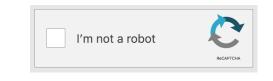


Electro Fitness: Best Electro Fitness

## Vasa Fitness - Westminster

westminster



Published on: 13/04/25	Hits: 4829
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https://www.electrofitness.com/gym/westminster/vasa-fitness-westminster\_204024.php



westminster

# Vasa Fitness - Westminster

### **Discover VASA Fitness in Westminster, Colorado**

If you are looking for a gym that offers not just a workout but an entire experience, look no further than **VASA Fitness** in Westminster, Colorado. This gym has been praised for its excellent **atmosphere**, state-of-the-art equipment, and a wide range of **amenities** to cater to all fitness enthusiasts.

## A Comprehensive Amenities List

One of the standout features at VASA Fitness is its impressive list of amenities: **Shower** facilities available to freshen up post-workout. A spacious **swimming pool** to relax or swim laps. Well-maintained **sauna** and steam room for post-exercise recovery. A fully equipped **basketball court** to engage in some friendly competition.

# Membership Required

To enjoy all these perks, a **membership is required**, but many members agree that the value far exceeds the cost. With access to personal trainers and group classes, your fitness journey can be both effective and enjoyable!

# **Convenience and Accessibility**

VASA Fitness is designed with convenience in mind. Members appreciate the availability of a **wheelchair-accessible car park** and easy access through a **wheelchair-accessible entrance**. Additionally, the **free parking lot** makes it easy to pop in for a quick workout without the hassle of finding a spot.

# The Atmosphere You'll Love

The atmosphere is often described as welcoming and motivating, making it a favorite among both casual gym-goers and serious fitness enthusiasts. Instructors like Mauri, Beth, and Zichelle receive high praise for their energy and ability to inspire growth in their students. Many members have noted the positive interactions with staff, further enhancing the **vibe** of the gym.

# **Additional Features**

For those who love variety in their workouts, VASA Fitness offers a plethora of classes, including: Studio Red classes for high-intensity interval training (HIIT). Yoga sessions

Studio' Red classes for high-intensity interval training (HIIT). Yoga sessions suitable for all levels, helping improve flexibility and mental clarity. Cycling and strength training classes led by expert instructors.

# Join the Community

If you are considering becoming a part of this vibrant community, remember that planning a visit during non-peak hours can enhance your experience, especially when it comes to using the swimming pool and participating in classes that can get crowded. Overall, VASA Fitness in Westminster offers a holistic approach to fitness, ensuring that members leave feeling accomplished and motivated. Whether you're looking to attend a group class or require a personalized training plan, VASA Fitness caters to every need while maintaining a spacious, clean, and organized environment.

Elevate your fitness journey at VASA Fitness today!

#### You can find us in

#### 12900 Zuni St, 80234 Westminster, Colorado - United States (US)

The contact phone of this **Gym** is  $\pm 1720-506-3434$ And if you want to send a WhatsApp, you can do so at $\pm 1720-506-3434$ 

## We are open during the following hours:

Day Hours Monday 6?AM–6?PM Tuesday 4?AM–12?AM Wednesday 4?AM–12?AM Thursday 4?AM–12?AM Friday 4?AM–12?AM Saturday 4?AM–12?AM Sunday 5?AM–8?PM

The website is <u>VASA Fitness</u>

If you need to adjust any detail that you consider is not correct regarding this portal, please deliver a message so that we will correct it promptly. Thanks beforehand thank you very much.

### Images



Vasa fitness westminster



Vasa fitness videos



Vasa fitness street view 360deg



# FREE 1-DAY TRIAL PASS

Vasa fitness schedule



# **REVIVE** Credits

Use your REVIVE credits for in-club drink, snack, gear, and apparel purchases. Credits expire 30 days after they are awarded.



Vasa fitness phone

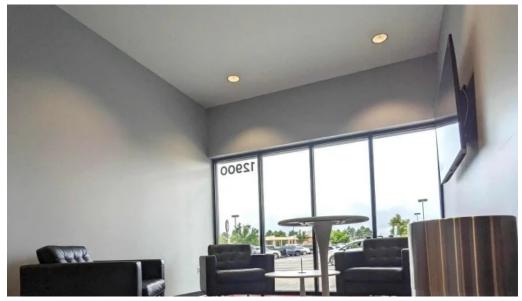
#### Vasa fitness number



Vasa fitness map



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Vasa fitness how to get there



Vasa fitness gym



Vasa fitness by owner



Vasa fitness all

# Tags

Wheelchair-accessible car park, Swimming pool, Free parking lot, Basketball court, Accessibility, Parking, Atmosphere, Amenities, Sauna, Wheelchair-accessible entrance, Shower, Planning, Membership required

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