

## Onelife Fitness - Fort Totten - Washington

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washington

### *Onelife Fitness - Fort Totten - Washington*

#### **Discover OneLife Fitness - Fort Totten: A Community-Focused Gym Experience**

Welcome to **\*\*OneLife Fitness - Fort Totten\*\***, located in Washington, D.C. This modern fitness center stands out not only for its extensive **\*\*amenities\*\*** but also for its inviting **\*\*atmosphere\*\*** that cultivates a sense of community among its members.

#### **A Welcoming Atmosphere**

From the moment you step inside, you feel the warmth and friendliness of the

staff. Members and employees alike create a supportive environment, making it an excellent choice for both beginners and seasoned gym-goers. As one member eloquently put it, "I felt welcomed and part of a community." The welcoming experience starts at the front desk where staff like Howard and Alfonso greet you with smiles.

## **Facilities & Amenities**

At OneLife Fitness - Fort Totten, cleanliness is a priority. The gym features state-of-the-art equipment catering to various fitness levels, ensuring that everyone can find their perfect workout. **\*\*Amenities\*\*** include: - **\*\*Swimming Pool\*\***: Enjoy laps or unwind post-workout. - **\*\*Sauna\*\***: A great way to relax after a vigorous training session. - **\*\*Shower Facilities\*\***: Clean and well-maintained, encouraging you to freshen up after your workouts. - **\*\*Wi-Fi Access\*\***: Stay connected while you sweat. Additionally, the gym is **\*\*wheelchair-accessible\*\*** with convenient parking options and entrances, making it a truly inclusive space for all.

## **Accessibility and On-Site Services**

OneLife Fitness takes **\*\*accessibility\*\*** seriously. The facility has a **\*\*wheelchair-accessible car park\*\*** and entrance, ensuring that everyone can join in on the fitness journey. The **\*\*on-site services\*\*** are exceptional, with friendly staff ready to assist you with any needs or questions. Feedback from members highlights quick resolutions to equipment issues, reinforcing the gym's commitment to maintaining a seamless experience.

## **Service Options and Memberships**

A **\*\*membership\*\*** is required to enjoy everything OneLife Fitness has to offer. With various options available, potential members can choose a plan that best suits their lifestyle. The feedback regarding the sign-up process indicates a smooth transition into membership, with staff like Brandi making it easy to understand all fees and options. However, some members have voiced concerns regarding the cancellation process, suggesting improvements for a more user-friendly experience. Despite this, many members continue to praise the engaging classes, including Zumba and personal training sessions, adding variety to their routines.

## **The Community Spirit**

What truly distinguishes OneLife Fitness - Fort Totten is its vibrant community spirit. Members often describe the camaraderie among gym-goers, which serves as a source of motivation. Many reviews highlight how the staff actively engage with members, remembering names and offering personalized support. For instance, Charnelle's empowering Zumba class and Kimina's enthusiastic training sessions keep members coming back for more. The gym is a hub for individuals looking to enhance their fitness journey while being surrounded by a

supportive network.

## Conclusion

In summary, OneLife Fitness - Fort Totten is much more than just a place to work out; it's a community dedicated to fostering health and wellness. The combination of a clean environment, diverse amenities, and a welcoming atmosphere makes it an ideal choice for anyone looking to embark on or continue their fitness journey. With strong community ties and a commitment to member satisfaction, OneLife Fitness proves to be a premier destination for fitness enthusiasts in Washington, D.C.

## The location of our business is in

5198 South Dakota Ave NE, 20017 Washington, District of Columbia - United States (US)

The phone number of the respective **Gym** is +1202-459-4664

And if you want to send a WhatsApp, you can do so at +1202-459-4664

## We are available at these times:

Day	Hours
Monday	7?AM–7?PM
Tuesday	8?AM–7?PM
Wednesday	5?AM–10?PM
Thursday	5?AM–10?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	5?AM–9?PM

The website is Onelife Fitness - Fort Totten

If you require to update any detail that you feel is not accurate regarding this page, we ask send a message so we can we will correct it quickly. Thanks beforehand thanks for your cooperation.

## Images



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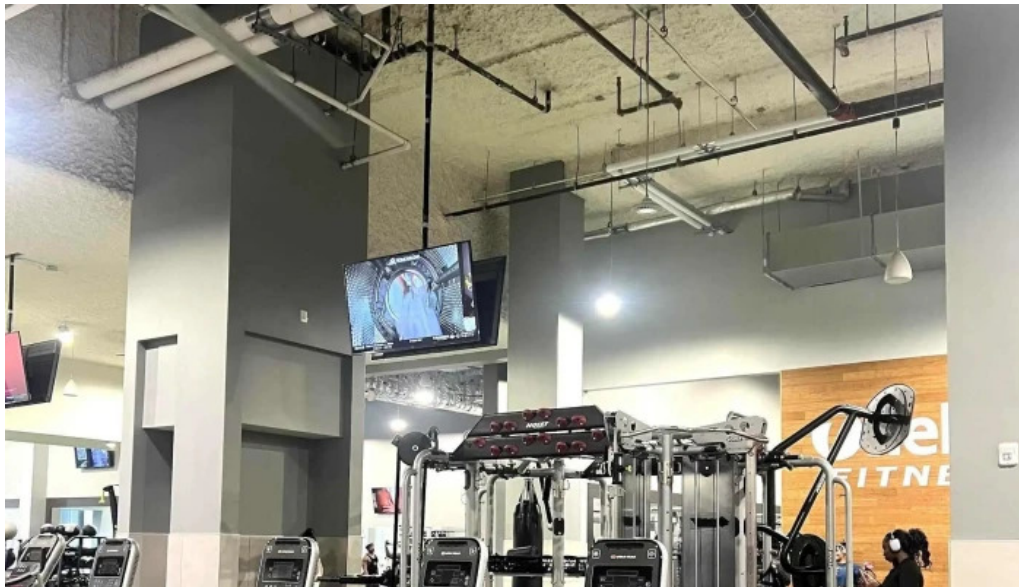




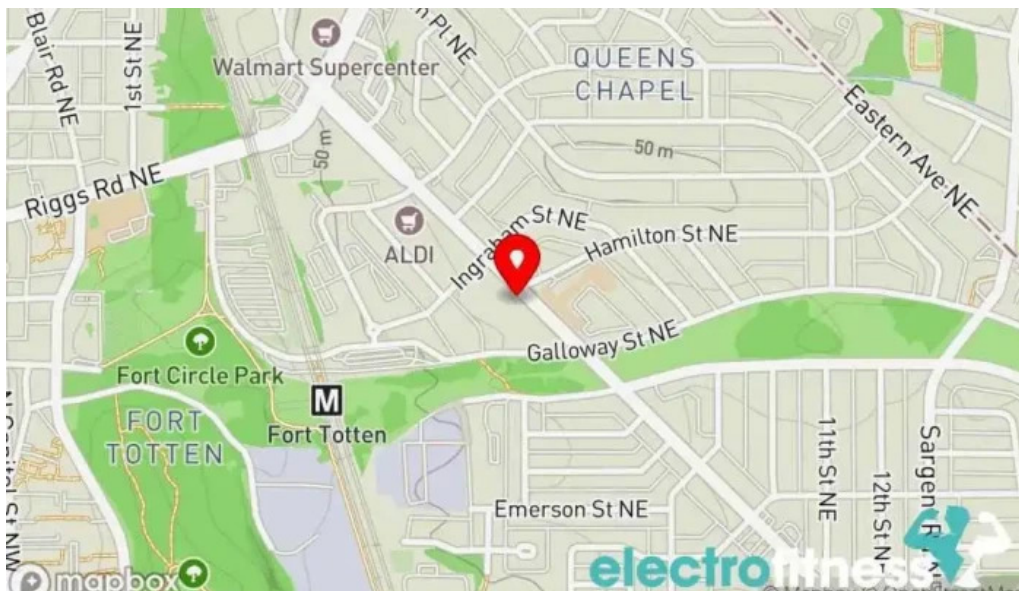
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## Tags

*Planning, Sauna, On-site services, Wi-Fi, Atmosphere, Swimming pool, Service options, Accessibility, Amenities, Wheelchair-accessible car park, Membership required, Wheelchair-accessible entrance, Shower*

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