

Vantage Movement - Wheat Ridge

wheat ridge

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wheat ridge

Vantage Movement - Wheat Ridge

Discover Vantage Movement: Your Premier Gym in Wheat Ridge, Colorado

Nestled in the heart of Wheat Ridge, Colorado, ****Vantage Movement**** stands as an exceptional fitness hub perfect for all levels of fitness enthusiasts. With a strong focus on strength and conditioning tailored to the Colorado lifestyle, this gym not only promises great workouts but also fosters a rich sense of community among its members.

Service Options and On-Site Services

At Vantage Movement, ****service options**** abound. Members can choose from

various classes designed to challenge and inspire, including specialized programs like “Fearless Over 50,” which caters to older adults, and youth classes to instill healthy habits in children. The gym's coaches are dedicated to meeting individuals where they are, ensuring personalized attention through comprehensive workouts that cater to diverse fitness levels. Additionally, ****on-site services**** include personal training, nutrition coaching, and movement clinics, catering to both newcomers and seasoned athletes. Coaches monitor form closely, ensuring safety and effectiveness throughout the workouts.

Amenities at Vantage Movement

One of the standout features of Vantage Movement is its ****amenities****. Members enjoy the following:

- ****Free parking lot****: Ample space available for visitors.
- ****Wheelchair-accessible car park and entrance****: Ensuring inclusivity for all members.
- ****Wheelchair-accessible seating****: Comfortable facilities for every guest.
- ****Toilets**** equipped for accessibility: Providing convenience for everyone.

The facility itself is spacious, clean, and well-organized, offering a welcoming environment for workouts and community gatherings alike.

Accessibility for Everyone

Accessibility is a core principle at Vantage Movement. Whether you're a beginner struggling with injuries or a seasoned athlete looking to enhance performance, the gym ensures that everyone can train effectively. Classes offer multiple scaling options, allowing each member to participate fully according to their abilities. Unlike many traditional gyms that may feel intimidating, Vantage Movement prides itself on fostering a ****non-judgmental atmosphere**** where members can feel at home.

Planning Your Visit

Before visiting, it's recommended to schedule an ****appointment****—especially if you're new to CrossFit or vowing to reignite your fitness journey. The staff is more than happy to guide you through any initial questions or concerns.

Community and Culture

At the heart of Vantage Movement is its vibrant community. Members consistently rave about the supportive environment, with sentiments echoing the idea that it feels more like family than just a gym. Events like family movie nights and cookouts add to the community spirit, making it a place to connect beyond workouts. In summary, whether you're looking for a place to get fit, find camaraderie, or simply enjoy a great workout, Vantage Movement in Wheat Ridge has everything you need. The combination of ****state-of-the-art amenities****, a welcoming culture, and expertly guided programming makes it a top choice for anyone serious about fitness in the Denver area. Visit Vantage Movement today to experience the best gym community for yourself!

You can visit us at the address:

6161 W 44th Ave #100, 80033 Wheat Ridge, Colorado - United States (US)

The phone number of said **Gym** is +1720-440-2173

And if you want to send a WhatsApp, you can do so at +1720-440-2173

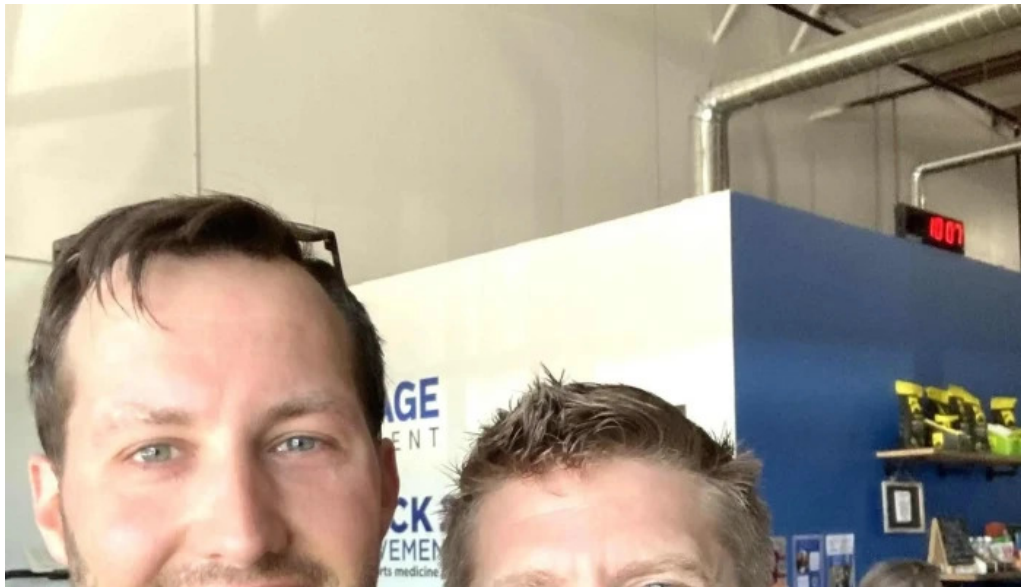
Our service hours are:

Day	Hours
Monday	Closed
Tuesday	5?AM–6:30?PM
Wednesday	5?AM–6:30?PM
Thursday	5?AM–6:30?PM
Friday	5?AM–6:30?PM
Saturday	5?AM–5:30?PM
Sunday	8:30–10:30?AM

The website is Vantage Movement

In case you want to alter any data that you consider is not precise about this portal, please send a message and we will correct it promptly. Thank you in advance thank you very much.

Images



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Vantage movement street view 360deg



Vantage movement map



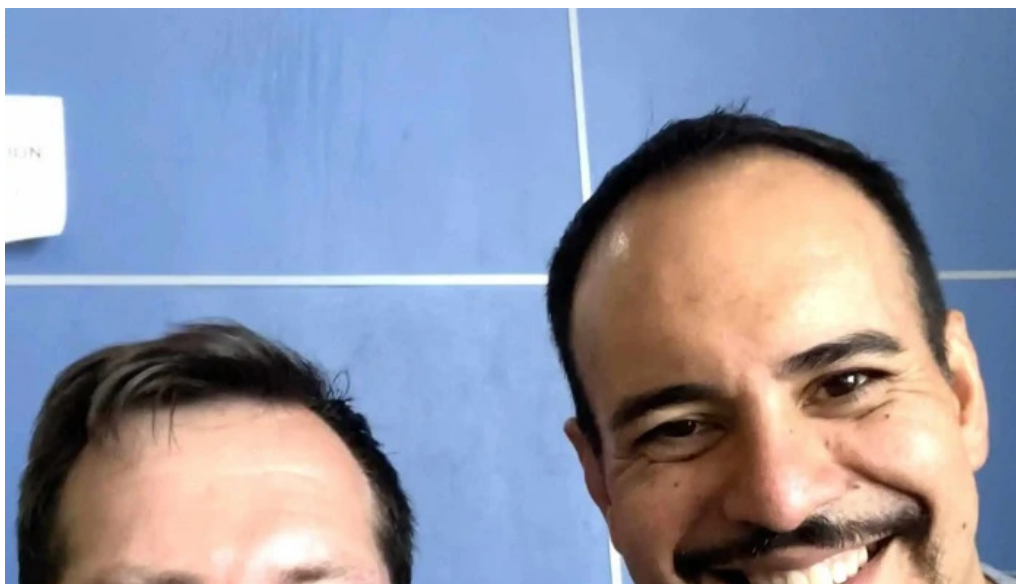
Vantage movement gym



Vantage movement by owner



Vantage movement all



Vantage movement address

Tags

Accessibility, Amenities, Service options, Wheelchair-accessible car park, Appointment required, On-site services, Wheelchair-accessible seating, On-site parking, Parking, Toilet, Planning, Free parking lot, Wheelchair-accessible entrance

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rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
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sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
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