

Life Time - Westminster

westminster

☐ I'm not a robot
 

Published on: 13/04/25	Hits: 3944
Comments: 0	See comments
Votes: 493	Score: 3.9

https://www.electrofitness.com/gym/westminster/life-time-westminster_204021.php



westminster

Life Time - Westminster

Life Time Fitness in Westminster, Colorado: A Comprehensive Review

Life Time Fitness is more than just a gym; it's an experience designed for those who prioritize health and wellness. Located in Westminster, Colorado, this gym offers a wide array of **amenities** to cater to every fitness need, including a sauna, a swimming pool, and even child care services.

Amenities and Services Offered

One of the standout features of Life Time is its extensive **service options**.

Members enjoy access to:

Multiple indoor and outdoor pools, perfect for swimming enthusiasts. A spacious **basketball court** for those looking to shoot some hoops. Clean and well-maintained shower facilities, though some reviews mention occasional cleanliness issues. On-site services like personal training and nutrition counseling. Online classes for those who prefer to work out from home.

Child Care and Family-Friendly Atmosphere

For parents, Life Time offers **child care** services, allowing you to focus on your workout while your kids are entertained. However, some reviews have raised concerns about monitoring children in shared spaces, emphasizing the need for better management in these areas.

Accessibility Features

Accessibility is another strong point at Life Time. The facility includes a **wheelchair-accessible entrance** and **wheelchair-accessible seating**, making it easier for individuals with disabilities to enjoy the gym. Additionally, there is a **wheelchair-accessible car park**, ensuring convenient access for all members.

The Atmosphere: A Mixed Bag

The **atmosphere** at Life Time is often described as luxurious, but experiences can vary. While many enjoy the clean and upscale environment, others report overcrowding, especially during peak hours. This has led to complaints about unused machines being held by individuals loitering in the weight area.

Cost of Membership: Worth It or Not?

With membership fees around \$230 to \$280 per month, many members feel that the pricing is on the higher end. Some argue that the value does not match the cost, citing a crowded gym and occasional lapses in cleanliness as reasons for their dissatisfaction. However, others believe the variety of amenities and services justifies the price.

Final Thoughts

Life Time Fitness in Westminster, Colorado, is a facility that aims to provide a comprehensive fitness experience. With amenities like a sauna, child care, online classes, and a welcoming atmosphere, it offers something for everyone. However, potential members should weigh the cost against their personal fitness needs and preferences, particularly regarding crowd levels and cleanliness.

In conclusion, Life Time Fitness presents a premium experience but may require adjustments in service management to truly live up to its reputation. Whether you're a fitness enthusiast or a casual gym-goer, it's essential to consider both the pros and cons before committing to a membership.

The location of our business is in

397 W 148th Ave, 80023 Westminster, Colorado - United States (US)

The phone number of the mentioned **Gym** is +1303-429-8000

And if you want to send a WhatsApp, you can do so at +1303-429-8000

We look forward to seeing you at:

Day	Hours
Monday	5?AM–11?PM
Tuesday	4?AM–12?AM
Wednesday	4?AM–12?AM
Thursday	4?AM–12?AM
Friday	4?AM–12?AM
Saturday	4?AM–12?AM
Sunday	5?AM–11?PM

The website is Life Time

If you need to alter any element that you consider is incorrect about this portal, please deliver a message so we can we will adjust it quickly. With anticipation thanks for your cooperation.

Images



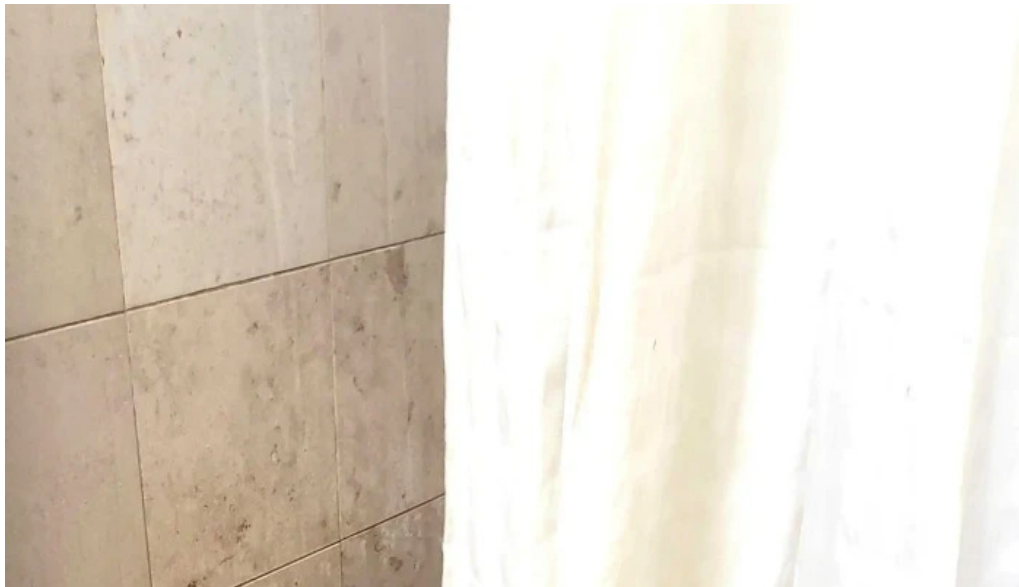
Life time westminster



Life time videos



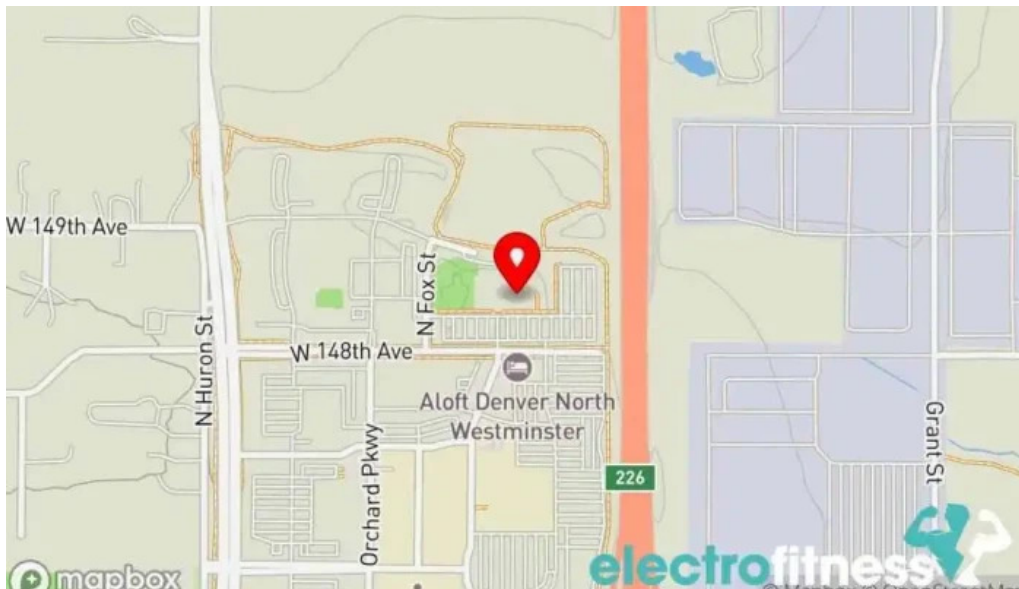
Life time score



Life time photos



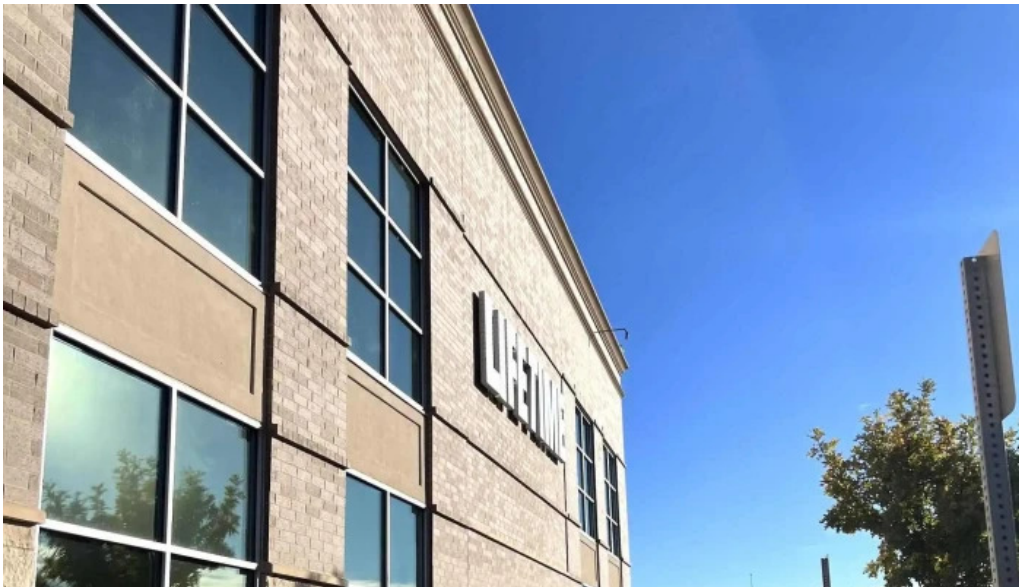
Life time open now



Life time map



Life time gym



Life time comments



Life time by owner



Life time all



Life time address

Tags

Sauna, Membership required, Atmosphere, Wheelchair-accessible entrance, On-site services, Shower, Child care, Accessibility, Wheelchair-accessible car park, Wheelchair-accessible seating, Online classes, Amenities, Planning, Basketball court, Outdoor services, Service options

Related content

3.7 *	<i>Life Time - Framingham</i>
3.0 *	<i>Life Time - Walnut Creek</i>
3.9 *	<i>Life Time - Centennial</i>
5.0 *	<i>For Time Fitness - Sanford</i>
5.0 *	<i>Life Power Llc - Merrillville</i>
4.5 *	<i>Family Life Center - Abilene</i>
4.3 *	<i>Onelife Fitness - Crystal Park - Arlington</i>
3.9 *	<i>Raynham Athletic Club - Raynham</i>
4.4 *	<i>Oakwood Athletic Club - Lafayette</i>
4.1 *	<i>Vasa Fitness - Centennial</i>

Categories

academic department
amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club

karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store

weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization