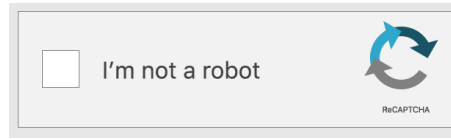


National Gymnastics Training Center - Aliso Viejo

aliso viejo



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National Gymnastics Training Center - Aliso Viejo

Explore the National Gymnastics Training Center in Aliso Viejo, California

The ****National Gymnastics Training Center (NGTC)**** is a premier destination for families seeking an engaging and supportive environment for children's gymnastics. Located in beautiful Aliso Viejo, California, this center is designed with various amenities to ensure a comfortable experience for all visitors.

Amenities and Accessibility

Visitors will appreciate the ****wheelchair-accessible car park**** and a

****wheelchair-accessible entrance****, making it easy for everyone to enjoy the facilities. The center is well-equipped with free ****Wi-Fi****, allowing parents to stay connected while their children participate in activities.

Planning Your Visit

When planning your visit, it's important to note that a ****membership is required**** to access many programs offered at NGTC. However, the investment in membership is worthwhile for the numerous activities available for children. From open gym sessions to specialized classes, kids of all ages can find something they love.

Why NGTC is Good for Kids

Parents rave about the positive atmosphere at NGTC. Many have shared their experiences about how the center offers a safe and fun space for children to learn, explore, and develop new skills. One parent stated, "This is truly a happy safe place for kids to learn, explore and develop." The center's emphasis on safety ensures that parents can relax while their children engage in physical activity. The structured programs are designed to promote fitness and skill development. Classes like the FAST program offer unique strength and agility training that help kids build important life skills through gymnastics. Furthermore, birthday party packages are popular, providing a fun and affordable option for celebrations that leave kids wanting more!

The Coaching Staff

The coaching staff at NGTC has received glowing reviews for being both welcoming and supportive. They create an inclusive atmosphere where children feel encouraged to reach their potential. Parents have expressed their appreciation for the attentive coaches, with one mentioning how her child benefits from a former professional soccer coach who inspires them in the FAST class.

Negative Reviews and Community Support

While there are some negative reviews related to recent rule changes, many parents still express strong loyalty to the gym. Most complaints revolve around limitations on certain activities, such as flipping and age restrictions during open gym times. However, parents also recognize the importance of safety, which the center prioritizes, especially when it comes to younger children. Overall, despite any critiques, the positive feedback about the staff and the environment at NGTC highlights its commitment to creating a welcoming space for children and families.

Conclusion

The ****National Gymnastics Training Center**** stands out as a top choice for gymnastics training in Aliso Viejo. With its range of amenities, focus on safety,

and dedicated staff, it's clear why many families return year after year. For those looking for a place where kids can thrive, NGTC may be the perfect fit!

We are located at

4 Journey, 92656 Aliso Viejo, California - United States (US)

The contact phone of this **Gymnastics center** is +1949-831-7300

And if you want to send a WhatsApp, you can do so at +1949-831-7300

Visit us during the following hours:

Day Hours
Monday

9?AM–1?PM 3–7?PM

Tuesday

9–11?AM 3:30–7?PM

Wednesday

9–11:30?AM

Thursday

Closed

Friday

9?AM–1?PM 3–7?PM

Saturday

9?AM–1?PM 3–7?PM

Sunday

9–11?AM 3–7?PM

The website is National Gymnastics Training Center

If you require to change any information that you believe is incorrect concerning this web, we ask send a message so we can we will fix it quickly. In advance thanks for your cooperation.

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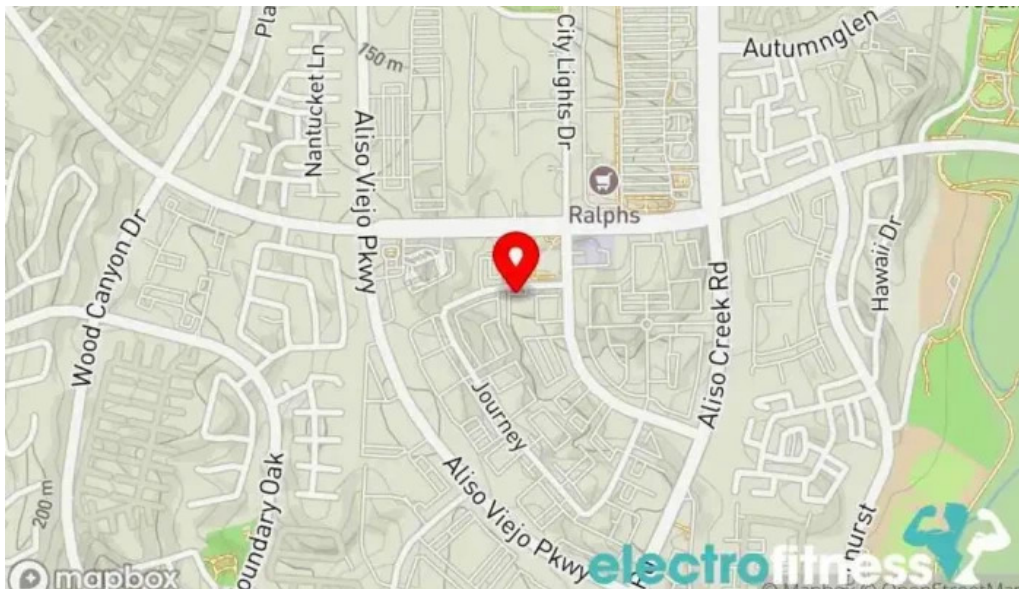
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Tags

Good for kids, Planning, Accessibility, Children, Membership required, Wi-Fi, Amenities, Wheelchair-accessible entrance, Wheelchair-accessible car park

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