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New York Sports Club - Washington

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washington

New York Sports Club - Washington

Exploring New York Sports Club in Washington, D.C.

New York Sports Club (NYSC) located in Washington, D.C., is a popular choice for fitness enthusiasts seeking a comprehensive gym experience. With a **membership required** to access its facilities, this gym offers various amenities to cater to the diverse needs of its members.

Accessibility and Inclusivity

NYSC takes pride in being a **wheelchair-accessible facility**. It features a **wheelchair-accessible toilet** and **wheelchair-accessible seating**, ensuring that all members can comfortably enjoy their workout experience. The gym also promotes an **LGBTQ+ friendly** atmosphere and serves as a **transgender safe space**, making it a welcoming environment for everyone.

Amenities and On-Site Services

Members appreciate the range of **on-site services** available at NYSC. From modern equipment to clean locker rooms equipped with hairdryers and saunas, the gym provides everything needed for a rewarding workout. However, some members have mentioned limitations—while the location boasts new equipment, there are complaints about the number of available machines, particularly for popular exercises like the leg press and chest press.

Planning Your Visit

When planning a visit to NYSC, it's essential to note that **crowd levels** can vary significantly. Many users recommend visiting during non-peak hours for a more comfortable experience. The gym's layout occasionally poses challenges due to tight spacing between machines, which can be frustrating during busy times.

Community Feedback

Feedback from the community provides valuable insights into the NYSC experience. While many members highlight the **cleanliness** and friendly staff as notable positives, they also express concerns regarding management responsiveness and scheduling of group fitness classes. A recent decrease in class offerings has left some members wishing for more options, such as additional weekend classes or earlier evening sessions.

Conclusion

Overall, NYSC in Washington, D.C., stands out as a gym that meets basic fitness needs while striving for inclusivity and accessibility. With amenities that include a **toilet** accessible to all and a friendly environment, it caters to a diverse membership. However, potential members should weigh the pros and cons, particularly regarding equipment availability and management practices, before committing to a membership.

We are based in

1211 Connecticut Ave NW, 20036 Washington, District of Columbia - United States (US)

The phone number of said **Gym** is $\pm 1202 - 296 - 7733$ And if you want to send a WhatsApp, you can do so at $\pm 1202 - 296 - 7733$

We are open during the following hours:

Day Hours Monday 5?AM–10?PM Tuesday 5?AM–10?PM Wednesday 5?AM–10?PM Thursday 5?AM–10?PM Eriday 8?AM–6?PM Saturday 8?AM–6?PM Sunday 5?AM–10?PM

The website is New York Sports Club

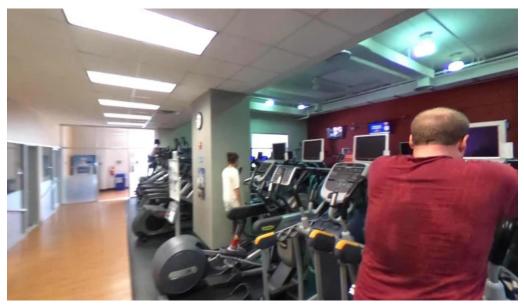
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