

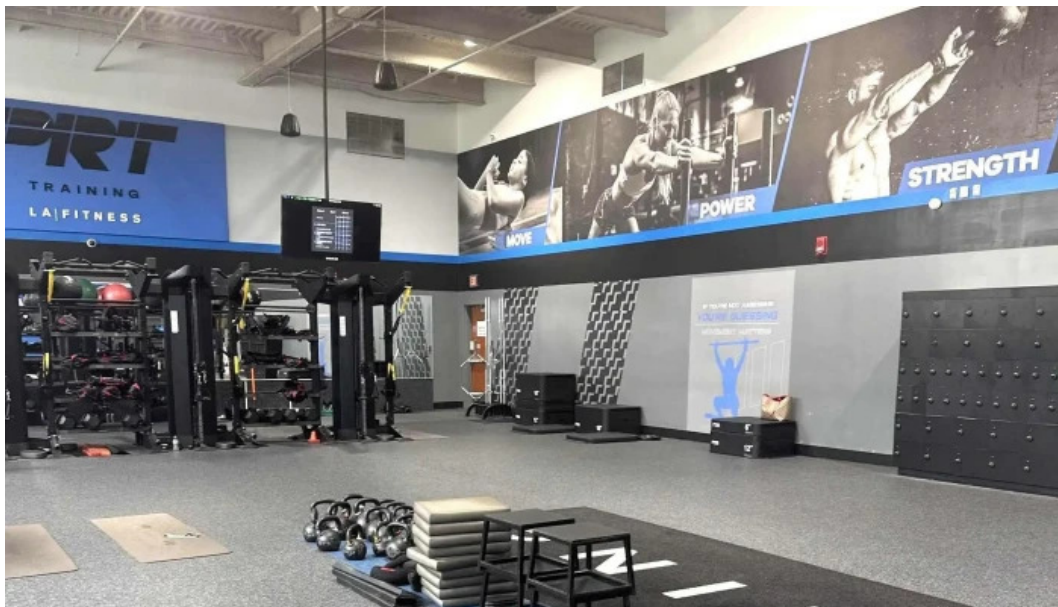
## La Fitness - Yonkers

yonkers

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yonkers

## La Fitness - Yonkers

### Exploring LA Fitness in Yonkers, New York

LA Fitness in Yonkers offers a range of offerings and amenities that cater to fitness enthusiasts of all levels. Despite mixed reviews from members, the gym provides a variety of features that are worth exploring.

#### Amenities and Accessibility

This facility boasts numerous amenities including a **\*\*swimming pool\*\***, a **\*\*sauna\*\***, and a **\*\*child care\*\*** area, making it convenient for families. Additionally, the gym features a **\*\*wheelchair-accessible entrance\*\*** and a

**\*\*wheelchair-accessible car park\*\***, ensuring that everyone has access to its facilities. The presence of Wi-Fi also makes it easier for members to stay connected during their workouts.

## **The Atmosphere and Environment**

While many members praise the positive atmosphere contributed by trainers like Don and Angel, who are often described as passionate and motivating, others have expressed concerns about the overall cleanliness and maintenance of the gym. Some users highlighted that it frequently feels cluttered with equipment scattered throughout the space, leading to a chaotic environment, especially during peak hours.

## **Facility Management and Cleanliness**

Cleanliness reportedly varies, with some reviews mentioning dirty showers and restrooms. Members have voiced concerns about the state of the bathrooms, with issues such as non-functioning sinks and lack of soap. However, the management does have staff dedicated to cleaning and maintaining the gym, although there's room for improvement based on user feedback.

## **Membership and Personal Training**

A membership is required to access the facilities, but many find value in the personal training options available. Personal trainers like Donavin and Stephanie receive high praise for their tailored approaches, helping clients achieve their fitness goals while maintaining safety and form. Their support in individual workouts contributes positively to the community atmosphere within the gym.

## **Conclusion**

Ultimately, LA Fitness in Yonkers is a spacious gym equipped with various offerings and amenities. While it has received mixed reviews regarding cleanliness and maintenance, the dedication of trainers and staff members, along with the range of facilities, can provide a supportive environment for those embarking on their fitness journeys. If you're considering joining, be prepared for both the advantages and the areas needing improvement at this location.

## **We are located at**

77 Cole Street Spc 1290, 10710 Yonkers, New York - United States (US)

The contact line of the respective **Gym** is +1914-297-4477

And if you want to send a WhatsApp, you can do so at +1914-297-4477

## Our public attention hours are:

Day Hours  
Monday

7?AM–7?PM

Tuesday

5?AM–11?PM

Wednesday

5?AM–11?PM

Thursday

5?AM–11?PM

Friday

5?AM–11?PM

Saturday

5?AM–10?PM

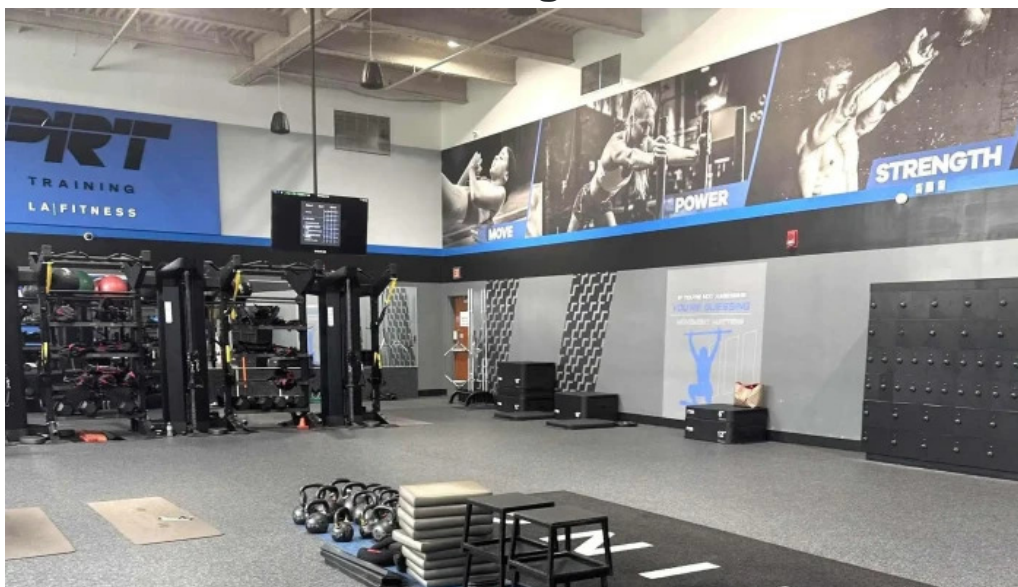
Sunday

7?AM–7?PM

The website is [LA Fitness](#)

If you require to change any data that you believe is not accurate related to this portal, please deliver a message so that we will fix it at the earliest convenience. With anticipation thanks.

## Images



*La fitness yonkers*



*La fitness website*



*La fitness videos*





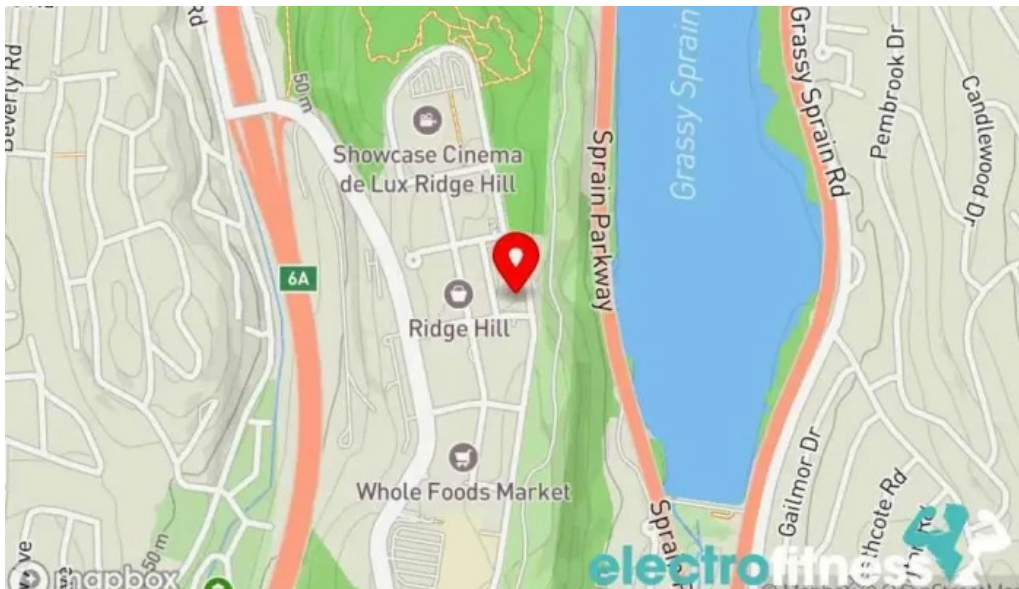
*La fitness street view 360deg*



*La fitness promotion*



*La fitness near me*



*La fitness map*



*La fitness location*

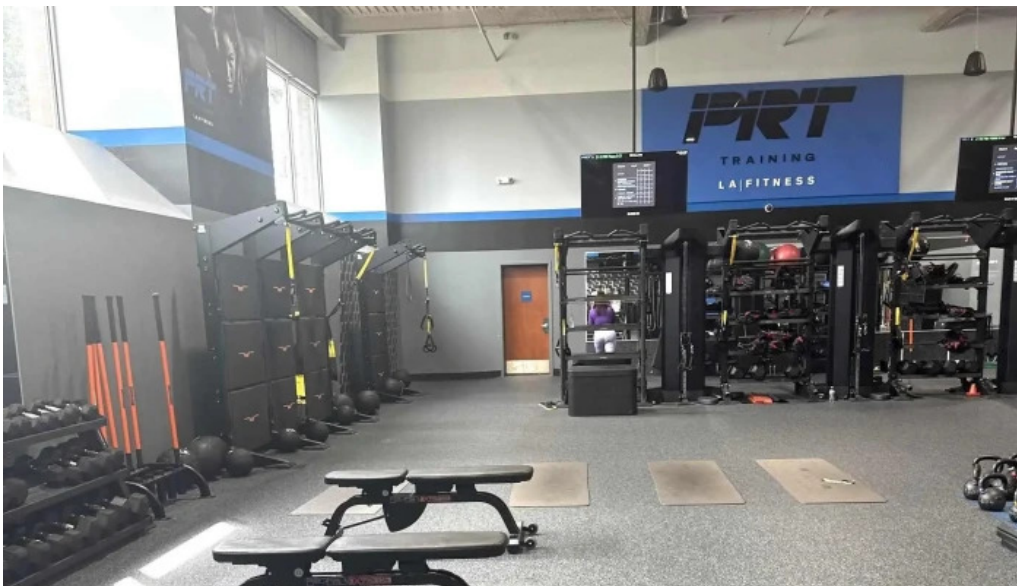


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*La fitness how to get there*



*La fitness gym*





*La fitness exercise machine*



*La fitness by owner*



*La fitness all*

## Tags

*Accessibility, Wheelchair-accessible car park, Atmosphere, Wi-Fi, Offerings, Child care, Sauna, Membership required, Swimming pool, Wheelchair-accessible entrance, Planning, Shower, Amenities*

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**4.6 \*** *Allison Swimming Pool - Allison*

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**4.3 \*** *Salvador Perez Swimming Pool - Santa Fe*

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**4.8 \*** *Aqua-Tots Swim School Ahwatukee - Phoenix*

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**4.6 \*** *Core of Scottsville - Scottsville*

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**4.8 \*** *Total Fitness Family Center - Piedmont*

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**4.3 \*** *Onelife Fitness - North Frederick - Frederick*

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**4.3 \*** *Ahwatukee Foothills Family Ymca - Phoenix*

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academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course



dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa

meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex

sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization