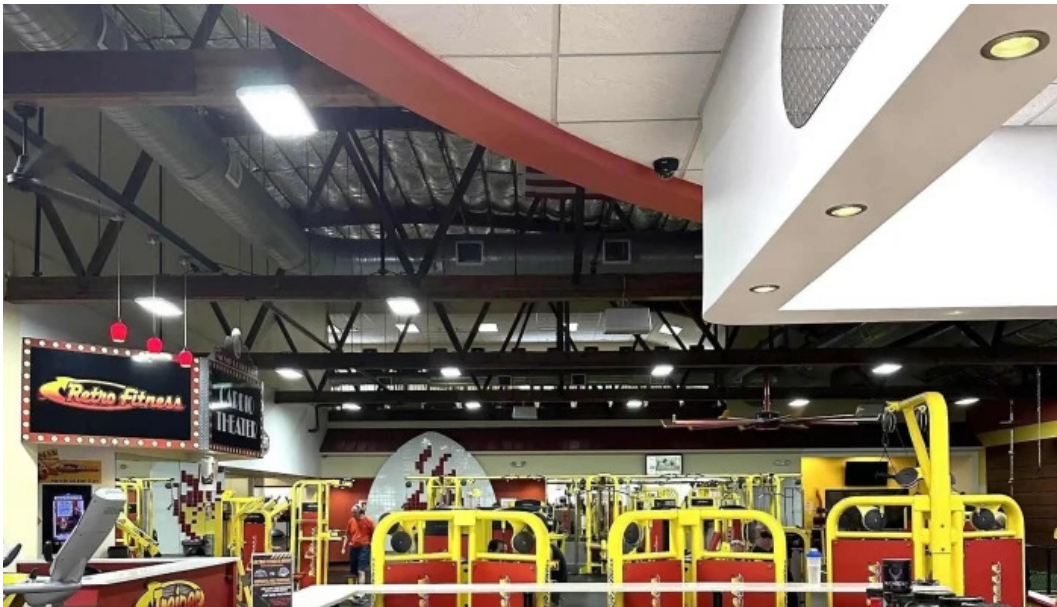
## Retro Fitness - Tappan

tappan

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tappan

## Retro Fitness - Tappan

### Discover Retro Fitness Tappan: A Women-Owned Gym with Exceptional Amenities

Located in Tappan, New York, **Retro Fitness** is more than just a gym; it's a vibrant community designed to meet the needs of every fitness enthusiast. This remarkable facility identifies as women-owned and is dedicated to creating an inclusive environment for all members.

### Clean and Accessible Facilities

The gym prides itself on its cleanliness and accessibility. With a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, Retro Fitness ensures that everyone can enjoy their workout experience without barriers. The spacious layout is designed for optimal flow, making it easy for members to navigate through the various areas of the gym.

## **Membership Benefits**

While a **membership is required** to access the gym, the benefits are well worth it. Members enjoy modern amenities, including:  
Updated machines and equipment, maintained to be in top condition  
A clean and organized locker room with ample supplies  
On-site services like protein shakes and supplements  
Free Wi-Fi for those who want to stay connected while exercising

## **A Friendly Atmosphere**

One of the standout features of Retro Fitness Tappan is its friendly atmosphere. Members consistently report feeling welcomed by staff who go above and beyond to create a positive experience. The team is praised for their professionalism and genuine care for the members' fitness journeys.

## **Community Driven Classes**

Offering a variety of classes from strength training to Zumba, Retro Fitness caters to diverse fitness interests. The instructors are not only knowledgeable but also enthusiastic, providing encouragement and modifications to help every member succeed.

## **Why Choose Retro Fitness Tappan?**

Here's why Retro Fitness Tappan stands out among local gyms:  
A large selection of cardio and strength training equipment  
Facilities that are regularly cleaned and sanitized  
Events and classes that foster a sense of community among members  
A great value for the reasonable membership rates offered

## **Your Fitness Journey Awaits**

Whether you're a seasoned athlete or new to fitness, Retro Fitness Tappan has everything you need to achieve your goals. The supportive community, exceptional staff, and clean environment make it the perfect place for anyone looking to improve their health and wellness.

Ready to join? Visit Retro Fitness Tappan and experience the difference today!

## Our location is in

47 NY-303, 10983 Tappan, New York - United States (US)

The contact line of the respective **Gym** is +1845-848-2391

And if you want to send a WhatsApp, you can do so at +1845-848-2391

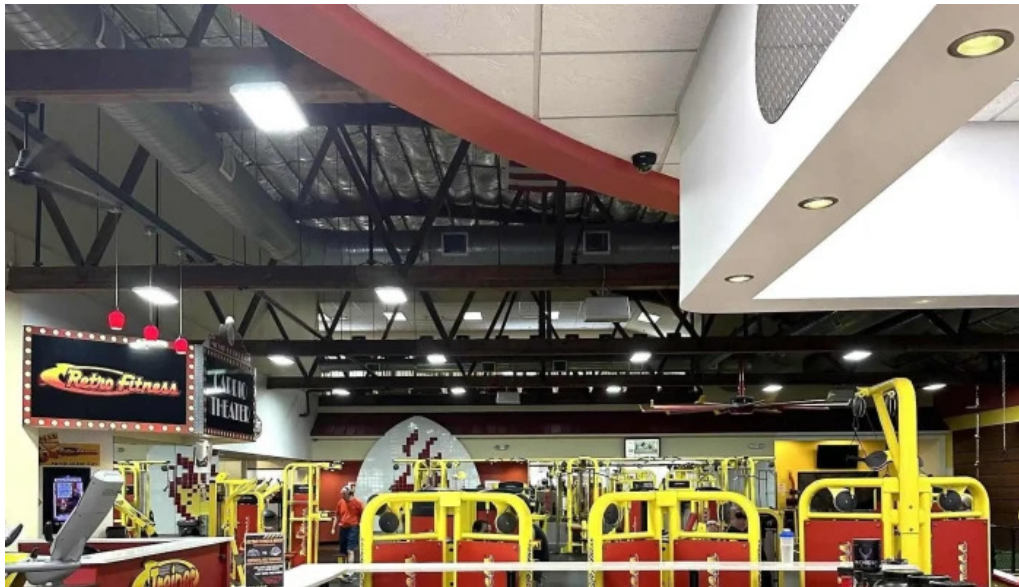
## We are available at these times:

Day	Hours
Monday	7?AM–7?PM
Tuesday	5?AM–10?PM
Wednesday	5?AM–10?PM
Thursday	5?AM–10?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	7?AM–7?PM

The website is Retro Fitness

If you need to change any detail that you feel is not correct concerning this portal, we kindly request deliver a message so that we will correct it at the earliest convenience. Thank you in advance thanks for your cooperation.

## Images



*Retro fitness tappan*

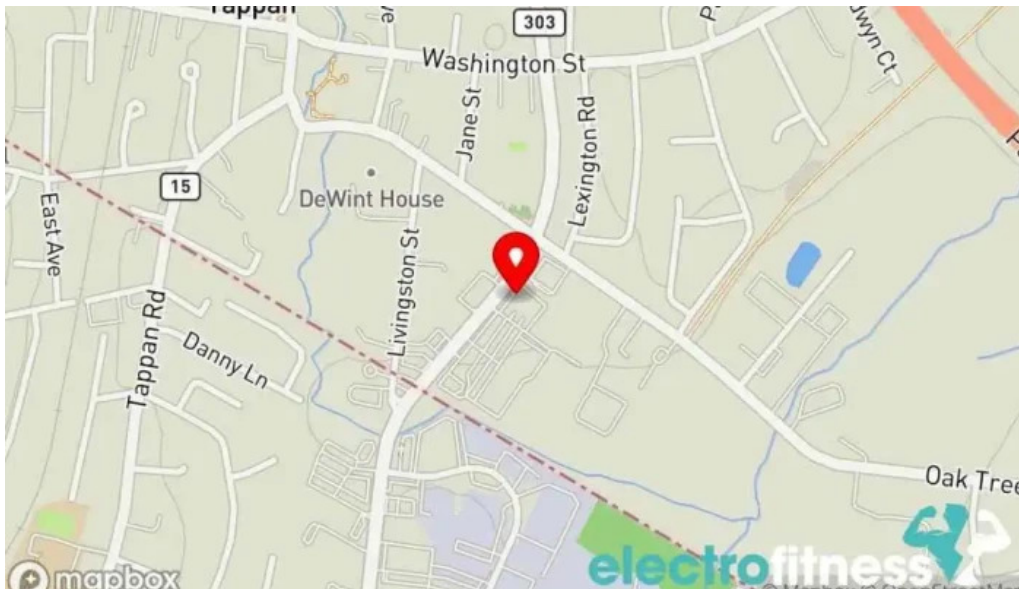


*Retro fitness street view 360deg*

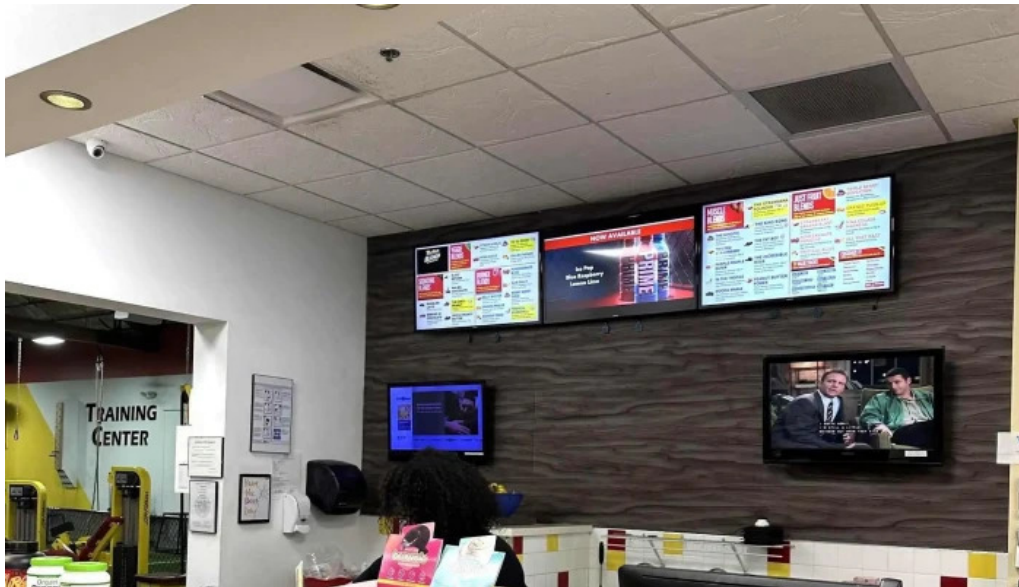




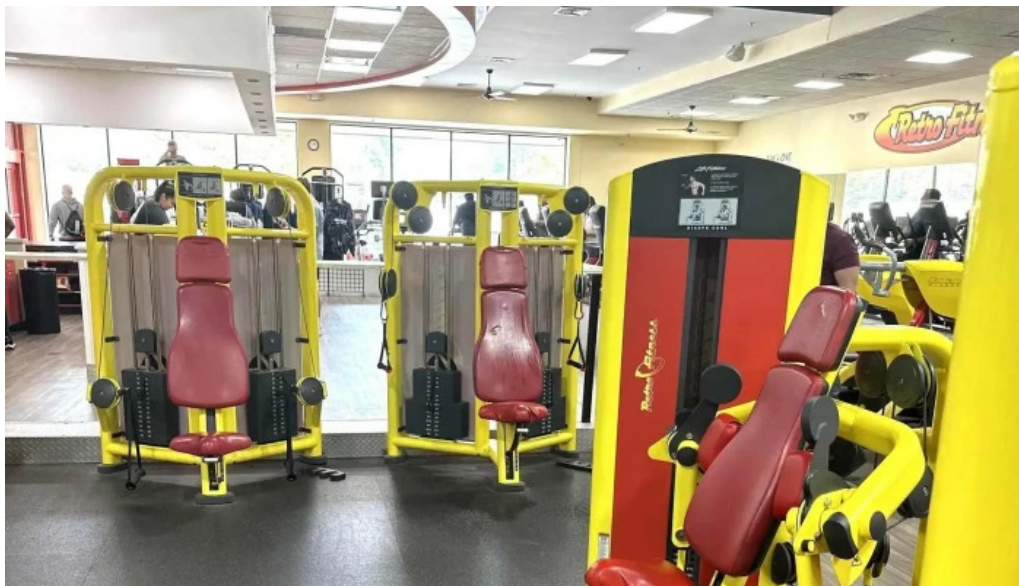
*Retro fitness prices*



*Retro fitness map*



*Retro fitness instagram*



*Retro fitness gym*



*Retro fitness by owner*



*Retro fitness all*

## Tags

*Identifies as women-owned, Amenities, Wheelchair-accessible car park, Service options, Wheelchair-accessible entrance, Wi-Fi, Planning, Membership required, Accessibility, From the business, On-site services*

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**4.3 \*** [Retro Fitness - Dallas](#)

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**4.2 \*** [Retro Fitness - Richardson](#)

4.6 *	<i>Retro Fitness - Egg Harbor Township</i>
5.0 *	<i>Private Fitness Training by Deana Chochua - Agoura Hills</i>
4.5 *	<i>Strive Fitness for Women - Meridian</i>
4.9 *	<i>Shabach Yoga Studio - Waldorf</i>
4.2 *	<i>Workout Anytime West View - Pittsburgh</i>
4.7 *	<i>Hillyard Hammers BoxFit - Spokane</i>
5.0 *	<i>Crossfit Aiken - Aiken</i>

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academic department
acupuncture clinic
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amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club



coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital

hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park

sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center

youth organization