

Electro Fitness: Best Electro Fitness

Gold's Gym - Totowa

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Gold's Gym - Totowa

Gold's Gym Totowa: A Comprehensive Overview

Located in the heart of Totowa, New Jersey, **Gold's Gym** offers a multitude of facilities designed to accommodate every member's fitness journey. With a commitment to accessibility and inclusivity, this gym features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring convenience for all visitors.

Amenities and Offerings

Gold's Gym Totowa prides itself on its diverse **amenities**. Members can enjoy a fully equipped **basketball court** for recreational play, as well as dedicated spaces for various workouts. The facility includes **wheelchair-accessible toilets**, making it an inclusive environment for everyone. Child care services are also available, providing a safe space for children while parents focus on their fitness routines.

Membership Insights

A **membership is required** to access the gym's extensive offerings. While some members appreciate the range of programs, others have expressed concerns regarding the gym's pricing structure, especially with the elimination of the free day pass and the increase to a \$25 daily rate. Comparatively, nearby gyms like Iron Revolution and Powerhouse charge only \$20 per day.

Community Feedback and Culture

The community atmosphere at Gold's Gym is frequently praised, with many members highlighting the supportive environment. One visitor noted that the gym inspires serious workouts, attracting those who are focused on achieving their fitness goals. However, some females have reported feeling less welcomed, despite the availability of a women's only section, citing a lack of diversity among the members.

Cleanliness and Maintenance

For the most part, Gold's Gym Totowa maintains a clean environment, although certain areas such as locker rooms and restrooms have been criticized for requiring better upkeep. The **sauna** facilities have received mixed reviews, with some users reporting issues with temperature settings.

Customer Service Experience

Reviews about customer service are highly polarized. While some members appreciate the friendly front desk staff and the attentiveness of trainers, others have expressed frustrations regarding the management's responsiveness, particularly concerning membership cancellation procedures which have proven to be cumbersome for some.

Conclusion

Gold's Gym Totowa stands out due to its extensive equipment and amenities, including a wide range of fitness classes and personal training options.

However, potential members should carefully consider the pricing and policies associated with membership before committing. Overall, the gym fosters a vibrant community atmosphere that appeals to a variety of fitness enthusiasts.

We are situated in

18 Furler St, 07512 Totowa, New Jersey - United States (US)

The phone of the mentioned **Gym** is <u>+1973-256-4653</u> And if you want to send a WhatsApp, you can do so at<u>+1973-256-4653</u>

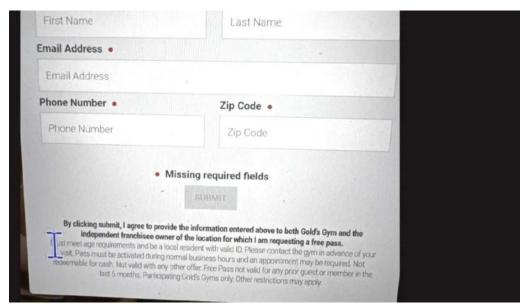
We look forward to seeing you at:

Day Hours
Monday
6?AM-8?PM
Tuesday
4?AM-12?AM
Wednesday
4?AM-12?AM
Thursday
4?AM-12?AM
Friday
4?AM-12?AM
Saturday
4?AM-11?PM
Sunday
6?AM-8?PM

The website is Gold's Gym

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Golds gym open now



Golds gym map



Golds gym gym



Golds gym exercise machine



Golds gym by owner



Golds gym all



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dance company
dance school
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disc golf course
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elementary school
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fitness
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psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
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