

Vidalia Total Fitness - Vidalia

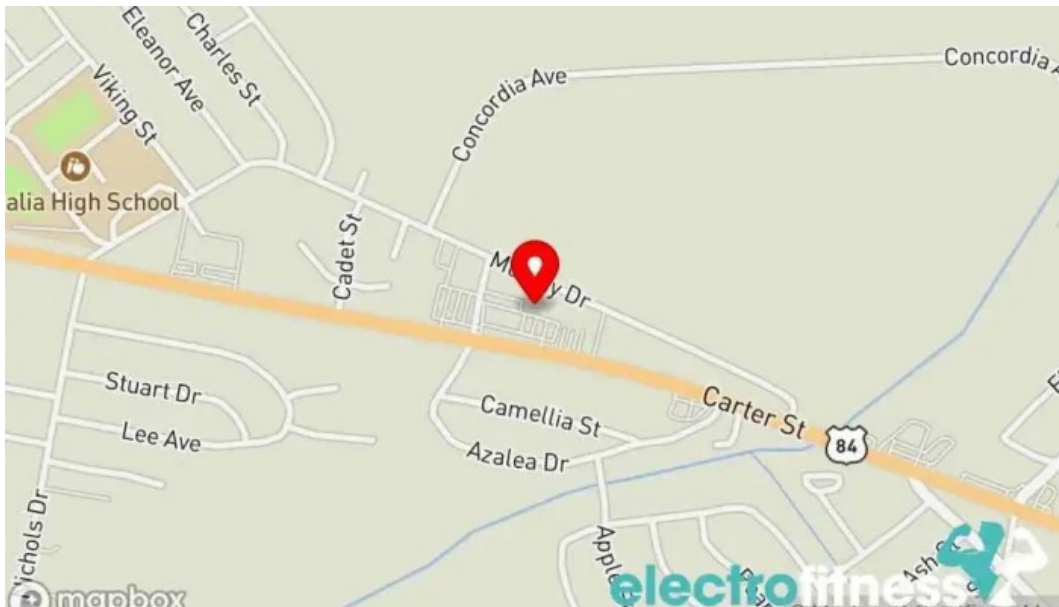
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Welcome to Vidalia Total Fitness: A Gym for Everyone

Vidalia Total Fitness, located in Vidalia, Louisiana, stands out as a premier destination for fitness enthusiasts. With a focus on inclusivity and accessibility, this gym ensures that everyone feels welcome, including those who require special accommodations.

Accessibility Features

One of the key highlights of Vidalia Total Fitness is its ****wheelchair-accessible entrance**** and ****wheelchair-accessible car park****. These features make it

easier for individuals with mobility challenges to enjoy a hassle-free workout experience. The gym's commitment to accessibility sets a positive tone for all members and visitors alike.

Membership Requirements

As with many fitness facilities, a ****membership is required**** to access the gym. This ensures that all members can utilize the equipment and services tailored to their fitness needs. The membership process aims to be straightforward, providing convenience for both regular members and those visiting occasionally.

Planning Your Visit

For those traveling from afar, particularly military personnel who come home infrequently, planning is essential. Some members have noted that there could be improvements regarding communication and access. Having a better ****contact number for access**** would certainly enhance the experience for guests needing assistance when they arrive.

Cleanliness and Equipment Quality

Members commonly praise Vidalia Total Fitness for its well-maintained facilities. Many reviews highlight that the gym is consistently ****clean and spotless****, providing a welcoming environment for all. The array of equipment is noted as excellent, catering to various fitness routines while ensuring everything is in good working condition. As one member stated, "I've been working out for about 2 years now, and all the equipment is still holding on pretty good."

A Welcoming Atmosphere

The atmosphere at Vidalia Total Fitness has been described as ****excellent****, with friendly staff always ready to assist. Many have appreciated the personal touches, as the staff often greet members by name. This creates a strong sense of community, making it an enjoyable place to work out.

Variety of Services

Beyond traditional gym offerings, Vidalia Total Fitness provides various classes, including yoga and pilates sessions early in the morning. These classes are designed to cater to diverse interests and fitness levels, ensuring that every member finds something that suits them.

Conclusion

Vidalia Total Fitness is more than just a gym; it's a community hub for fitness enthusiasts in Louisiana. With features like a wheelchair-accessible entrance, membership options, and a commitment to cleanliness, it's evident why so many people recommend this gym. Whether you're looking for a place to relieve stress, achieve your weight loss goals, or simply maintain your fitness routine,

Vidalia Total Fitness has everything you need to succeed.

You will find us at

1643 Carter St, 71373 Vidalia, Louisiana - United States (US)

The phone of the mentioned **Gym** is +1318-414-2261

And if you want to send a WhatsApp, you can do so at +1318-414-2261

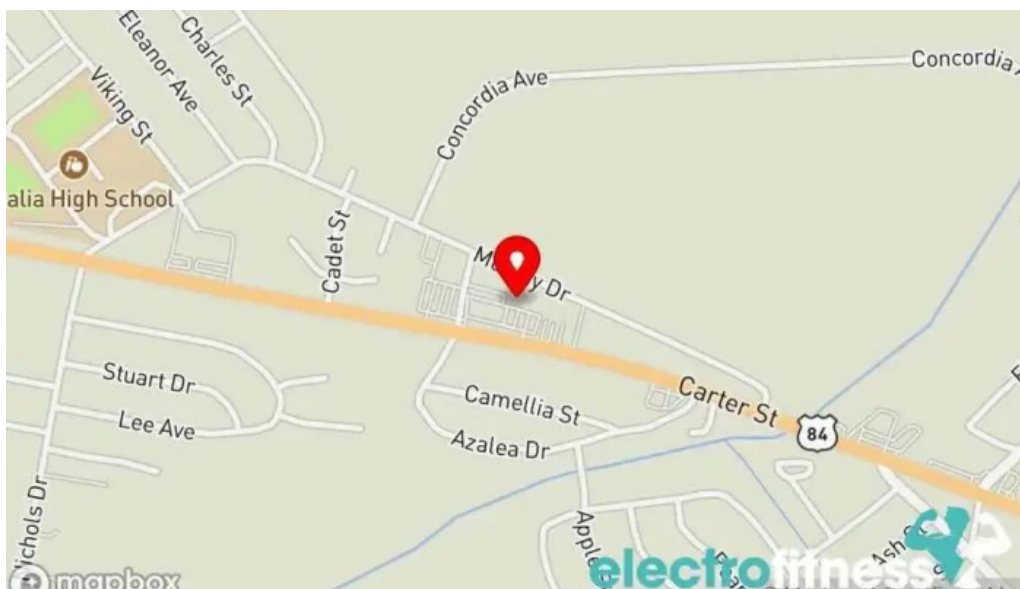
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Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
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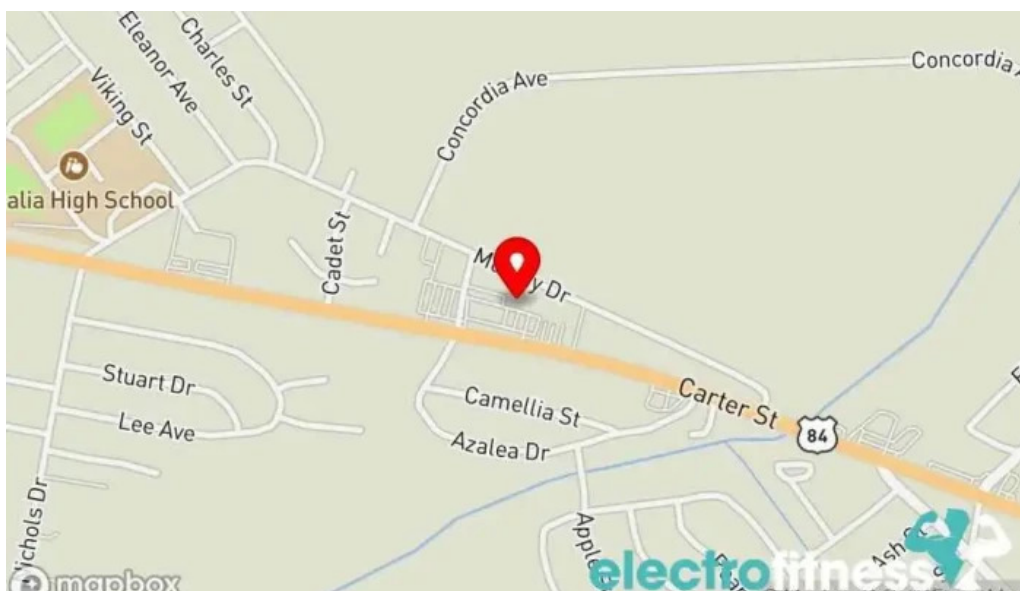
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Images



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Vidalia total fitness map

Tags

Wheelchair-accessible entrance, Accessibility, Membership required, Planning, Wheelchair-accessible car park

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