

## Champlain Valley Community Fitness - Williston

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## *Champlain Valley Community Fitness - Williston*

### Exploring Champlain Valley Community Fitness in Williston, Vermont

Champlain Valley Community Fitness (CVCF) is a premier fitness destination located in Williston, Vermont. Known for its welcoming atmosphere and exceptional services, CVCF caters to fitness enthusiasts of all levels. From beginners to advanced athletes, there is something for everyone in this vibrant community.

### Amenities That Stand Out

CVCF boasts a range of **amenities** designed to enhance your gym experience. The facilities include: - **Swimming pool**: Perfect for water aerobics and refreshing swims after workouts. - **Shower and toilet facilities**: Available for post-workout refreshment. - **Free parking lot**: Conveniently available for members with options for free-of-charge street parking as well. - **Wheelchair-accessible entrance and car park**: Ensuring accessibility for all, CVCF welcomes everyone regardless of mobility challenges.

## **Accessibility and Inclusion**

At CVCF, **accessibility** is a top priority. The gym has made significant efforts to create an inclusive environment: - A wheelchair-accessible car park allows easy access for individuals with disabilities. - The facility is known as a **transgender safe space**, promoting an environment where everyone feels comfortable and accepted. - Additionally, the presence of an **assistive hearing loop** ensures that all members can engage fully in classes.

## **Membership Options and Services**

A **membership** is required to utilize the on-site services, but CVCF also offers various drop-in options for those visiting the area. **Online classes** are available for members who prefer to workout from home. This flexibility allows everyone to participate in the community, whether on-site or remotely. The **coaching staff** at CVCF is one of its greatest assets. Members regularly commend the coaches for their knowledge, support, and commitment to personal fitness goals. Each class accommodates different ability levels, allowing individuals to work at their own pace.

## **The Atmosphere at CVCF**

Many attendees describe the atmosphere at CVCF as warm and inviting. With a focused approach on creating a supportive community, members often report feeling welcomed and motivated. The crowd consists of diverse individuals united by their commitment to health and fitness. Whether you need guidance with a specific workout or support in achieving personal milestones, CVCF fosters a culture that encourages progress without judgment.

## **Outdoor and Special Services**

CVCF also provides **outdoor services**, which can be particularly appealing during the warmer months. These sessions encourage members to explore fitness beyond the confines of traditional gym walls. Special programs cater to those just starting their fitness journey, ensuring that everyone finds value in their offerings. This includes introductory classes and tailor-made sessions for competitive athletes.

## **Final Thoughts**

If you're looking for a fitness community that prioritizes **support, inclusivity,**

and professional coaching\*\*, Champlain Valley Community Fitness is the place to be. With top-notch facilities, a variety of services, and a welcoming atmosphere, CVCF stands out as a beacon for fitness enthusiasts in Vermont and beyond.

### **Our business is at**

1191 S Brownell Rd #10, 05495 Williston, Vermont - United States (US)

The phone number of said **Gym** is +1802-660-3760

And if you want to send a WhatsApp, you can do so at +1802-660-3760

### **We look forward to seeing you at:**

Day Hours  
Monday

8?AM–12?PM

Tuesday

*Closed*

Wednesday

5:30?AM–1:30?PM 3:30–7:30?PM

Thursday

5:30?AM–1:30?PM 3:30–7:30?PM

Friday

5:30?AM–1:30?PM 3:30–7:30?PM

Saturday

5:30?AM–1:30?PM 3:30–7:30?PM

Sunday

5:30?AM–1:30?PM 3–7?PM

The website is Champlain Valley Community Fitness

If necessary to update any element that you believe is not accurate about this site, we ask forward a message so we can we will adjust it quickly. Thank you in advance thank you very much.

## **Images**



*Champlain valley community fitness williston*



*Champlain valley community fitness videos*



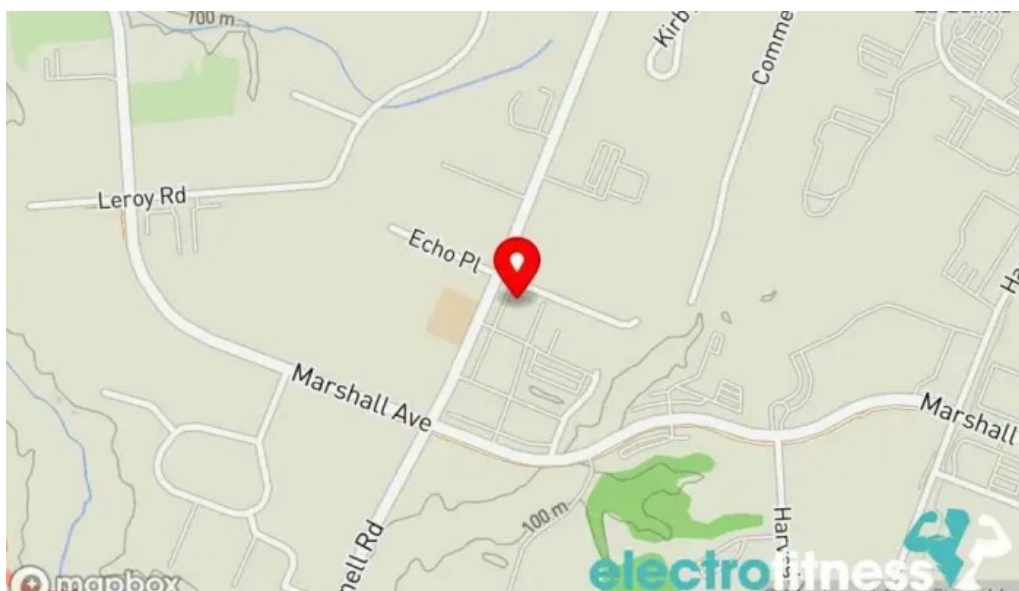
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## Tags

*Free parking lot, Wheelchair-accessible car park, Outdoor services, Amenities, Shower, Online classes, LGBTQ+ friendly, Transgender safe space, Membership required, On-site services, Assistive hearing loop, Atmosphere, Parking, Crowd, Swimming pool, Wheelchair-accessible entrance, Planning, Accessibility, Toilet, Free of charge street parking, Service options*

## Related content

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<b>5.0 *</b>	<i>The Current Healing Arts - New Bedford</i>
<b>5.0 *</b>	<i>Acadiana Yoga &amp; Wellness - Lafayette</i>
<b>5.0 *</b>	<i>Alloy Personal Training Rossmoor - Walnut Creek</i>
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<b>5.0 *</b>	<i>American Martial Arts Gym - Waldorf</i>

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boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy

fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym

school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization