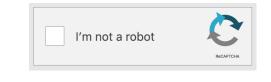


Electro Fitness: Best Electro Fitness

Sweat Dc - Park View - Washington

washington



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https://www.electrofitness.com/gym/washington/sweat-dc-park-view-washington_208269.php



washington

Sweat Dc - Park View - Washington

Welcome to SWEAT DC - Park View

SWEAT DC, located in the heart of Washington D.C.'s Park View neighborhood, is a **Black-owned**, **Latino-owned**, and **disability-owned** fitness studio that stands out for its commitment to inclusivity and community. With a **wheelchair-accessible entrance**, **wheelchair-accessible seating**, and **wheelchair-accessible car park**, SWEAT DC ensures that everyone can participate in their energizing workouts.

A Community-Driven Experience

SWEAT DC is more than just a gym; it's a family where members support each other on their fitness journeys. This **LGBTQ+ friendly** space celebrates diversity with pride flags and an atmosphere that welcomes all body types and abilities. Members rave about the supportive coaches and the friendships formed within this vibrant community.

Unique Service Options

Appointment required personal training sessions are available alongside dynamic group classes. The typical class format combines strength training with cardio, ensuring a full-body workout that keeps participants engaged and challenged. Classes can be scheduled online, making it convenient for busy individuals to maintain their fitness routines. Additionally, SWEAT DC offers **online classes** for those who prefer working out from home.

Exceptional Amenities and Accessibility

The gym features top-tier amenities including clean showers, electronic lockers with charging stations, and a complimentary towel service, making it easy to refresh after a tough workout. While planning your visit, note that a **toilet** is onsite for convenience. With **Wi-Fi** available, you can stay connected while enjoying your workout.

Engaging Workouts and Professional Trainers

SWEAT DC focuses on progressive overload, ensuring that every member—from beginners to seasoned athletes—feels challenged yet supported. Coaches take the time to know each member's name, fostering a sense of belonging. Many reviews highlight how instructors offer form corrections and modifications, making sure everyone can participate fully without undue pressure. The energetic atmosphere, combined with great music, creates an exhilarating experience that keeps members coming back for more.

Join the Movement

If you are searching for a fitness destination that prioritizes community, inclusivity, and personalized attention, look no further than SWEAT DC. With an array of classes tailored to various fitness levels, this gym offers a welcoming space where you can build strength, confidence, and friendships along the way. Come join us and discover why SWEAT DC is quickly becoming a favorite among fitness enthusiasts in Washington, D.C.!

Start your journey today at SWEAT DC—where every drop of sweat counts!

You will find us at

3325 Georgia Ave NW, 20010 Washington, District of Columbia - United States (US)

The contact line of the mentioned **Gym** is $\pm 1202-780-5286$ And if you want to send a WhatsApp, you can do so at $\pm 1202-780-5286$

Our business hours are:

Day Hours Monday 6–9?AM 5–7?PM Tuesday 6–9?AM 5–7?PM Wednesday 6–9?AM 5–7?PM Thursday 6–9?AM 12–1?PM 5:30–6:30?PM Eriday 8:30–11:30?AM Saturday 9:30?AM–11:30?PM Sunday 6–9?AM 5–7?PM

The website is <u>SWEAT DC - Park View</u>

If necessary to alter any element that you think is not correct regarding this web, we ask send us a message so we can we will correct it quickly. With anticipation thanks.

Images



Sweat dc park view washington



Sweat dc park view washington



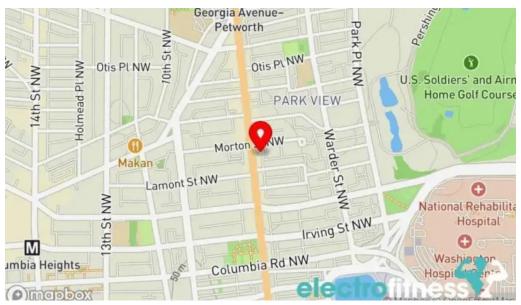
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Tags

Toilet, Online classes, Accessibility, Service options, Wheelchair-accessible entrance, Identifies as Black-owned, Wi-Fi, Crowd, Appointment required, LGBTQ+ friendly, On-site services, Wheelchair-accessible car park, Planning, From the business, Amenities, Identifies as Latino-owned, Wheelchair-accessible seating, Identifies as disability-owned, Transgender safe space

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