

Electro Fitness: Best Electro Fitness

### **Vida - Logan Circle - Washington**

washington



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Vida - Logan Circle - Washington

## **Exploring Vida Fitness at Logan Circle: A Comprehensive Review**

Vida Fitness at Logan Circle is a unique fitness destination in Washington D.C., renowned for its **LGBTQ+ friendly** environment and top-notch facilities. With a focus on creating a welcoming atmosphere, Vida identifies as **LGBTQ+ owned**, making it a popular choice for many in the community.

#### **Amenities & Services**

Vida Fitness offers an array of **amenities** designed to enhance your workout experience. The facility features: **Swimming Pool**: An impressive lap pool that stands out among gyms in D.C. **Sauna**: A relaxing feature often touted by members, although maintenance issues have been reported. **Online Classes**: Adapting to modern needs, Vida provides **online classes** for those preferring to work out from home. **Restaurant**: For post-workout nutrition, the on-site restaurant offers healthy options. **Wheelchair-accessible entrance**: Accessibility is a priority, ensuring that everyone can utilize the space comfortably.

### **Community & Vibe**

The **crowd** at Vida Fitness is diverse, with many members forming lasting connections through their shared love of fitness. Comments reveal that while some members have found the atmosphere inviting, others have noted a lack of warmth from certain staff. This inconsistency has led to mixed reviews about the overall vibe.

### **Membership Experience**

Although Vida offers great facilities, many reviews suggest that **membership required** can feel costly, especially when considering reported issues with maintenance. Multiple users have expressed frustration over broken equipment, including the sauna and water fountains, which detracts from the experience.

# **Personal Training Success Stories**

Despite some criticisms, several members have praised the personal trainers at Vida. Notably, trainers like Pete and Gio have been highlighted for their ability to deliver real results and personalized attention, making them valuable resources for anyone serious about fitness.

## **Management and Service Challenges**

Numerous reviews point to a need for improvement in management. Members have reported unhelpful interactions with the front desk staff, particularly during peak hours. The overall impression is that while there are standout employees providing excellent service, the management needs to address training and consistency across the board.

# Final Thoughts

Vida Fitness at Logan Circle offers a solid blend of amenities and community, but potential members should weigh the pros and cons of the service level against the premium price. If you are looking for a place that champions

inclusivity, has solid fitness offerings, and provides opportunities for social interaction, Vida may still be the right fit for you.

In conclusion, Vida Fitness is more than just a gym; it's a community hub for fitness enthusiasts. However, if you're considering joining, be prepared for occasional maintenance issues and varying customer service experiences. Whether you opt for a membership or not, take advantage of their offerings, including the unique **online classes** and diverse fitness opportunities!

#### You can come to our business at

1517 15th St NW, 20005 Washington, District of Columbia - United States (US)

The phone number of the mentioned **Gym** is <u>+1202-588-5559</u> And if you want to send a WhatsApp, you can do so at<u>+1202-588-5559</u>

### We are open during the following hours:

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Monday
5?AM-11?PM
Tuesday
5?AM-11?PM
Wednesday
5?AM-11?PM
Thursday
5?AM-11?PM
Eriday
7?AM-9?PM
Saturday
7?AM-9?PM
Sunday
5?AM-11?PM

### The website is VIDA - Logan Circle

If necessary to modify any information that you feel is not accurate related to this web, we ask deliver a message so that we will handle it promptly. Thanks beforehand we appreciate it.

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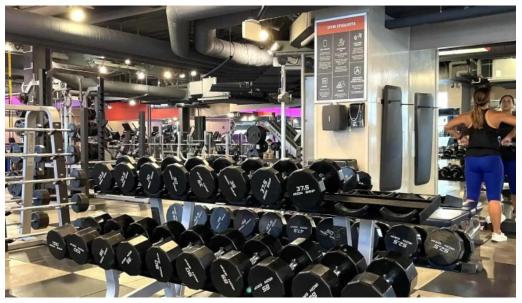
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# **Tags**

Crowd, Membership required, Swimming pool, Identifies as LGBTQ+ owned, From the business, Restaurant, Sauna, Accessibility, On-site services, Amenities, Service options, LGBTQ+ friendly, Planning, Online classes, Wheelchair-accessible entrance

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