

Electro Fitness: Best Electro Fitness

Innovative Fitness - Warrendale

warrendale



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Innovative Fitness - Warrendale

Welcome to Innovative Fitness: Your Premier Gym in Warrendale, Pennsylvania

If you're searching for a gym that combines quality training, accessibility, and a friendly atmosphere, look no further than **Innovative Fitness**. Located conveniently off I-79 between Wexford and Cranberry, this gym is more than just a workout space; it's a community.

Membership Required for Tailored Fitness Experience

At Innovative Fitness, **membership is required** to access all the amazing services and facilities available. This ensures that each member receives personalized attention and guidance from our expert trainers, primarily led by the renowned **Erica**.

Accessibility: Wheelchair-Accessible Features

Innovative Fitness prioritizes **accessibility** for all its members. The gym features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, making it easy for everyone to access our facilities. We believe fitness should be for all, and our commitment to **accessibility** reflects that value.

On-Site Services: Personalized Training and Group Classes

The gym offers various **on-site services** including personal training sessions, group classes, and boot camps that are both challenging and fun. Members rave about Erica's ability to tailor workouts based on individual health goals and capabilities, ensuring maximum effectiveness.

Online and Outdoor Services: Flexibility for Everyone

In addition to in-person training, Innovative Fitness also provides **online classes** and **outdoor services**. This flexibility allows members to choose their preferred workout environment, whether at home or outdoors, complementing their busy schedules.

Planning Your Fitness Journey: Appointment Required

To maximize your experience, an **appointment is required** for personal training sessions. This approach ensures that each client receives the attention they deserve, allowing trainers to focus on your specific needs and preferences.

Why Choose Innovative Fitness?

Members consistently praise the **intimate atmosphere** of the gym, which is never overcrowded. With 24-hour access, you can work out whenever it best fits your schedule. The cleanliness of the gym and the positivity of the staff add to the welcoming environment. Many have left larger gyms like the YMCA for the superior experience at Innovative Fitness.

As one satisfied member stated, "I've gotten into the best shape of my life, and I owe it to Erica." This sentiment echoes through the countless reviews highlighting the exceptional guidance provided by the trainers.

Join the Innovative Fitness Community Today!

With no hidden fees, affordable pricing, and outstanding equipment, Innovative Fitness stands out as a top choice in the Warrendale area. Whether you're looking for personal training or dynamic group classes, our team is ready to support your fitness journey. Explore the transformative experience that awaits you at Innovative Fitness—your new favorite gym!

We are found at

375 Northgate Dr, 15086 Warrendale, Pennsylvania - United States (US)

The phone of the respective **Gym** is <u>+1724-991-5355</u> And if you want to send a WhatsApp, you can do so at<u>+1724-991-5355</u>

We are available at these times:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is **Innovative Fitness**

In case you want to adjust any data that you think is not correct concerning this web, we urge you to forward a message so we can we will fix it as soon as possible. In advance thanks.

Images



Innovative fitness warrendale



Innovative fitness street view 360deg



Innovative fitness score



Class Schedule

375 Northgate Dr, Warrendale PA 15086

Full Body Boot Camp

\$15 per class

Tuesday 6:00pm-7:00pm

Wednesday 9:30am-10:30am

E-: 401 0-30am-10:30am

Innovative fitness promotion



Innovative fitness map



Innovative fitness gym



Innovative fitness by owner



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Tags

Service options, On-site services, Wheelchair-accessible car park, Membership required, Online classes, Outdoor services, Wheelchair-accessible entrance, Appointment required, Planning, Accessibility

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