

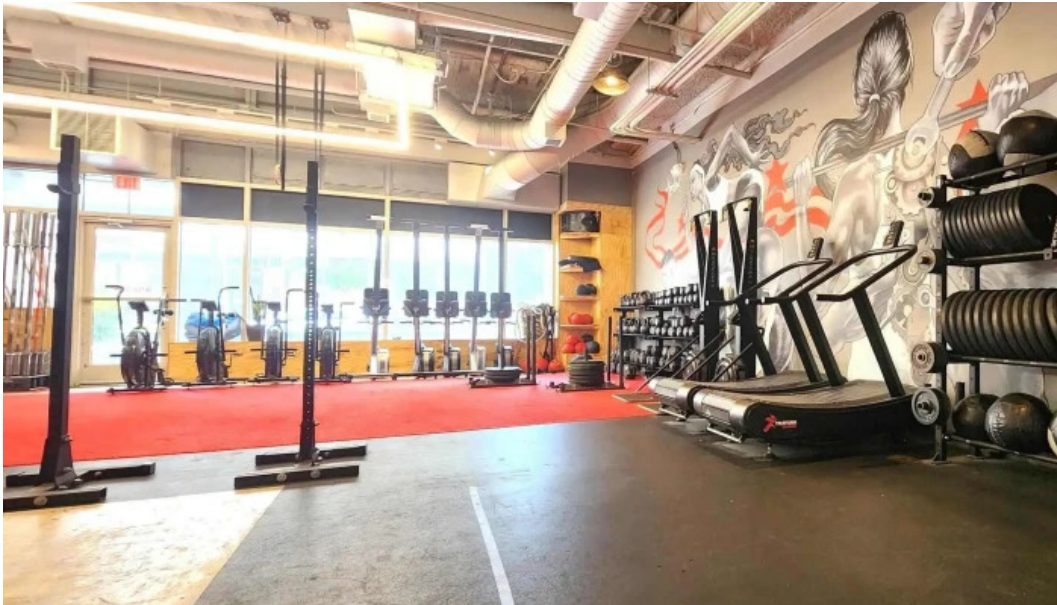
Urban Athletic Club - Washington

washington

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washington

Urban Athletic Club - Washington

Urban Athletic Club: The Premier Gym Experience in Washington, D.C.

The Urban Athletic Club located in Washington, D.C., has quickly become a favorite among fitness enthusiasts. With its commitment to inclusivity and excellent service options, it is an ideal destination for individuals of all fitness levels, including the LGBTQ+ community.

Amenities That Enhance Your Workout Experience

At Urban Athletic Club, you will find a plethora of amenities designed to meet your needs: - ****Gender-neutral toilets**** ensure that all guests feel comfortable.

- A **wheelchair-accessible entrance** highlights the gym's commitment to accessibility. - **Wi-Fi** is available throughout the facility, allowing for seamless connection during your workouts or while taking online classes. - The gym features quality **showers** and provides towels, ensuring that you can freshen up after a rigorous workout. Members appreciate having access to **on-site services**, including personal training and fitness assessments utilizing innovative tools like a body scan machine. This thoughtful approach caters to individual fitness journeys and goals.

An Inviting Atmosphere for Everyone

The atmosphere at Urban Athletic Club is friendly and welcoming. Many members have praised the personalized attention from coaches who excel at modifying exercises for various fitness levels. Whether you are a beginner or a seasoned athlete, you will find the support you need here. The community vibe is palpable, with members enjoying interactions beyond just working out. Activities range from group classes to informal gatherings, showcasing the gym's dedication to creating a connected environment.

Flexible Service Options for All Schedules

Urban Athletic Club offers **outdoor services**, allowing members to enjoy fresh air while exercising when conditions permit. For those with tight schedules, the **24/7 open gym** access is a huge advantage. You can work out whenever it suits you, making it convenient for those with unpredictable timetables. While most classes do not require appointments, those interested in personal training sessions typically need to schedule an appointment. This flexibility ensures that you can fit your fitness routine into your lifestyle seamlessly.

A Diverse Range of Fitness Programs

Urban Athletic Club specializes in CrossFit-style classes, but they also offer a variety of other workout options. The use of the **Chalk It Pro app** allows for easy tracking of your progress, further enhancing the effectiveness of your training. Online classes are also accessible, catering to those who prefer working out at home. The programming is structured to educate members prior to fully integrating them into the classes, ensuring that everyone has a strong foundation to build upon. This focus on form and technique sets Urban Athletic Club apart from many traditional gyms.

Join a Welcoming Community

The reviews speak volumes about Urban Athletic Club as a prime choice for anyone looking to embark on their fitness journey or maintain their existing regimen. Many members, including older adults and newcomers to the area, have found a sense of belonging here. The staff's commitment to creating an inclusive environment fosters camaraderie among members, which enhances the overall experience. If you are seeking a gym that provides top-notch

facilities, exceptional coaching, and a supportive community, look no further than Urban Athletic Club. Experience the difference for yourself and become a part of this thriving fitness community in D.C.

You can visit us at the address:

804 N St NW, 20001 Washington, District of Columbia - United States (US)

The phone number of said **Gym** is +1202-813-9555

And if you want to send a WhatsApp, you can do so at +1202-813-9555

You can visit us at the following hours:

Day	Hours
Monday	6?AM–9?PM
Tuesday	6?AM–9?PM
Wednesday	6?AM–9?PM
Thursday	6?AM–9?PM
Friday	6?AM–9?PM
Saturday	8?AM–2?PM
Sunday	6?AM–9?PM

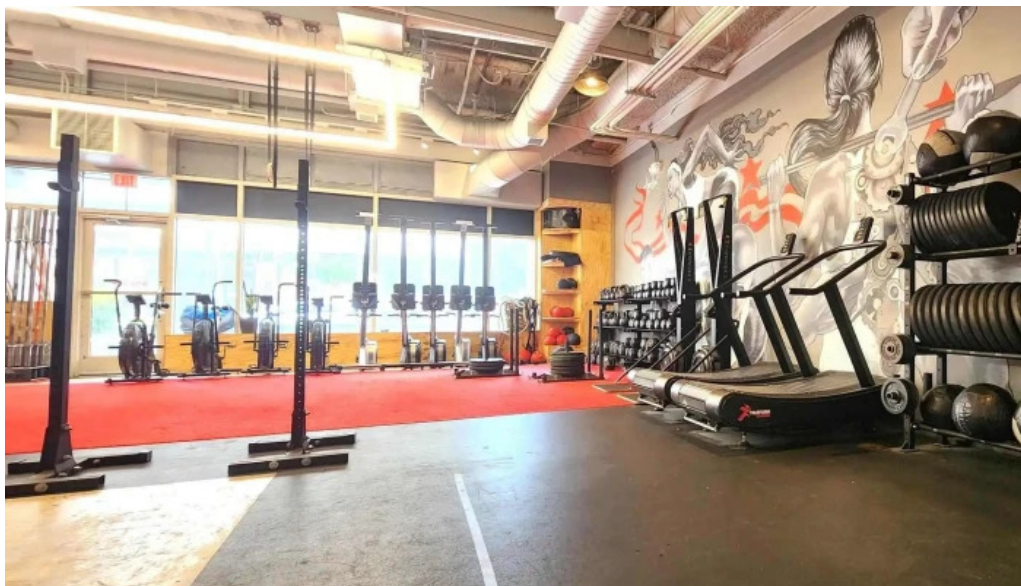
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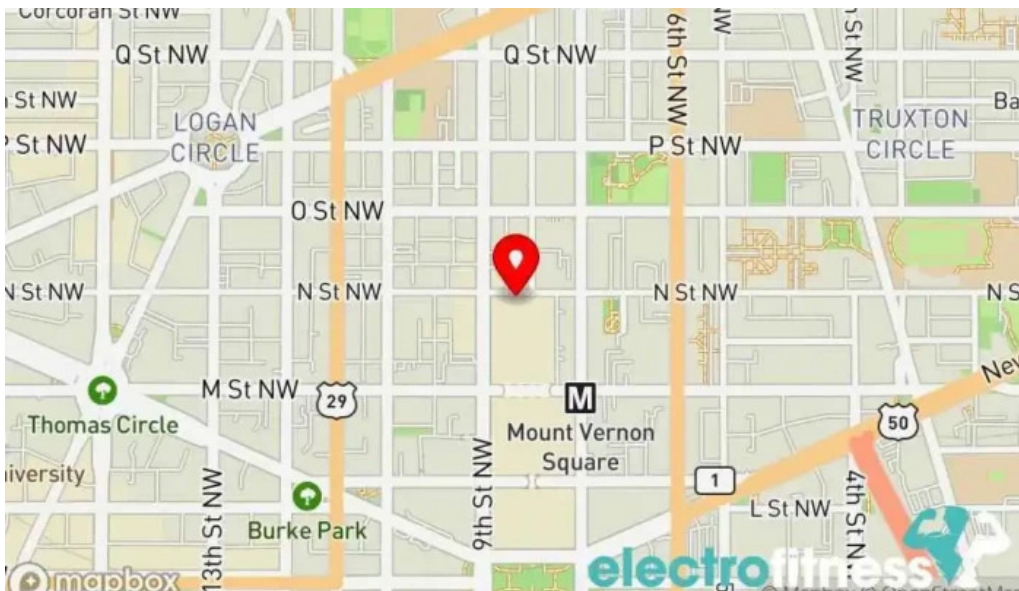
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LGBTQ+ friendly, Toilet, Online classes, Wi-Fi, Planning, Accessibility, Outdoor services, Appointment required, Crowd, On-site services, Wheelchair-accessible entrance, Gender-neutral toilets, Service options, Atmosphere, Shower, Amenities

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