

## Connie Foote Fitness - Alva

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alva

## Connie Foote Fitness - Alva

### Discover the Benefits of Health Consulting with Connie Foote Fitness in Alva, OK

When searching for a comprehensive fitness experience, look no further than **\*\*Connie Foote Fitness\*\*** located in Alva, OK. With a focus on wellness that goes beyond traditional training, Connie offers an incredible journey toward achieving your health goals.

### Accessibility at Connie Foote Fitness

One of the standout features of Connie Foote Fitness is its commitment to

inclusivity. The facility provides a **\*\*wheelchair-accessible entrance\*\***, ensuring that everyone can enjoy a supportive environment tailored to their needs. Additionally, the **\*\*wheelchair-accessible car park\*\*** makes it convenient for all visitors to access the services offered. This dedication to accessibility allows individuals from various backgrounds to participate fully in the wellness programs.

### **Personalized Coaching Experience**

Reviews from clients highlight Connie's exceptional ability to connect with her clients. Many describe her as "an amazing trainer and coach" who transcends the role of a typical fitness instructor. Connie focuses not only on physical fitness but also on overall wellness. Clients express gratitude for being part of the Fir21 boot camp tribe, which speaks volumes about the community she has fostered.

### **Holistic Approach to Wellness**

Connie Foote believes that true health encompasses various aspects of life. She is described as "caring, knowledgeable, and dedicated" to helping individuals achieve a better quality of life. Her coaching includes guidance on **\*\*food, exercise, hydration, happiness\*\***, and overall well-being. Clients appreciate the holistic approach, which empowers them to feel better physically and mentally.

### **Join the Community Today!**

If you are looking for a supportive environment where your health and wellness are prioritized, Connie Foote Fitness is the place for you. With its accessible facilities and a coach who truly cares about your success, you can embark on a journey toward a healthier life. Join the Fir21 boot camp today and become part of a thriving community dedicated to transforming lives.

### **The address of our establishment is**

709 West, 73717 Alva, OK - United States (US)

The phone of said **Health consultant** is +1580-327-7694

And if you want to send a WhatsApp, you can do so at +1580-327-7694

### **We look forward to seeing you at:**

Day Hours  
Monday  
Closed

Tuesday

*Closed*

Wednesday

*1:30–5?PM*

Thursday

*1:30–5?PM*

Friday

*1:30–5?PM*

Saturday

*1:30–5?PM*

Sunday

*Closed*

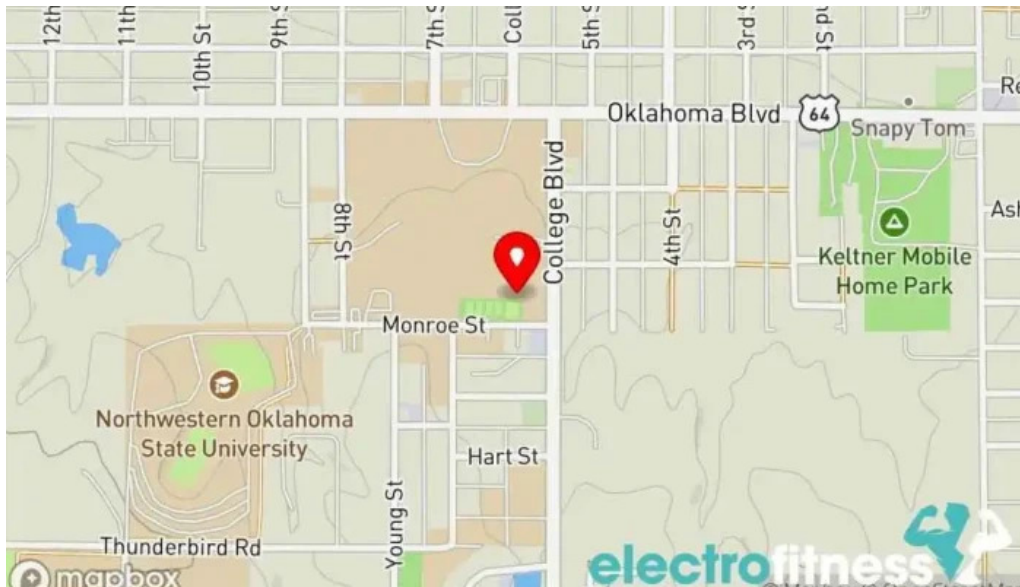
The website is [Connie Foote Fitness](#)

If you wish to adjust any data that you believe is not correct related to this portal, we ask send a message so we can we will correct it at the earliest convenience. In advance thanks.

## Images



*Connie foote fitness videos*



*Connie foote fitness map*



*Connie foote fitness by owner*





*Connie foote fitness alva*



*Connie foote fitness all*

## Tags

*Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park*

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**3.8 \*** *Monarchs National Gymnastics Training Center - Agoura Hills*

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**5.0 \*** *Studio Ex Cycle & Group Fitness - Hyannis*

<b>4.9 *</b>	<i>Orangetheory Fitness - Dyer</i>
<b>4.9 *</b>	<i>Sfx Fitness - Alpharetta</i>
<b>5.0 *</b>	<i>Huffington Pilates and Fitness Studio - Abilene</i>
<b>4.8 *</b>	<i>Orangetheory Fitness - Spokane</i>
<b>3.6 *</b>	<i>Ezo Fitness - Fort Wayne</i>
<b>4.9 *</b>	<i>Train Unique Lafayette - Lafayette</i>

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
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aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service

chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym

gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot



personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility

swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization