

## Forge Fitness - Wichita

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## *Forge Fitness - Wichita*

### **Gym Forge Fitness: A Premier Destination in Wichita, Kansas**

If you're looking for a gym that combines quality training, supportive community, and accessibility, look no further than **Gym Forge Fitness**. Located in the heart of Wichita, Kansas, this facility caters to fitness enthusiasts of all levels.

### **Accessibility Features**

Gym Forge Fitness is committed to ensuring everyone can achieve their fitness

goals. The **wheelchair-accessible entrance** and **wheelchair-accessible car park** make it convenient for individuals with mobility challenges. This accessibility enhances the welcoming atmosphere that Gym Forge is known for, ensuring that all members feel comfortable and valued.

## Convenient Amenities

The gym boasts a **free parking lot** for members, making it easy to access the facilities at any time. With **24/7 access**, you can schedule your workouts around your personal life without hassle. Members appreciate the hassle-free check-in process, ensuring they're ready to conquer their sessions quickly.

## Service Options Tailored to You

At Gym Forge, a variety of **service options** are available to fit individual needs. Whether you prefer **online classes** or **on-site services**, trainers like Omar and Stephany provide customized workout plans designed for every fitness level. Client testimonials highlight how trainers focus on proper form to maximize results while minimizing injury risk.

## The Forge Experience: Community and Support

What sets **Forge Fitness** apart is its empowering environment. Members often speak about the camaraderie, support from coaches, and motivation found within the walls of the gym. "I love going to Forge Fitness! They have helped me every step of the way," shares one member. This inclusive culture makes it a fantastic place for newcomers and seasoned athletes alike.

## Programs that Deliver Results

The gym features specialized programs like the **Ladies Lift** program, which focuses on women's strength training. Participants rave about the comprehensive meal plans and structured workouts provided, leading to measurable improvements in confidence and strength. Many have reported significant health changes after committing to the program, underscoring the effectiveness of training under experienced coaches.

## Planning Your Fitness Journey

If you're planning to start or elevate your fitness journey, remember that **appointments are required** for personalized training sessions. This ensures trainers can dedicate the necessary time to help each member meet their goals. With strong emphasis on accountability and progress tracking, members feel motivated to push their limits.

## Join the Forge Community Today!

In conclusion, Gym Forge Fitness stands out as a beacon of fitness in Wichita. With its extensive amenities, specialized programs, and supportive community, it's no wonder why so many people are excited to train here. Don't wait—schedule your appointment today and experience the difference for yourself!

### You will find us at

330 N Mosley St, 67202 Wichita, Kansas - United States (US)

The phone of this **Gym** is +1316-530-8585

And if you want to send a WhatsApp, you can do so at +1316-530-8585

### Visit us during the following hours:

Day Hours  
Monday  
Open 24 hours  
Tuesday  
Open 24 hours  
Wednesday  
Open 24 hours  
Thursday  
Open 24 hours  
Friday  
Open 24 hours  
Saturday  
Open 24 hours  
Sunday  
Open 24 hours

The website is Forge Fitness

If necessary to modify any element that you consider is not accurate related to this portal, please send us a message and we will fix it promptly. With anticipation thank you very much.

## Images



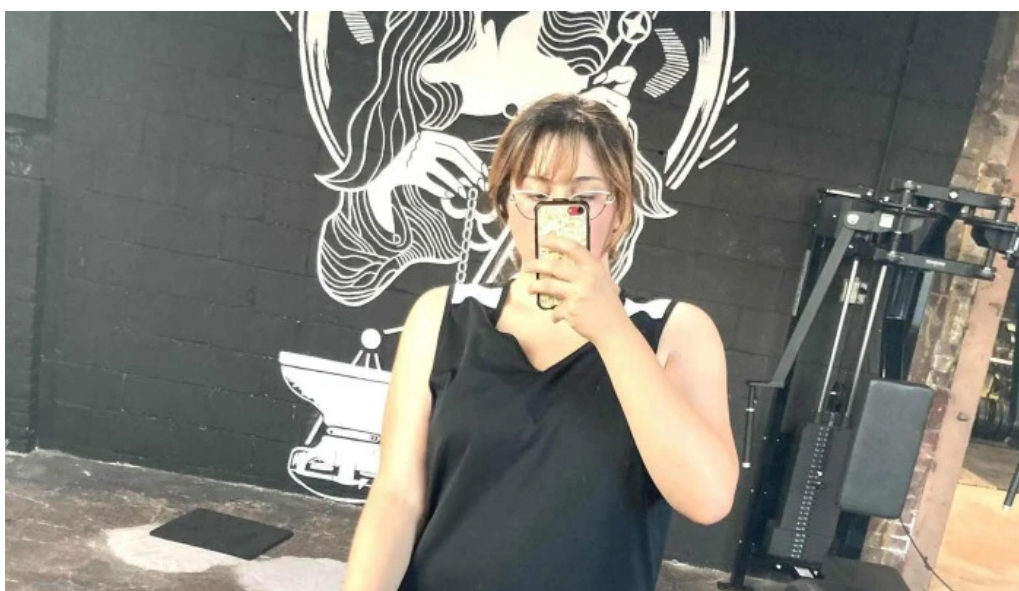
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## Tags

*Wheelchair-accessible entrance, Appointment required, Free parking lot, Online classes, Wheelchair-accessible car park, Parking, Accessibility, Outdoor services, Planning, Service options, On-site services*

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basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service

chiropractor
church
club
coffee shop
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convenience store
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counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
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golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon

health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course



psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
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weight loss service
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women's personal trainer
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yoga instructor
yoga studio
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youth organization